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# Chelsea Guardian

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## Old Time Maple Sugar Festival at Waterloo



By Aimee Bingham Osinski  
anbingham@gmail.com

I spotted a robin in my front yard yesterday morning. We sprung forward and the Maple Sugar Festival at Waterloo happened on Saturday March 11th. Snow is on the ground and winter gear is still needed but it is officially Spring time in Michigan.

growing season. Inside the Discovery Center kids were taught how to tap trees and were able to make a craft. Staples of syrup were available to taste and local syrup was available for sale. A member of the DNR provided a talk on the history of Maple sugaring, both Native and pioneers. The Waterloo Natural History Association had artifacts on display from the ancient process including buckets, baskets, taps, and a yolk. We were taught that snowshoes

**continued on page 6**



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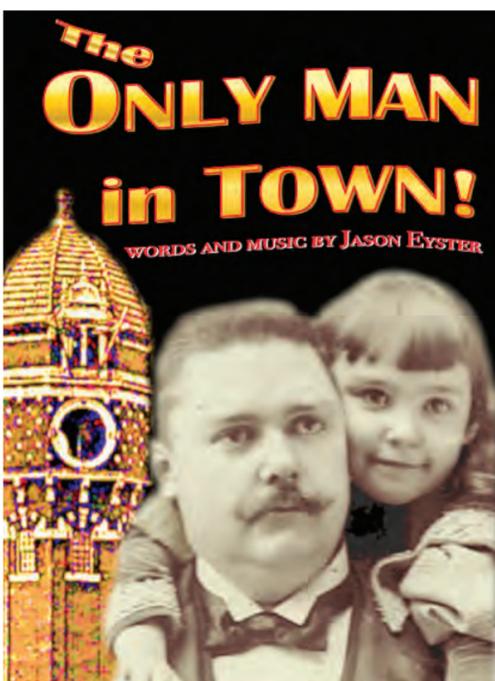
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## Save the Date to Audition for The Only Man in Town

From: Susan Morrel-Samuels, Chelsea Area Players

Auditions for The Only Man in Town will be held April 3rd and 4th, 6:00 - 9:00 pm at the Chelsea Depot at the Chelsea Depot, 125

Jackson St. This original musical tells the story of the rise and fall of Frank Glazier, the most prominent citizen in Chelsea at the turn of the century. Based on real events, it

**continued on page 4**



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## Business Spotlight: Robin Hills Farm; DJ Trivia



Story and more photos on page 9. Photos By Aimee Bingham Osinski.



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# CHELSEA BULLDOGS WRESTLING

## CONGRATULATIONS TO ELIJAH RATLIFF!! ALL-STATE WRESTLER!!



Photo Courtesy of Chelsea Bullogs

# New Venture in Chelsea with Four Local Companies



by Kitty Golding

A new venture is forming with four local companies to provide mini classes on subjects of interest. Our first one, which is already sold out is this Sunday, March 19th.

Our educator, Jamie Osburn, from Maple Ridge Flower Farm will be providing us with practical gardening advice and help with seed sowing for summer salsa seedlings. Jamie grows specialty cut flowers and vegetables using intensive and space saving methods. She is passionate about growing delicious produce and beautiful gardens that can nourish our bodies and souls!

Jake, owner of Kitchen Little, who

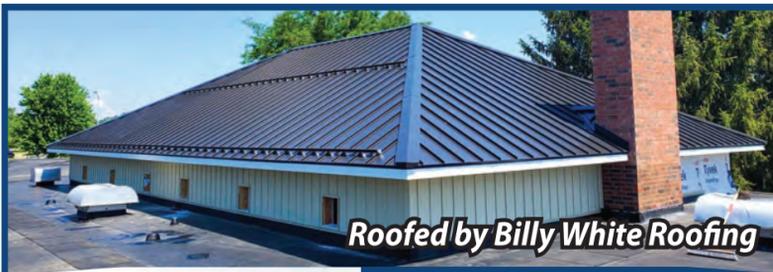
sells his delicious food goods in Agricole, and Roaming Goat, among other places will be serving charcuterie boards at this event. Jake has also just starred in his first TV Show, MI Kitchen with Jake, on local cable channels. Check him out on his Instagram, Kitchenlittellec

Jay Friendly from Withington's Wines will be sharing organic wine samples for us on Sunday, and his knowledge of wines from all over the world. This event and future ones will be held at Kitty & Company interior design, in the Sylvan Building on Main Street, where her showroom boutique and studio offices are located. Kitty & Company

focuses on residential design, creating new or remodeled spaces that are uniquely yours.

Our small businesses found a connection between the earth, beautiful plants and foods, wine tasting and style/design, and are partnering to bring these to you in an easy and fun way. Future ideas coming include; a farm to table meal at Jamie's farm, entertaining tips and centerpiece creations, foodscapes and more.

On a final note, you will be hearing more about our monthly combined lifestyle subscriptions hosting beautification for your everyday living, creating a healthy and happy home.



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# Entitled youth; how this dynamic can hinder their functioning in the real world

From: Michael Patterson, Namaste Family Services, LLC, Chelsea

Everyone wants to feel special and unique. This feeling can enhance self-esteem, give meaning to ordinary things that confront us, and minimize negative self-talk that belittles us. However, carried to the extreme it becomes a feeling of entitlement. "Having a sense of entitlement is having a belief that one is inherently deserving of privileges or special treatment." (Oxford Dictionary).

