



Chelsea Guardian

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Chelsea Guardian

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JULY 3 - 9, 2022

Triple Crane Retreat Center Celebrates 10 Year Anniversary



Photos By Aimee Bingham Osinski

By Aimee Bingham Osinski
anbingham@gmail.com

Sunday July 3, I was able to attend the 10 year anniversary of the Triple Crane Retreat Center located at 7665 Werkner Rd, in Chelsea.

The Triple Crane Retreat is a meditation, yoga, spiritual retreat community. It functions as a teaching, practice and retreat center for Chinese Huayen, Mahayana Buddhism. It is a whole system approach of combining

Hatha Yoga and Chinese Mahayana Buddhism. Triple Crane also has a goal of creating a volunteer and practice community for individuals looking to deepen their own spiritual life. Triple Crane also serves as a retreat for spiritual seekers offering workshops for practitioners in order to create a wide and supportive community.

The ten year anniversary offered; a bell striking ceremony, Lion **continued on page 3**

Chelsea Guardian

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Contact: Tom Hamilton 734-757-7882
or tomchelseaguardian@gmail.com

Chelsea Hospital selected to receive 2022 MHA Ludwig Community Benefit Award

From: Von Lozon

The Michigan Health & Hospital Association (MHA) announced that Chelsea Hospital has been selected to receive the 2022 MHA Ludwig Community Benefit Award for its development of The Western-Washtenaw Area Value Express (WAVE) Shuttle. The WAVE

Shuttle is a very successful community benefit program that has helped address issues of social isolation and lack of transportation, which can contribute to poor health outcomes for residents of Stockbridge and Manchester. In its first 18 months, the shuttle provided 1,005 rides, more than two-thirds of them for

disabled riders.

For additional background information on the WAVE shuttle program, please see this past press release: St. Joseph Mercy Chelsea sets August 3 relaunch date for free WAVE transportation service in Stockbridge and Manchester Livonia, Michigan (MI), Saint Joseph **continued on page 3**

THUNDERWÜDE
EVERY WEDNESDAY 7-9 PM

THE AFTER HOUR
WEDNESDAY 9-10 PM

7/6 jtw
7/13 Jud Branam & Kevin Brown Duo
7/20 Billy & Elaine
7/27 Michelle Held

GRATEFUL CROW
FUSION BURGER & SUSHI BAR
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Western Washtenaw Recycling Authority, Michigan EGLE, and The Recycling Partnership Work Towards Improving Residential Recycling throughout the State

Education and improvements to drop-off recycling is part of Michigan EGLE & The Recycling Partnership's \$790,000 Grant to Improve Recycling



Western Washtenaw Recycling Authority (WWRA) has joined the Michigan Dept. of Environment, Great Lakes and Energy (EGLE), The Recycling Partner-

ship, a nonprofit organization that works with communities, companies, and governments to transform recycling, and nearly 100 other **continued on page 5**

SATURDAYS

May 28 - MacDonald Bros
June 4 - Judy Banker Trio
June 11 - reClassical
June 18 - Lilly MacPhee
June 25 - Nathanael Zuellig
July 2 - Bob Skon Trio
July 9 - Stacey Murray
July 16 - Annie & Rod Capps
July 23 - Keith Parmentier
July 30 - Tom Hodgson
Aug 6 - Lilly MacPhee
Aug 13 - Bill Personke
Aug 20 - Kevin Brown
Aug 27 - Katie Geddes Music
Sept 3 - Loyse Huffman
Sept 10 - Stacey Murray
Sept 17 - Anne & Rod Capps
Sept 24 - Dave Boulette
Oct 1 - Scott Thacher

WEDNESDAYS

June 1 - Bill Personke
June 29 - Tom Girard & Friends
July 27 - The Instrument Room
Aug 3 - The Dorkestra
Sept 28 - Tom Hodgson

CHELSEA FARMERS MARKET

EST. 1977

MARKET MUSIC 2022

Saturdays, 8 to 1pm
Palmer Commons in Downtown Chelsea

Wednesdays, 1 to 5pm
Corner of Old US 12 & MS2
Chelsea State Bank parking lot

Keith Parmentier

Lilly MacPhee

Annie & Rod Capps

Judy Banker Trio

Stacey Murray

SOUNDS SIGHTS
ON THURSDAYS NIGHTS

Thursdays | June 2 - July 28, 2022
6:30 PM - 8:30 PM

SOUNDS SIGHTS FESTIVAL
DOWNTOWN CHELSEA, MICHIGAN

July 29 - 30, 2022
Art Market | Car Show | Social Tent | & More

SculptureWalk
CHELSEA

ALL YEAR LONG
THROUGHOUT DOWNTOWN CHELSEA, MI

Local Senior Living Organization Recognized Among the Top Employers in the U.S.

Brio Living Services Named a Best and Brightest Company to Work For® in the Nation



Senior living organization Brio Living Services, formerly United Methodist Retirement Communities (UMRC) & Porter Hills, is proud to announce that it has been named to the Spring 2022 list of Best and Brightest Companies to Work For® in the Nation by the National Association for Business Resources (NABR). This is in addition to its recognition earlier this spring as a Best and Brightest Company to Work For® in West Michigan, an honor Brio Living Services has earned for twenty consecutive years.

This national program honors organizations that “display a commitment to excellence in operations and employee enrichment,” according to a press release by NABR: “The Best and Brightest is a powerful community of the nation’s elite leaders who share

ideas, practices, and have proven they are employers of choice. This designation is a great recruitment tool to attract and retain talent.”

The spring Best and Brightest National winners included 139 organizations nationwide out of 1,100 nominations. Winning organizations were assessed by an independent research firm that reviews a number of key measures such as compensation and benefits, employee education and development, recruitment and retention, employee achievement and recognition, and work-life blend to name a few. NABR identifies best human resource practices and provides benchmarking for companies, like Brio Living Services, that continue to be leaders in employment standards.

“We are thrilled to receive recognition

as not only a Best and Brightest organization in West Michigan for the twentieth year in a row, but also a Best and Brightest organization in the nation,” said Brio Living Services Chief Human Resources Officer Michelle Henderson. “This honor is a direct reflection of our team members at Brio Living Services who help deliver on our mission each day: Welcoming all, partnering together, enriching lives. We could not be more proud of this designation and of our dedicated team members who work tirelessly to improve the lives of older adults.”

Jennifer Kluge, President and CEO of NABR and The Best and Brightest Program, said, “These 2022 winning organizations have stood out during unpredictable times and have proven they are an

COVID-19 Vaccines Available for Children Six Months and Older

Washtenaw County Health Department Now Offering Appointments for Younger Children

The Washtenaw County Health Department will start providing COVID-19 vaccinations for children aged 6 months old on Thursday, 6/23/22, by appointment only. Both the Pfizer-BioNTech and Moderna vaccines will be available. A parent or guardian must be present for the child to be vaccinated.

Pfizer-BioNTech and Moderna vaccines were authorized and recommended by the U.S. Centers for Disease Control and Prevention (CDC) and the U.S. Food and Drug Administration (FDA) last week. Parents interested in get-

ting the COVID-19 vaccine for their child are encouraged to talk to their child’s pediatrician to get any questions answered.

Health Department COVID-19 vaccine clinics are currently appointment-only. Schedule a COVID-19 vaccine appointment for all eligible ages online or by calling 734-544-6700 and leaving a message. We expect to be able to welcome walk-ins without appointments in the coming weeks.

There are many providers across the county giving COVID-19 vaccines. It may take a few more days for other providers to be able

to offer vaccines to this age group. Parents and guardians can also search on [vaccines.gov](https://www.vaccines.gov) to find vaccine appointments for their younger children.

The Health Department recommends that everyone eligible get vaccinated against COVID-19. In clinical trials, vaccine side effects were mild and similar to those seen in adults and older children, as well as other vaccines that are recommended for children. The most common side effects were fatigue and a sore arm. The FDA report is available here for review.

employer of choice. They continue to keep the needs of their employees first and provide perks that include development, well-being, work-life balance, rewards and recognition. In addition, these winning companies offer a fantastic work culture and workplace environment that attracts and retains superior

employees.” Best and Brightest Companies to Work For® in the Nation winners will be honored at the virtual Illuminate Business Summit week in November 2022, as well as featured in the online edition of Corp! Magazine and in the Wall Street Journal.

To learn more about the Best and

Brightest Companies to Work For® program, visit thebestandbrightest.com. For more information about Brio Living Services, go to MyBrio.org or visit MyBrioCareers.org to join our team in a job you’ll love.

STATEMENT FROM CHELSEA ATHLETICS

CHELSEA HIGH SCHOOL IS CURRENTLY SEEKING A HEAD FRESHMAN VOLLEYBALL COACH.

IF YOU ARE INTERESTED, PLEASE CONTACT ATHLETIC DIRECTOR BRAD BUSH

AT BBUSH@CHELSEA.K12.MI.US.