In this country, most are entitled to various freedoms that others may not have. But there are some that do not have the same advantages as others. Mostly this is a result of our social economic status (SES). (This is usually measured as level of education, income, and occupation) (American Psychological Association). When we come from a lower SES, we have less opportunity to enjoy all of the aspects of freedom from worry.

If a child is born into a family that is economically better off than

most in their community, they may develop a sense of entitlement. While this of course is not true for all families, sadly it is true in many. Especially if the culture of the community encourages "specialness." This is most apparent in middle school and high school. Sports, high grades, the ability to buy fashionable clothes, having the latest technology or other gadgets. If a child is grounded in the values of equity, charity, good works, and humility, then feeling entitled even when they are raised in a family that is economically well off is minimized. But, if a child is raised in a family or community that encourages, even rewards excessively specialness, then that child will envelop in their psyche that they are more deserving than others and unless their peers can compete (either in sports grades, or material things), they are not worthy.

Some who read this may say to themselves that this is just the way it is. Or competition is good, or my child is better than most. Or fi-

nally, what does it matter? You may justify that your son or daughter deserves/needs the best/latest/most fashionable things. There are many reasons that parents will lavish gifts on their children. For many it is feeling guilty for various things or wanting to make up for what you did not have. Or the child earned it. I see this many times in divorced families. One parent who is usually not available to the child on a regular basis will become what some have termed the "Disneyland parent." They are the fun parent who is always giving of things or doing fun activities in order to compete with the other parent, or overcome their sense of guilt. Or, to increase their sense of entitlement. The sad part is they usually lack the ability or avoid doing the difficult tasks of parenting. There is a difference from being a buddy to your child and being their parent.

It is the premise of this article that encouraging or fostering entitlement in your child can have significant effects on their cognitive

and emotional development.

Any child who feels they are overly special and deserve preferential treatment has the ability to be self-sufficient diminished.

There is an old adage that states, "If you earn something with your own hard work it will have more meaning to you." When I was growing up, my parents had little expendable income. All of my basic needs were met, however the extras were limited. At the age of ten I started my first business. My dad owned a doughnut shop. It never really took off but during the time it was open I would buy doughnuts from him and sell them to families in my neighborhood. On Wednesday I would go house to house and get orders. On Thursday I would deliver them. Now I will admit my mother helped me out with this quite a bit as I was a shy child. I ran the business for about 8-9 months then lost interest. But, I did earn the money to buy a tape recorder. High tech in the sixties to be sure. That piece of technology

brought me much joy and started my desire to have the best in technology. Did it feel better because I worked and paid for it? I'm not sure if it did, but it did teach me the basic skills of an entrepreneur.

Erick Erickson (1902-1994) postulates that from the ages of 12-19 years youth are in the developmental stage of "Identity vs. Confusion." In this stage of development, the adolescent starts to separate from the parents, move closer to peers, and begins to identify mentors or others that they wish to learn from or mimic. If worked through in a healthy fashion, and no major trauma or divergence, the adolescent begin the tasks of young adulthood with a sense of "fidelity", "A psychological virtue characterized by the ability to relate to others and form

genuine relationships. (1). However, The teen can be diverted from completion of this stage due to many factors. Substance use, physical or sexual trauma, affiliation with peers who prescribe to negative behaviors etc. If an overblown sense of entitlement is encouraged or pushed upon by either the parents, the community, or other sources, then the adolescent will have a distorted sense of identity and belief system that may hinder the ability to form genuine relationships and strong core values.

(1) Arnold, M. E. Supporting adolescent exploration and commitment: Identity formation, thriving, and positive youth development. Journal of Youth Development, 12(4), 1-15. doi:10.5195/jyd.2017.522

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**From: D&B Strategic Marketing**  
**doris@dandbmarketing.com**

On May 13th and 14th Ballet Chelsea will present Giselle & Gershwin, a stunning production directed by Assistant Artistic Director, Natalie Krienke, supported by retiring Artistic Director, Wendi DuBois. Combining the best of classical and contemporary ballet, this program will be performed at the Dexter High School and promises to be an un-

forgettable experience for audiences of all ages. This captivating production will feature Act II of Giselle, performed by the talented Ballet Chelsea dancers, transporting the audience into the heart-wrenching tale

of love and betrayal. Through the dancers' exquisite movements, the audience will witness the story of Giselle and her journey to forgive her lover and save him, and herself, from the wrath of the Wilis.

In addition to Act II Giselle, the production will also celebrate George Gershwin's musical legacy with dynamic and original choreography by Wendi DuBois. Ballet Chelsea dancers will bring Gershwin's timeless music to life with their vibrant movement to create a mesmerizing visual and auditory experience.

"I am thrilled to present Giselle & Gershwin, a production that combines the best of classical and contemporary ballet," said Natalie Krienke. "Gershwin's music brings out an exuberant, fun

loving quality in our dancers that stretches their artistry in new ways, and we are excited to share this dynamic performance with you," added Wendi DuBois.

Join Ballet Chelsea for an evening of exquisite ballet, beautiful music, and unforgettable performances. Surrender your heart to the magic of Giselle & Gershwin.

Giselle & Gershwin will be performed on May 13th at 7pm and May 14th at 2pm, at Dexter High School. Tickets go on sale April 1, 2023 at [www.baletchelsea.org](http://www.baletchelsea.org).

# Save the Date to Audition for The Only Man in Town

► **continued from page 1** is a classic tale of a successful entrepreneur who dominates the economic and political life of a small town, only to overreach and lose everything. It is also a saga of family love and loyalty.

The production includes parts for singers and non-singers, adults and children. Leading

the cast are members of the Glazier family and Harmon Holmes, founder of Chelsea Milling. Supporting roles include local merchants, newspaper editor, judge, townspeople, saloon hostesses, and factory workers. Come out to audition and be a part of Chelsea history! For character descriptions and

audition instructions, visit [chelseareplayers.org](http://chelseareplayers.org).

Performance dates are June 9 - 11. The Only Man in Town is a production of Chelsea Area Players, Rebecca Groeb, Director; Jason Eyster, composer/playwright.

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# CHELSEA ATHLETICS



## CHELSEA BULLDOGS BOWLING

# CHELSEA BOWLING RESULTS



**From: Heather Turnbow**

On Thursday February 16th 12 bowlers (6 boys and 6 girls) from CHS Bowling Team attended the 2023 Southeastern Conference Individual Bowling Championships. Participating teams included: Adrian, Ann

Arbor Pioneer, Ann Arbor Skyline, Bedford, Chelsea, Jackson, Lincoln, Monroe, Tecumseh and Saline. 55 boys and 55 girls competed from the various schools. Chelsea Girls: Sophia Saffian, Quinn Johnson, Jenna Velky

Avery Piatt, Phoebe Ledbetter, Lily Paddock. Chelsea Boys: Kyle Otrompke, JJ Turnbow, Nathan Doyle, Edwin GreenLeaf, Josh Doyle, Dylan Payeur. Each bowler bowled 4 games to qualify for

the top 8 boys and top 8 girls.

Standings before advancing were:

Girls:  
Ledbetter 8th  
Velky 19th  
Paddock 22nd  
Johnson 29th  
Piatt 44th  
Saffian 46th  
Boys:  
Doyle, J 3rd  
Turnbow 5th  
Payeur 23rd  
Doyle, N 25th  
GreenLeaf 29th  
Otrompke 33rd  
With the top 8 moving on Josh Doyle and

JJ Turnbow represented the boys and Phoebe Ledbetter represented the girls.

Ledbetter averaged 176 for the day after 6 games but was knocked out in the first round facing Maddie Morget and lost by a margin of only 20 pins with a final place of 6th. Turnbow faced Owen Williams (Tecumseh) and Doyle faced Palmer Ziemer (Tecumseh) in the first round and both won their match to advance. Turnbow faced Xan-

der Finkbeiner (Adrian) and Doyle faced Evan Eagle (Monroe) in the second round and both won their match to lead to the final showdown where they faced each other.

In the final JJ Turnbow took 1st and Josh Doyle took 2nd both very happy to face each other and represent Chelsea as the top 2.

Turnbow averaged 235 for the day and Josh Doyle averaged 219 (both over 10 games.)

**From: Heather Turnbow**

The CHS Bowling teams ended their regular season play on February 20th and all three teams, Boys Varsity, Girls Varsity and Boys JV had a winning season.

On Friday February 24th & Saturday February 25th the teams com-

peted in Division 2, Region 10 Regionals held at Continental Lanes in Kalamazoo. Team events were held Friday with Individual competition taking place on Saturday. During the team events each team had to bowl 8 Baker games. Baker games consist of 5 bowlers alternating frames. Bowl-

er 1 completes the 1st and 6th frame, bowler 2 the 2nd and 7th and so on. At the end of the Team event the Boys placed 9th and the girls placed 10th each facing 13 other teams.

On Saturday the Individual competition began where each individual must complete 6 games. The end goal is to

make the top 10 so that you can then compete at the State level. During individual competition there were 76 girls and 83 boys competing. At the end of the day Saturday the CHS Bowlers finished as follows: Boys - Josh Doyle 5th, Nathan Doyle 17th, JJ Turnbow 24th, Edwin GreenLeaf IV 31st, Dylan Payeur

47th and Kyle Otrompke 69th. Girls - Annabelle GreenLeaf 20th, Phoebe Ledbetter 32nd, Jenna Velky 35th, Lillian Paddock 46th, Quinlan Johnson 48th and Avery Piatt 55th. With these results Josh Doyle qualified to compete at the State level.

On Saturday March 4th Josh Doyle trav-

eled to Century Lanes, Waterford to compete. Josh averaged 185 for the day and narrowly missed qualifying for the final single elimination bracket by only 24 pins. Josh was one of only 2 freshman bowlers that qualified for States. This is a great accomplishment.

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# ON THE SIDELINE: BOREDOM, SUPERPOWERS, ST. PATRICK'S DAY AND THANOS



By Don Richter  
drichter101@comcast.net

Happy St. Patrick's Day.

I hope everyone has a fun and safe weekend. Here's to a lucky, Leprechaun-filled, "Kiss Me I'm Irish," four-leaf-clover-finding couple of days.

I remember in my younger days standing in long lines at late-night establishments waiting to get inside and partake in some "green-liquid-soaked" silliness, horseplay and tomfoolery. Those were the days. Sadly, nowadays, my St.

Patrick Day weekend will basically consist of one thing — well, one word — sleep.

I know, I am officially the most boring person in the world.

I used to fear being boring. Now, I actually embrace it. It's kinda' nice boring people. Why? They'll leave you alone, that's why. At the moment, what this columnist needs is peace, quiet and sleep. I think if I was allowed I could sleep for a week.