Triple Crane Retreat Center Celebrates 10 Year Anniversary



► continued from page 1
Dance, Lunch, tea ceremony, calligraphy, program overview, and group tour, program overview, dinner, and live chanting and a live stream lecture and blessing from Venerable Master Haiyun. According to the Triple Crane website:

"Triple Crane Retreat Center is led by Venerable Master Haiyun Jimeng, also known as Master Sea Cloud. He is a practitioner, thinker, speaker, scholar, and religious leader of the Great Huayen Monastery within the Mahayana Buddhist tradition in Taiwan. With years of sincere spiritual practice and profound wisdom attained; Master Sea Cloud became a

monastic in 1991."

I was able to enjoy lunch with Kamakshi, Laura and her husband Brent. Laura attended in person yoga prior to Covid. She explained that she was raised a Catholi, but when she attends yoga, her religion is respected. When it's time to pray she's encouraged to pray to her own God. Kamakshi explained that Buddhism is not religion, it is spirituality of one's own consciousness and there is no Dogma. The cultural aspect of Buddhism is the rituals and that is different from the practice.

Kamakshi explained that the future plans for Triple Crane include an expansion with an additional

building to allow for more overnight guests. She also had plans for a new professional kitchen. Kamakshi explained that in order to see the plans through to completion, Triple Crane is going to need donations. The new building had been in the planning stage for several years but the improved kitchen is going to re-

quire funding and help from outside sources. Due to the disruption Covid caused everyone, Yoga with Trevor happens Friday at noon on Facebook live at <https://www.facebook.com/triplecraneretreat>. A nice thank you for the utilization of yoga classes online, would be a donation to the organization to help

it meet its goals for an improved kitchen. If you, like me, had no idea Chelsea had such an amazing gem, check out upcoming events online. Yoga Community Gathering will take place August 12th-14th. It will include Yoga and meditation, Kitan dance, and teachings and community dialogues on sustainability,

"farmers, permaculture teachers, and interested individuals will gather to share ideas and join in collaborative conversations about earth-based spirituality and sustainability." More information can be found online at <https://www.triplecraneretreat.org/about-triple-crane-retreat-center>.



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Our team members go the extra mile to make life better for older adults.
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When we go the extra mile for team members, it's our residents that truly benefit.

Your support for our **Team Member Support Services Fund** helps ensure Brio Living Services can deliver a level of care that's truly unsurpassed.

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Chelsea Hospital selected to receive 2022 MHA Ludwig Community Benefit Award



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► continued from page 1
Mercy Health System (stjoeshealth.org)

In response to receiving the award, Reiley Curran, MPH, Community Health Improvement Manager at Chelsea Hospital, released the following statement:

"Our medical teams recognize that patients from Stockbridge and Manchester often experience barriers to care, such as access to safe and reliable transportation, so we are really pleased to be able to engage with our community partners to address

this critical issue for so many. I commend our Chelsea Hospital team, and those working with us at Western-Washtenaw Area Value Express, for being a supportive, healing presence for our patients and the communities we serve."

Sounds & Sights 2022

The Art Market:

The Art Market returns to downtown Chelsea, MI in 2022



The Sounds & Sights Festival Art Market returns in 2022 by popular demand with a hip, contemporary edge. Seize modern culture at this event featuring some of the region's top makers, collectors, performers and creative boundary pushers.

Meander around the shaded Chelsea District Library lawn to discover and support regional artists.

Get in touch with your creative spirit and find pieces that express your passion or speak to your soul.

This event is Sponsored by: CLEARY'S PUB CHELSEA & THE CRAZY DIAMOND CLUB

Sounds & Sights Festival Car Show:

The Sounds & Sights Festival, including the Classic Cruisers Car Show will return in on July 29, 2022.

Don't miss the 2022 Chelsea Classic Cruisers car show featuring contests and over 300 classic cars from across the Midwest. The car show is held on Middle St., East St. and Harrison St. near downtown Chelsea from 3 until 8 p.m. All vehicles will come to the entrance of Middle St off Madison St and will be directed from there. Oversize and Special Interest vehicles will be directed

1 block south to Harrison St. for parking.

Live Music: B!G L & Code Blü will be playing on E.Middle St & East St. from 4:30-7:30 pm.

After the Car Show, be sure to stay and enjoy live entertainment in the Social Tent (6-11pm) featuring Bovine and Sabbatical Bob.

Participation: Registration takes place from 3 til 6 p.m.

Oversize and Special Interest vehicles must arrive by 4:00 p.m. Dash plaques will be awarded to the first 200 registered. No pre-registration is required. \$10 entry fee collected at the gate. Additional donations will be accepted and greatly appreciated at the Registration Desk. Net profits will be given to local charities including Shop with a Cop, Warm the Children, H.A.R.T., and Faith In Action.

If you would like to park together with another entrant, you must arrive together. Alcoholic beverages are not permitted. Awards will be presented beginning at 8 p.m.

Awards with Trophies for:

- Merchant's Choice
- Chief of Police Choice
- CCC Ladies' Choice
- CCC Men's Choice
- Mayor's Choice
- DPW's Favorite Truck

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Mission Statement:
Hard work, good work and creating and fostering great relationships are the keys to community success.

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Things to do in Chelsea

Shopping:
Breathe Yoga • Bumble's Dry Goods
Chelsea Antique Mall
Chelsea Hometown Pharmacy
Heydlauff's Inc. • Jewelry Set in Stone
La Jolla Fine Jewelry • La Maison
Chelsea Consignment
Chelsea Farmers Supply • The Garden Mill
Vintage Barn Boutique
Vogel's & Foster's
The Potting Shed • Violet & Moss
Chelsea Antiques • Country Cabin
Culture Creations • The Cottage Rabbit
ClockTower Comix & Collectables
Serendipity Books • The Find

Dining:
Chelsea Alehouse Brewery
Chelsea Big Boy • China Garden
Cleary's Pub • Common Grill
Cottage Inn • Jet's Pizza
Los Tres Amigos • Mike's Deli
Seitz's Tavern • Smokehouse 52
Thompson's Pizza • Zou Zou's
Arctic Breakaway • Valiant Bar & Grill
Ugly Dog Distillery
The Grateful Crow • Chelsea Burger

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CHELSEA ATHLETICS



ON THE SIDELINE:

READER'S DIGEST, PARALLEL PARKING, SENIOR CITIZENS AND RASPUTIN



By Don Richter
drichter101@comcast.net

So how has your week gone?

Hopefully things are well and you're having a great week.

As for me? Well, it's been an interesting week to say the least.

One of my all-time favorite magazines is Reader's Digest. I can just hear the younger generation asking, "What's a magazine?" Anyhow, I currently have a subscription to Reader's Digest. I know, I'm one step away from needing a walker and a hearing aid. "What's that sonny?"

Besides all of that, one of the most enjoyable parts of Reader's Digest is the section of the magazine called "Life in These United States." I also enjoy the

pages devoted to "All in a Day's Work." In both sections, people from throughout the country send in stories, usually funny or unique, relating to incidents that have happened to them during their daily lives at home and at work.

This past week yours truly could fill up a few pages of Reader's Digest when it comes to "Life in These United States" and "All in a Day's Work."

Here are a few snippets from this past week from this so called life of mine.

First off, I was flipped off by two sweet, kind looking senior citizens. I know, I was like, "What the...?" Actually, the incident was a form of "senior citizen road rage." I looked it up — it's actually a thing. No, I didn't, I just made that up. But believe me, it's a "thing" and I experienced it this past week. Apparently, I didn't make a right turn on a red light fast enough for gramps (driving and in the car behind

me) and gramma (passenger). I eventually made my right turn with gramps hot on my tail. As I turned into the auto parts store to buy a jug of coolant, gramps blew around me in the left turn lane with gramma flipping me the bird as they whizzed by. Very strange, indeed.

A day before the "senior citizen road rage" incident (I'm coining the term right now, right here), my eight-year-old car with 120,000 miles overheated. It's been a GREAT week. Thankfully, I guess, I was exiting the freeway at that moment and was able to pull into a basically empty Menard's parking lot (it was around 8:30 pm) and let my vehicle cool down. But here's the weird part. As I sat in the empty parking lot allowing my vehicle to cool down a random old-looking van slowly pulled up four spaces or so away from me. The van was followed by a newer-looking SUV. It turned out father was

there to teach son, with younger sister in tow, how to parallel park. There's nothing wrong with that, but did they have to do all of this right next to me? There were two football fields of empty parking lot available to practice parallel parking. So, of course, they decided to do everything right next to the only other vehicle (mine) in that otherwise completely empty part of the parking lot. So weird. Are people really that self-absorbed and lacking in awareness? Apparently so...However, I did have to chuckle to myself hearing the exasperated, long-haired son whining to his bald-headed father after multiple unsuccessful attempts to parallel park saying out the open driver's side window, "Is this really going to be on my driver's test? Why?????"

Later in the week, I went grocery shopping. Going to the grocery store is usually an activity I abhor. I spend too much money, wait in too long of

a line and maneuver through a too-crowded parking lot. All of those facts are near the top of my "Things I Loathe" list. But this week, I actually smiled while grocery shopping. Why did this uncommon occurrence happen, you ask? I never did get his name, but a middle-aged man in cut-off jean shorts, muscle shirt and tennis shoes spent his entire time in the grocery store singing and dancing down every aisle. Or, at least, every aisle I went down. Whatever he was on, I secretly wished he would've shared it with me. I've never witnessed someone so happy grocery shopping. Either way, it made me smile. And I needed that.