I kinda' have boring people down to a science. I have found I have quite the talent making people's eyes glaze over. It's almost to the point where I'm considering it my personal "superpower."

Need to get out of an awkward conversation or make a clingy, annoying person bother someone else? Here's

what you do. You talk about the Japanese surrender table.

The what?

You heard me.

You read that correctly.

The Japanese surrender table.

If you are stuck in an awkward conversation or with a clingy person who just won't take a hint, simply start talking about the Japanese surrender during World War II. But make sure to focus on the table used to hold the formal surrender documents. The table actually has an interesting state of Michigan connection, since it was made in Grand Rapids at Steelcase.

Simply start a new topic of conversation informing your audience of one or many that the Japanese formally surrendered on the USS Missouri on September

2, 1945. Continue by saying the original opulent, elegant and fancy-looking table selected to hold the surrender documents turned out to be too small. With the Japanese delegation nearing the USS Missouri and preparing to board the battleship, a new, larger table was needed — and quick. A group of sailors was ordered to find a wider, more suitable table.

By now, yawning normally has ensued.

Don't stop.

Keep plowing ahead. You've got them right where you want them.

Continue the story telling your audience the sailors ran down to the ship's kitchen area and grabbed the first table they found. It was that table, innocently sitting in the ship's mess hall, that was rushed up

to the top deck, quickly draped with an appropriate covering and thankfully large enough for the all-important surrender documents.

Bored yet?

Eyes glazed over?

Admit it, you're practically falling asleep.

It's foolproof in its effectiveness.

At this point in the "conversation," I'm normally alone. But I always end on this little nugget. The cherry on top. The "chef's kiss."

The humble, unassuming Grand Rapids-built mess hall table used to hold the Japanese surrender documents ending WWII, is now forever enshrined in the United States Naval Academy Museum in Annapolis, Maryland.

If somehow, you

still have an audience, quickly change the subject to — copper mining and its significance to the development of the Keweenaw Peninsula and Michigan's Upper Peninsula. Or, did you know the War of 1812 actually began in the state of Michigan?

I know, it really is a superpower. Forget Iron Man. No need for Thor or Captain America. I could've taken down Thanos myself with my "powers of boredom."

So consider yourselves lucky you're not stuck in a conversation with me.

Lucky like a four-leaf clover.

Happy St. Patrick's Day.

Goodnight.

Even "superheroes" like me need sleep.

I'm going to bed...

## CONGRATS TO CHELSEA BOYS BASKETBALL ON CAPTURING THEIR FIRST REGIONAL TITLE SINCE 2000!

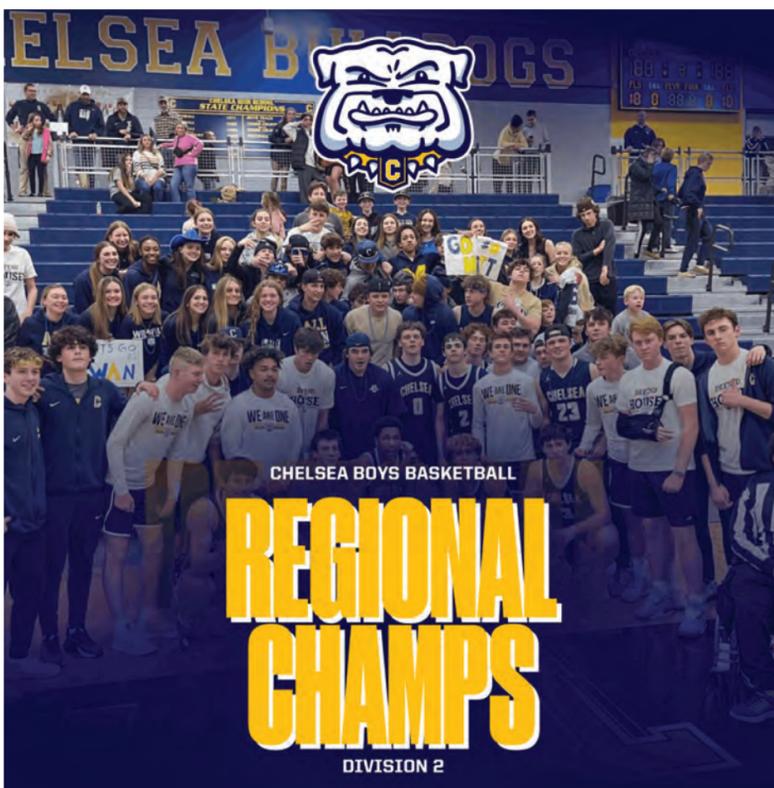


Photo Courtesy of Chelsea Bulldogs

## WASHTENAW UNITED WRAPS UP SEASON



From: Adam Winters

Washtenaw United wrapped up their season with a playoff quarterfinal loss to eventual league champion University Liggett, 7-0. The United would do their best to skate with Liggett, finishing the first period in a scoreless tie. However, 2 minutes and 27 seconds into the 2nd period, Liggett got on the board with a goal from Elle Quinlan, who would go on to record 2 goals and an assist in the game. Liggett would score 3 more goals in the period, followed by 3 in the third. United goaltender Trista Tracy (Chelsea, '25) would turn aside 47 Liggett shots.

Washtenaw finished the season tied for third in the Western Confer-

ence of MGSHSL's Division 1, with a record of 4-7-1 in league play, 8-18-1 overall. Tracy recorded all of the wins in net for the United, including a team record of 3 shutouts in the season. Chloe Dillen (Saline, '24) led all players with 18 points, while Raegan Kopitsch (Dexter, '24) led in goals with 10. Freshman defenseman Lilly Schlack (Saline, '26) recorded 6 goals and 7 assists leading all freshman and defenseman for goals and points.

In February, the United celebrated their two seniors, Kathryn Winters (Saline, '23) and Marina Rodriguez (Dexter, '23). Kathryn was a 3-year United player, playing in 64 games, recording 17

goals and 12 assists for 29 points. Marina, an exchange student from Spain and first year hockey player, played in 7 games for the United over the course of the season.

During the final practice of the season, this past Monday, played the always popular United vs Family (Parents/Siblings) game (Picture Included). The United will celebrate the season with a team banquet on Sunday, March 19th. Before the banquet on Sunday, the United will host a Prospect skate for all interested players at 2:30 at the Cube. Please visit this link for more information and to sign-up: <https://forms.gle/AhX-Q6CfH22qghRBh8>

## Old Time Maple Sugar Festival at Waterloo



continued from page 1 were very important to the process as tapping occurs when snow is still on the ground. We learned that it takes 40 gallons of sugar water to make a gallon of syrup. A sugar bush needs to

be 40 years old before it can be tapped and Native American women passed their sugar bushes down through the women in the family. After the talk and examining the artifacts, we went outside to learn

about the evaporation process and took a guided walk displaying various methods of collecting sap.

The free educational event was presented by the Waterloo Natural History Association,

whose, "mission is to support and augment the education and enrichment programs and services provided at the Eddy Discovery Center." To learn about fu-

ture programs offered by the WNHA, you can go online <https://www.wnha.org/events>. If you're interested in joining, that can also be done on their website.

The WNHA is certainly a community asset and offers lots of educational opportunities for families.

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# Tips for Dog Park Safety

**From: Laura Perkins, Laura Perkins Animal Behavior, Chelsea**

Chelsea has a really lovely dog park and with the weather getting nicer I bet more of you will be visiting it! Dog parks can be pretty controversial amongst dog trainers because we see a lot of issues arise from visiting them including dogs being overwhelmed, fighting or learning poor play habits. That said they can be a good fit for some dogs.

Let's take a look at how to determine whether a dog park is a good fit for your dog and ways to keep your dog safe and behaviorally healthy if you choose to go to one.

First of all, there will be many many dogs who won't enjoy or benefit from going to a dog park. If yours is one, there's no shame in that and there are some great alternatives to give them that much needed off leash time. One of my favorite options is Sniff Spot. This is like air bnb for dog play spaces! This app allows you to reserve yard space by the hour just for your dog. There's been more and more sites popping up locally so check it out.

Before going to a dog park, here are the minimum skills you'll want your dog to have

down pat:

- Super solid "come" - your dog should be able to come to you on a dime, even if she is playing with another dog.

- Excellent play etiquette - your dog should be able to play well with a variety of other dogs. Practice this with dogs you know, slowly, in more private spaces before going to the dog park.

- Ability to share toys, treats and people without issue - if your dog gets growly in these situations the dog park is not for her.

These are advanced skills for most dogs and require lots of training (using positive reinforcement) before they will be reliable. Sometimes it isn't worth the risk to attempt to train these skills. For example if your dog has growled or snapped over sharing your attention, dog parks might not be the answer for his off leash time.

If you've determined that your dog has all of the behavioral prerequisites and decide that hitting the dog park will be safe and fun for him, here's some ways to prevent problems from popping up.

- Scan the park when you arrive. Take note of which dogs are there and where their

people are. If the dogs seem too rowdy for your dog, take a walk instead.

- Know where the exits are and have a plan for keeping you and your dog safe in the event of a scuffle. Keep your leash on your body at all times (don't leave it on the fence!).

- Keep moving and stay near your dog. One of the riskiest things to do in group dog play is to stand in one spot and chat with the other dog parents. If you keep moving your dog likely will too and this lessens the risk of a scuffle. Likewise, if you are across the field from your dog, it will be harder to monitor and cue your dog as needed.

- Learn about body language and practice observing it regularly. There's loads of great videos online about dog body language. Watch as many as you can and then anytime you are around dogs, try to identify what you are seeing. Responding to an escalating situation early (when there are subtle signs of avoidance or discomfort) will be more successful than waiting until one of the dogs is already growling or snapping.

- Similarly, check out the "canine ladder of aggression" (you can **continued on page 9**