I bought a laptop this week. I feel so high-tech and hip. My desktop of almost 15 years unexpectedly stopped working a few weeks ago. No warning. Just one day, push the button to turn on the computer and — nothing. Kaput. Done. Finished. I'm sure lap

tops are considered ancient technology these days — of course, I finally got one — but let me have my moment, please.

I celebrated my aunt's 92nd birthday this week. She's still sharp as a tack. Happy Birthday, Auntie June. We played a trivia-type board game during her birthday get-together with family. I wowed the crowd with my knowledge of Rasputin and the Russian Revolution. Yeah, I'm cool like that.

So how has your week gone?

Mine was weird, fun and "bird-like" as in getting flipped the bird.

Senior citizen road rage?

It's a thing.

Oh, it's real.

Don't let the sweet-looking older couple in the car behind you, fool you. You're one slow right turn on a red light away from trouble.

You've been warned...

Western Washtenaw Recycling Authority, Michigan EGLE, and The Recycling Partnership Work Towards Improving Residential Recycling throughout the State

Education and improvements to drop-off recycling is part of Michigan EGLE & The Recycling Partnership's \$790,000 Grant to Improve Recycling

► continued from page 1
Michigan communities to help residents recycle more, better.

Starting in June 2022, and with the assistance of a \$27,382 grant, the WWRA drop-off recycling program will be able to improve signage, engage with residents at drop-off recycling sites, and make site improvements to help residents be able to access recycling easier, and understand what is and isn't recyclable.

"Recycling is not only the right thing to do, but also the smart thing to do," said Marc Williams, WWRA Facility Manager. "Recycling properly saves our taxpayers money by reducing the cost of sending recyclable materials to the landfill, supports jobs, and improves the

health of the environment. We have such a great community of recyclers and I know they to recycle the right way and through this campaign, we are providing them personalized, real-time feedback to do just that."

"The Recycling Partnership is excited to continue working with MI EGLE and Michigan communities to improve residential recycling across the state," said Cassandra Ford, Community Program Manager at The Recycling Partnership. "Through this project, we are helping capture more quality recyclables that are then transformed into new materials, as well as creating and supporting jobs, less waste, and stronger, healthier communities."

This year, over \$790,000 in grant funding will be allocated to 13 recycling program grantees, representing more than 362,000

"EGLE is excited to continue working with The Recycling Partnership and Michigan communities to continue to improve residential recycling through these quality improvement projects," said Emily Freeman, Recycling Specialist with EGLE's Materials Management Division. "We all have a role to play in the circular economy and these grants will help even more Michigan communities engage with their residents and improve the quality of recyclable materials collected in curbside and drop off programs across Michigan."

This year, over \$790,000 in grant funding will be allocated to 13 recycling program grantees, representing more than 362,000

households across the Great Lakes state this year. Overall, these 13 new grantees are building on the impact made during a 2021 project with a similar goal to improve recycling across Michigan that reached 100 communities and expand Michigan's award-winning Know It Before You Throw It campaign, aimed at increasing the state's recycling rate to 30% by 2025.

Learn more about where you can recycle, as well as what is and is not acceptable at wwrarecycles.org.

About the WWRA: Western Washtenaw Recycling Authority (WWRA) is a not-for-profit partnership of and subsidized by five municipalities (Townships of Dexter, Lyndon,

Manchester and Lima, and the City of Chelsea) working together to find alternative ways to handle waste and promote reducing, reusing, and recycling. The townships are served by convenient drop-off centers while the City of Chelsea has weekly curbside recycling pick up. For more information, visit www.WWRArecycles.org.

About The Recycling Partnership:

At The Recycling Partnership, we are solving for circularity. We mobilize people, data, and solutions across the value chain to unlock the environmental and economic benefits of recycling and a circular economy. We work on the ground with thousands of communities to transform underper-

forming recycling programs and tackle circular economy challenges. We work with companies to make their packaging more circular and help them meet their climate and sustainability goals. And we work with government to develop the policy solutions that will address the systemic needs of our residential recycling system. Since 2014, the nonprofit change agent diverted 500 million pounds of new recyclables from landfills, saved 968 million gallons of water, avoided more than 500,000 metric tons of greenhouse gases, and drove significant reductions in targeted contamination rates. Learn more at recyclingpartnership.org.