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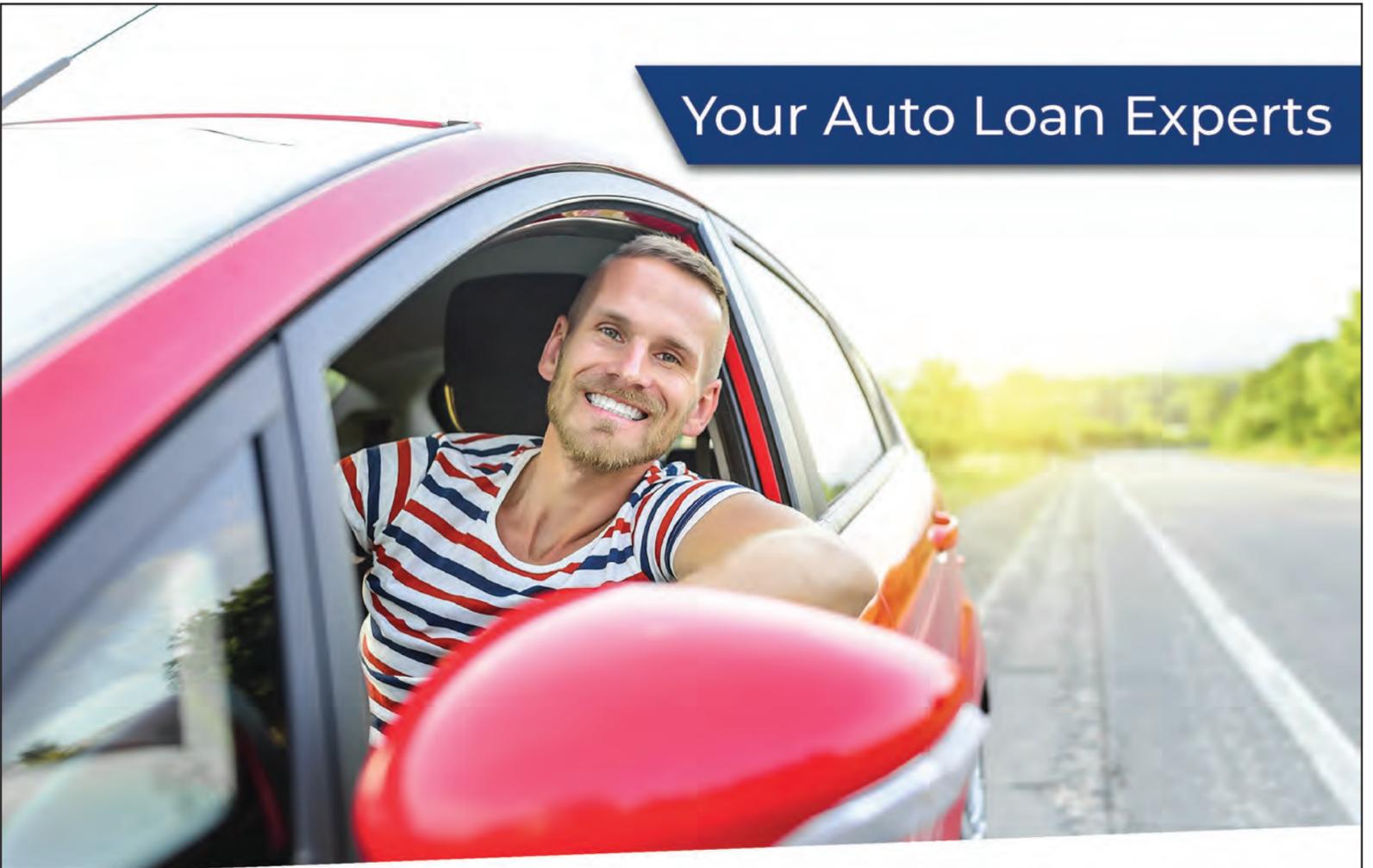
## Individual and Couples counseling

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# March Events

## March Enrollment Special

**CHE/DEX March 1–31**

**\$0 Enrollment fee + \$17 March Dues.** This is your LAST CHANCE to receive a \$0 Enrollment fee before its gone. For more information, to schedule a tour or enrollment appointment, please contact us. Call 734-214-0220 (CHE) or 734-580-2500 (DEX) or visit us online at [chelseawellness.org/specials](http://chelseawellness.org/specials) or [dexterwellness.org/specials](http://dexterwellness.org/specials) today.

## National Nutrition Month® Food Drive\*

**CHE/DEX/STK March 1–15**

Help support local food bank programs. We'll deliver the food items we collect at the Wellness Centers to the local food bank to help those in need in our community. You can help: pick up a shopping list in the lobby, please do not bring opened or expired items, and drop off the suggested items in the lobby at the Wellness Centers. For more information visit the Member Service Desk or call 734-214-0220 (CHE), 734-580-2500 (DEX) or 517-851-4486 (STK).

## Youth Spring Break Pass

**CHE/DEX March 26–April 2, \$20/Week**

Chelsea and Dexter Wellness Centers are offering youth passes for member's children. Keep your kids active at the Wellness Center by enjoying all the amenities the Center has to offer. Ages: 12-17. For more information, visit the Member Service Desk or call 734-214-0220 (CHE) or 734-580-2500 (DEX).

## Blood Drive\*

**CHE March 28, 9:00am–3:00pm**

To register call 734-214-0220.

## MyFitRx®\*

**CHE/DEX/STK**

**Begin any pathway for just \$99 this March.**

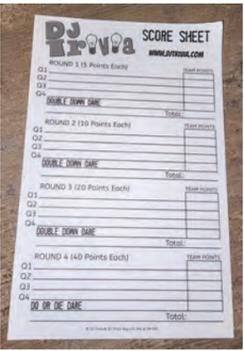
Choose one of 10 specialized pathways designed to help you meet your health and fitness goals if you are living with a medical condition or need additional support to be more active.

\*Community welcome!



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# Business Spotlight: Robin Hills Farm; DJ Trivia



▶ continued from page 1  
By Aimee Bingham Osinski  
anbingham@gmail.com

I've only been to Robin Hills Farm once for an event honoring businesses in the City of Chelsea. It was a great event but told me very little about the venue itself. This past week I was able to attend trivia night with a few fellow Mops moms. Because I have been a trivia host in my younger years, I falsely assumed I'd have a leg up. I parked and walked toward the twinkle lights on the porch. Rather than flashy nightlife, it looked like a serene backyard. I walked under the twinkle lights next to a pond and found the doors to the bar. I was working away on a computer and my friends were at a table near the bar.