American 1 Credit Union to Sponsor Talons Out Day of Honor Fundraiser July 10

From: Emily Tierney
American 1 Credit Union is pleased to announce its \$5,000 presenting sponsorship of the Talons Out Day of Honor, taking place on July 10, 2022, from 9am-4pm.

American 1 has proudly supported previous Honor Flight-related initiatives in the past and is

proud to support the organization again. The Honor Flights fly veterans to the nation's capital and allow them to tour monuments honoring their service, and the Day of Honor fundraiser helps to support these flights.

"We are incredibly pleased to sponsor a Talons Out Day of

Honor," said Janelle Merritt, Community Partnerships Manager at American 1. "Supporting Talons Out represents our passion for celebrating our Veterans and for giving them the honor and recognition they deserve."

American 1 and Talons Out invite the community to join

them for a Day of Honor celebration at Wings Event Center in Kalamazoo on Sunday, July 10. The event, which will help raise funds for future Flights, will feature a car show, food truck rally, motorcycle ride, vendor fair, DJ and live music, and an auction. For more information on the Day

of Honor fundraiser, visit https://www.flipcause.com/secure/cause_pdetails/MTUxODY0.

To learn more about Honor Flights or complete a Veteran application, visit the Talons Out website at <https://www.talonsouthonorflight.org/>.

Established in 1950, American 1

Credit Union today serves over 61,000 members with branches in Jackson, Washtenaw, Hillsdale, Lenawee, and Wayne counties. American 1 is proud to serve the members of their communities by creating financial wellness through personal everyday banking.

Former Chelsea Hospital President Nancy Graebner-Sundling Receives Special Recognition Award from MHA



The Michigan Health & Hospital Association (MHA) announced three winners of its Special Recognition Award during the Annual Membership Meeting on June 30, recognizing them for extensive contributions to health care. Among them was Nancy Graebner-Sundling, who recently retired as president of Chelsea Hospital.

Nancy served for a decade as president of Chelsea Hospital before her retirement in March. During

that time, she led the two-story Atrium facility expansion that enhanced the emergency department and enabled expanded therapies, added diagnostic imaging departments, and renovated the lab and pharmacy.

Nancy managed completion of our hospital's comprehensive cancer program, expansion of the surgical department, increased inpatient rehabilitation capabilities, and added the Michigan Medicine Hospitalist Service

that enables the treatment of higher acuity patients. She oversaw the renovation of a 30-bed inpatient behavior health services wing, led the renovation of the short-stay unit, and established a 24/7 urgent care unit in the emergency department.

She also applied community benefit funds to establish the award-winning shuttle service between Chelsea Hospital and the communities of Stockbridge and Manchester.

Chelsea Community Fair 2022: August 23-August 27



2022 Schedule of Events



FAMILY FUN



EVERY DAY
Merchant Barn open daily
1 p.m. to 10 p.m.
Natures Creation of Life
Come experience live animal birthing and sheep shearing

SUNDAY, AUGUST 21
8:30am (gates open at 7am) All day
Youth Horse Show
9am-5pm Green Barn Entries Accepted
9am Tractor Dead Weight Cement Pull in Main Arena—spectators enter through Main Gate ONLY

MONDAY, AUGUST 22
9am Antique Tractor Pull in Main Arena — spectators enter through Main Gate ONLY

TUESDAY, AUGUST 23
CHILDREN'S PARADE MARKS OFFICIAL OPENING OF FAIR
8am to Noon - Green Barn closed for judging
9am Rabbit Judging followed by Poultry judging
5:00 - Swine judging- Multi Purpose Arena
5:30 - 10 pm K of C Bingo Tent
5:30pm Children's Parade-begins downtown
Immediately following parade - Tricycle Pull and Kid's Day events in Main Arena
7:30pm Figure 8 Demolition Derby Main Arena



WEDNESDAY, AUGUST 24
Rides begin at 5pm
9am Goat Judging—Multi-Purpose Arena
12pm Dairy Feeder Calf Judging followed by Beef Judging—Multi-Purpose Arena
5 to 10 pm K of C Bingo Tent
6pm Sheep Judging— Multi Purpose Arena
7:30pm Demolition Derby Main Arena



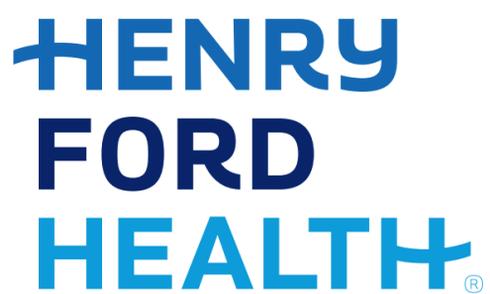

THURSDAY, AUGUST 25
Rides begin at 3pm
Senior Citizen Day
All Seniors 65 and older enter Free before 5 pm
11am Draft Horse Pull -Main Arena
1pm Kiddie Peddle-Power Tractor Pull Multi-Purpose Arena
5 to 10 pm K of C Bingo Tent
7pm Livestock Auction—Multi Purpose Arena
7:30pm Lost Nations Rodeo—Main Arena

Schedule subject to change.