By the time I arrived, we'd selected a team name. My friends, fellow Mops moms, had drinks at the table. One was drinking a craft beer and one was drinking a cocktail that was right up my alley. It was something with gin, cucumber and thyme. It also had lime or lemon and was sour and savory. I still can't remember the name but it was delicious and screamed warm summer cocktail.

My team was the Playdough Posse, yes, I was in that group of unassuming moms by the bar, saying obscenely wrong answers just a little too loud. It was part of our strategy which failed. We somehow managed to stay tied for second for most of the game. One of the moms came in clutch with an NHL question. My 30k in student loan debt provided my team with exactly one answer and that was, 'the Lasso of Truth,' from Wonder Woman. We began to realize our chances of winning were rapidly decreasing when a question from the Loan Ranger resulted in the answer, "your mom." The correct answer was, "horse." One of the moms requested I lodge a complaint about the difficulty of the questions. My complaint was that my 30k in student loans only got me one answer. We all agreed that we should

be taught more useful things in college than Great Books read by our Founding Fathers. Locke? Hobbes? Nope, but what was the name of th Butler on The Fresh Prince? We got that one right thanks to our clutch team member! If you can't tell, the Playdough Posse had a great time! We were out past our bedtimes and the 3rd place team, "Suck it Trebeck," made us laugh at old SNL memories. The cocktails were unique and delicious and the beer was really reasonably priced. Trivia was a lot of fun and the Playdough Posse is hoping we can find sitters so we can come back and redeem ourselves. If you're looking for a

fun night that isn't the typical sit in a loud bar while someone plays Journey over and over on the jukebox, DJ Trivia at Robin Hills farm is a great way to mix it up. Chances are political philosophy, won't be a question, but chances are, if it is, you'll get it wrong anyway. The service was great, the drinks were delicious and the bartender remembered my name after meeting me once. We had a great time and look forward to other events coming up soon. Trivia starts at 8 pm on Thursday. To find out what else is happening, Robin Hills has a calendar on their website <https://www.robinhills-farm.com/>.

# Tips for Dog Park Safety

▶ continued from page 7  
Whether you've been there for two minutes or twenty - bail from the park and go for a nice walk instead.

• Be ready to leave at any time. If you notice that any of the other dogs seems stressed, if other owners are not being attentive, or if your dog shows signs of discomfort, it's time to go.

Whether you've been there for two minutes or twenty - bail from the park and go for a nice walk instead.

• Keep in mind that your dog's play preferences can change by the day and also as they mature. Often dog trainers will compare a dog park to a college bar or dance club. It's fun when you

are young but as you get older you might prefer a nice chill brewery or a concert with chairs.

If you are ever unsure about whether the dog park is a good fit for you and your dog, it's better to choose another activity. Know that many dogs would prefer a different activity and that's ok!

# Madeleine Kennedy Graduates and Makes the Le Moyne College Fall 2022 Dean's List

Madeleine Kennedy, of Chelsea, MI, has graduated from Le Moyne College with a Bachelor of Science in Finance and Bachelor of Science in Business Analytics and has been named to the Fall 2022 Dean's List. To make the list, students must achieve a GPA of 3.5 or above.

Located in a suburban setting on a picturesque 160-acre campus

in Syracuse, N.Y., Le Moyne College is one of only 27 Jesuit colleges and universities in the United States. Offering more than 30 majors, Le Moyne provides a values-based education that helps students explore their potential through academics, experience and service. In 2022, for the 10th consecutive year, Le Moyne was ranked by The

Princeton Review as one of the nation's best institutions for undergraduate education, an honor achieved by only 15 percent of the colleges and universities in the nation. A Le Moyne education provides students with the intellectual skills necessary to succeed in the world and the will to use their abilities to promote a more just society.



Implementation of Mental Health  
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Mental Health **FIRST AID**  
from NATIONAL COUNCIL FOR MENTAL WELLBEING



## Youth Mental Health First Aid Training

**April 25<sup>th</sup> & May 2<sup>nd</sup>, 2023**  
**5:30 – 8:00pm**

**Location: Zoom**

*The course is open to anyone 18 and older and is free for all participants.*

**Youth Mental Health First Aid (YMHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among youth. You'll build skills and confidence you need to support youth in your community.**

### Who should get trained?

- School Staff
- Parents & Caregivers
- Coaches
- Camp Counselors
- First responders
- Youth Group Leaders
- Community Members
- Anyone who care about the wellbeing of youth in their community!



### Course Topics

- Common signs and symptoms of mental health and substance use challenges
- How to interact with a young person in crisis
- How to connect a young person to help
- Expanded content on trauma, substance use, self-care, and the impact of social media and bullying

**Learners complete a 2-hour, self-paced online course and participate in two 2.5-hour, virtual instructor-led training sessions.**

**Registration is required and closes April 21<sup>st</sup> at 5PM.**

**To learn more or register, email  
[sarah.wilczynski@trinity-health.org](mailto:sarah.wilczynski@trinity-health.org)**

# Valiant Bar and Grill Review



Photos by Aimee Bingham Osinski.