FRIDAY, AUGUST 26
Ladies Day—All Ladies \$5 before 11 am
Military Day—Free with Military ID
Family Day—Free Admission 11am-3pm
Rides begin at Noon
9:00am Ladies Day Program (registration begins at 8:30 am)
Multi-Purpose Arena
4 to 10 pm K of C Bingo Tent
7pm Selection of Fair Queen Multi-Purpose Arena
7pm Tractor Pull, weight transfer Sled: Super stock/Pro Stock combo, Super Farm, Hot Farm, Farm Stock, NTPL Legendary Pulling Tractors- Main Arena

SATURDAY, AUGUST 27
Rides begin at 1pm
8:30am Compact Tractor Pull/Main Arena
1pm Chelsea Fair Parade
3 to 10 pm K of C Bingo Tent
7pm Showmanship Sweepstakes Multi-Purpose Arena
7pm 4-Wheel and 2-Wheel Truck Pulling Contest. Added Tractor Class





Same-day care now available in Chelsea

It's best to see your primary care doctor when you're sick, but we understand that's not always possible. That's why we offer many convenient options when you need care that can't wait for a regular visit with your primary care doctor.

Same-day care appointments are available Monday through Friday, 8 a.m. to 8 p.m. and 9 a.m. to 1 p.m. on Saturday.

henryford.com/sameday



Blacksmiths-Soldiers and Log Cabin Weekend at Waterloo Farm



Photos By Aimee Bingham Osinski

By Aimee Bingham Osinski
anbingham@gmail.com

Sunday June 27th was Michigan's state-wide celebration of Log Cabins. According to an article in Log Cabin Home Living, Celebrate Log Cabin Living in Michigan, by Roland Sweet,

Log Cabin Day began in 1987 as part of Michigan's sesquicentennial celebration "to commemorate log cabins and the important role they played in this state's earliest days,"

according to the Legislature's joint proclamation.

The Waterloo Farm at 13493 Waterloo Munith Rd, in Grass Lake, MI, hosted an event all weekend to celebrate Log Cabin day. The event featured blacksmiths, musicians, broom makers, civil war reenactors, two cannons, and an 1800s oral surgeon, teaching about dental work and medicine at the time.

Waterloo Farm Museum sits where

Jacob Rhuele and his sister Kahterina emigrated from Germany with their mother and stepfather in 1844. They lived in the log cabin constructed by the previous owner before building the current brick house. It was owned by the daily until 1960. In 1962 The Waterloo Historical Society was formed to preserve the farm which now stands tribute to pioneer farm families of Michigan.

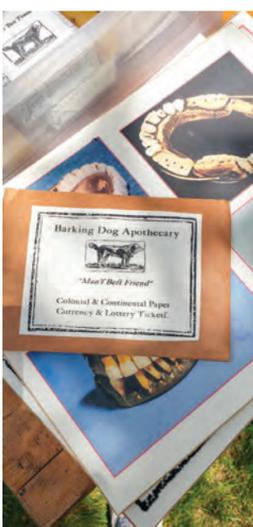
May through Au-

gust Farm museum tours are offered Friday and Saturday from 1:00pm-5pm. The historical society offers several more special events throughout the year including; Antique Tractor Truck And Farm Equipment Show, Pioneer Day, and Christmas on the Farm.

My daughter and I had a great time, especially because she's reading the first book in The Little House on The Prairie series. She saw hats, dresses and

candy described in her book. All the volunteers and vendors were amazing and willing to give entertaining history lessons. The oral surgeon let all the children hold a jar of mercury. He explained that there is slight truth to the Mad Hatter character in Alison Wonderland. Beavers were extinct in England and beaver fur was very valuable. The hat maker would rub mercury on the hide to make hats. According to the nation-

al Library of Medicine, J Biomed Biotechnol, July 2 2012, "Many studies show that high exposure to mercury induces changes in the central nervous system, potentially resulting in irritability, fatigue, behavioral changes, tremors, headaches, hearing and cognitive loss, dysarthria, incoordination, hallucinations, and death." The Mad Hatter was simply tripping off too much mercury exposure. He explained inflation suffered by the continental army, money not backed by gold continued to be printed making it essentially worthless. Overall it was a great learning experience my daughter and I really enjoyed. Even if my daughter got confused and thought the 1800s was the 1980s when I grew up. In spite of the insult, it was a good time.



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July Events

2022

Fitness Challenge: Know Your Numbers (DEX)

July 1–31

Learn more about your blood pressure and resting heart rate. Starting July 1, get a target heart rate worksheet and get your blood pressure taken by the fitness staff. At the end of this challenge you will know your exercise HR zone. This is a good way to control exercise intensity and tie training levels to specific HR. Turn in your target heart rate worksheet at the end (July 31) for a chance to win \$100 FitFunds.

Fitness Challenge: Europe Countries (CHE/STK)

July 11–August 13

Each country on our map will have an exercise to complete. Every 11 countries, earns you one entry into a drawing for a prize! Complete all 44 countries to earn a bonus entry.

Strengthen Your Posture (CHE)

July 5–26

Improve your posture and reduce or prevent chronic back pain. Understanding the need to focus on strengthening your back, shoulders, and core muscles, which are all essential to standing with proper posture and preventing lower back pain.

Back to School Drive (CHE/DEX)

July 18–August 5

Chelsea Wellness Center and Dexter Wellness Center are hosting a back-to-school drive benefiting Faith In Action. All donations are greatly appreciated.



CHE_2059101_0622

Clarity over Consistency



A game of PORTL - this learner was learning to touch the buttons with her pointer and ring finger. Here you can see the teacher giving a cube "treat" after the learner did the behavior.

By: Laura Perkins,
Laura Perkins
Animal Behavior,
Chelsea

Many people will say that consistency is the most important thing in dog training. This is a bit misleading though. What do we mean by consistency? How consistent? In what manner?

We could think of consistency as doing things exactly the same every day, in the same order. But do our dogs really need that? I would argue they are able to be more flexible than that.

Instead, I'd encourage you to think about providing clarity for your dog.

This past weekend, I attended a workshop for dog trainers called PORTL where we practiced being the "teacher" and the "learner". We had a collection of small objects on the table and the teach was given a goal to teach to the learner without words. We had little blocks that represented treats and used a clicker just as we would with our dogs! An example of

a teaching goal was "put three objects inside a slinky in order". So the teacher had to plan how to break that into small steps and teach this behavior to the learner.

Once of the most important parts of this workshop was practicing our mechanical skills. These included the timing of the click, delivering the treat so the learner could easily take it and resetting the environment so that the learner could do the behavior again or do the next iteration of the behavior. All of these things were important because they offered clarity to the learner.

When I was the learner, there were a few times that my teacher hit a snag. I noticed immediately, and felt the emotions of mild frustration or confusion. We were all practicing and very forgiving of each other (which is the benefit of practicing with people!). But, I could easily see how quickly we can confuse our dogs and how frustrating that could be for them.

Keeping your

communication with your dog clear might include:

—Using your marker or clicker reliably to mean a treat is coming

—Having a routine with predictable and clear steps for daily activities like feeding time, getting in the car, or going outside

—Using your cues the same way every time so that your dog knows what to expect. ("Sit" means sit for a treat, not down for a treat).

—Likewise, keeping your cues separate so that you have one cue for one behavior. A non-example here is using your dog's name for many different behaviors such as look at me, come, follow me. Having unique cues for each of these will help clarify things for your dog.

So in your daily interactions, or when training - ask yourself - "is it clear to my dog what they need to do to get the thing they want (treat, outside time, etc.)"? If not, how can you make it more clear for them?



Chelsea Police Department Weekly Summary

Incident #: 22-2007

Date: June 30, 2022

Location: Wellington X Arthur St.

Time: 7:48 pm

INFORMATION: While enroute to another police call an officer stopped a vehicle that had been involved in a vehicle crash where the suspect had left the scene. The suspect/driver was identified as a 27-year-old Standish,

Michigan resident. The subject was investigated for driving under the influence of alcohol and later arrested and lodged at the Washtenaw County Jail. There are no further details of the arrest available at the time of this re-

port. The case remains open pending laboratory analysis by the Michigan State Police Crime lab and warrant review by the Washtenaw County Prosecutor's Office.

Incident #: 22-2036

Date: July 3, 2022

Location: 1200 block of S. Main St.

Time: 1:43 pm

INFORMATION: While on routine patrol an officer was dispatched to the 1200 block of S. Main Street for the report of a soliciting complaint in the parking lot. Upon ar-

rival the officer located the subject in question who was playing music and asking for donations/money. The subject was advised that the property manager did not want them to be

on their property while also asking for money and playing music. The subject complied and voluntarily agreed to leave the premises without further incident.