By Aimee Bingham Osinski  
anbingham@gmail.com

One of the best parts of being a reporter during the pandemic was the ability to support local businesses. I ate my way through Dexter. Who needs a pandemic to spotlight local businesses? I love food and I have yet to visit and write about the restaurants in Chelsea, so I decided to get out and eat. I had a rare babysitter Friday night so my husband and I headed to the Valiant to catch a musical act that was set to perform, Six Strings and a Mike. Mike Lee, and his guitar has been playing shows all over the area. Mike and I attended high school together back in the stone age at Saline High School. I've been trying to catch him play for a while, but he's usually playing past my bedtime. But since he was at the Valiant and I had a sitter, I could get there and stay for the whole show.

Since I ate my way through Dexter, I've attempted to eat healthier. My cardiologist urges me to be plant-based but I draw the line at cheese. So I've become vegetarian which

makes eating out more challenging. The first thing I noticed was the Valiant was slammed on Friday. I don't know if it was because so many were without power or just simply Friday night. But the restaurant was busy. We were able to get seated near where Mike would be playing. I immediately found a vegetarian dish that looked good and fell in line with the Mediterranean theme of the restaurant. I got a sample appetizer with pita, tzatziki and spicy feta. I also got a draft beer for a very reasonable price. My husband ordered the Ruben. Our server, Amie, was very nice, even while she was super busy. The service we had was great. Just so the reader knows, I never let the restaurant know, I'm doing a review. I want to see what treatment anyone might get.

Mike started performing and played everything from Poison, to REM, to Elvis. Back in High school, he was a drummer so I was impressed by his playlist. He played for 2 hours straight and debuted a new song for us, Concrete Blonde Joey.

My food did not disappoint. My husband really enjoyed his too. The music, combined with the great food and service made for a spectacular Friday night. We apologize to anyone who saw us dancing to Mike's last song of the night with zero rhythm! Mike was the drummer, not me! In my defense, though, can anyone not get up and dance to Van Morrison's Brown Eyed Girl? It is such a rare event that we go out on a Friday night, and my husband's card sent him a fraud alert after it was swiped.

If you're, like me, looking for a casual, non fussy night out, with good food and a friendly staff, check out the Valiant. If you're looking for a musician to play toe-tapping, sing-along music, check out Six Strings and a Mike. <https://www.facebook.com/SixStringsAndAMike/> I'll be staying up past my bedtime to catch him again soon. I had a great time. It's very nice to get out so rarely and have a great time doing it. Thanks to Mike and the Valiant for making my one Friday night a year, a great one!



## Chelsea Police Department Weekly Summary

Incident #: 23-1038

Date: March 11, 2023

Location: 700 block of N. Main St.

Time: 8:41 pm

**INFORMATION:** While on routine patrol an officer performed a traffic stop in the 700 block of N. Main St. for a speeding violation. The officer made contact with the driver, who appeared to be slow to respond to the officer's inquiries and had difficulty understanding what was being asked. The officer noted the driv-

er's speech was slurred and another officer on scene noted that there was an odor of alcohol on the driver's breath. The driver was asked to perform some standard field sobriety tests and at the conclusion there was enough probable cause to place the driver a 27-year-old Chelsea man under arrest for driving under the influence of alco-

hol. The suspect was booked and lodged at the Washtenaw County Jail where he would be held. The case remains open pending laboratory analysis by the Michigan State Police Crime Lab to determine level of intoxication and warrant review by the Washtenaw County Prosecutor's Office.

Incident #: 23-1026

Date: March 11, 2023

Location: 300 block of Cleveland St.

Time: 2:24 pm

**INFORMATION:** While on routine patrol an officer was dispatched to the 300 block of Cleveland

St. for the report of a malicious destruction of property complaint. Upon arrival the officer met with the complainant who stated that the previous evening (March 10, 2023) at around approximately 11:00 pm

a small dark colored pickup truck, possibly a Ford Ranger, had pulled into his driveway and had driven slowly into his yard and drove past his vehicle in the driveway. The complainant stated that the following morning he had discovered that the passenger side window and mirror had been broken on his vehicle. The complainant stated

that on several recent occasions there have been incidents where his lawn has been damaged by similar type incidents and on March 6th the complainant reported that his mailbox had been damaged and he believes that all of these incidents are related and possibly being perpetrated by the same suspect(s).

Incident #: 23-1032

Date: March 11, 2023

Location: 100 block of Madison St.

Time: 5:36 pm

**INFORMATION:** While on routine patrol officers responded to the 100 block of Madison St. for the report of a deer that had possibly been shot within the city and was laying in the complainant's yard. The complainant stated that he was outside unloading some items from his vehicle when he heard what sounded like a gunshot. The com-

plainant stated that approximately 15 minutes later his wife had stated that there were three deer in their yard and suddenly one of them dropped to the ground and was deceased. Upon the officer's arrival they inspected the deer and could not see any evidence that the deer had been shot. An area resident was contacted and came and re-

trieved the deer. While processing the deer, the area resident found what appeared to be a small caliber entry and exit wound in the body of the deer. The case was turned over to the investigator for further investigation into the prohibited discharging of a firearm within the city limits.

Incident #: 23-1008

Date: March 10, 2023

Location: 1500 block of Commerce Park Dr.

Time: 1:07 pm

**INFORMATION:** While at the station an officer was assigned a complaint of a larceny that had reportedly taken place in the 1500 block of Commerce Park Drive. The officer made telephone contact

with the complainant who stated that a snowblower had been stolen from a maintenance room on-site. The complainant stated that the theft was believed to have taken place sometime between February

16th and March 10th. At the time of the report there was no further details on a potential suspect or exactly when the item had been taken.