



**Chelsea Guardian**

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Chelsea Area Chamber of Commerce

May 17, 2024

Volume 7 Issue 20

# Chelsea Guardian

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Hamilton  
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**2024  
CALENDAR  
OF EVENTS  
SCHEDULE**  
INSIDE ON PAGE 2

## Business Spotlight in Chelsea: Namaste Family Services, LLC



Pictured is Owner of Namaste Family Services, Michael J. Patterson and his dog

From: Michael J. Patterson

Namaste Family Services, LLC has been serving the western Washtenaw County area for 15 years. Recently, Chelsea Guardian had the pleasure of learning more about this business from owner Michael J. Patterson. Read on to learn more about Namaste.

**Chelsea Guardian:** Describe your business, background info, what you special-

ize in, etc.

**Michael Patterson:** Namaste Family Services is an outpatient mental health clinic that serves Western Washtenaw and Eastern Jackson counties. We focus on issues of mental health that affect the family and individuals. We specialize in anxiety and depression. Marriage and couples counseling. Attention Deficit Hyperactive Disorder. High-func-

continued on page 10

SAVE THE DATE

SUNDAY  
AUGUST 18  
Gordon Hall in Dexter




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## HL: Lifelong resident celebrates 100 years in Grass Lake



Story and more photos on page 7.



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## Studio Open House at Alchemy Holistic Collective



Story and more photos on page 4. Photos by Aimee Bingham.



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# HEYDLAUFF'S APPLIANCES HOSTING CHEF SERIES #9



Photo courtesy of Phil Tolliver

By: D&B Strategic Marketing

Chef Series #9 will take place on Saturday, May 18, from 11:00 am to 1:00 pm in Heydlauff's Appliances New Living Showroom. The Chef Series features local chefs on the third Saturday of each month.

Chef Series #9 will spotlight Phil Tolliver of Smokehouse 52 BBQ. Space is limited; contact sales@heydlauffs.com or call 734-475-1221.

Phil Tolliver's passion for BBQ has been lifelong. He will tell you that he has had a pas-

sion for BBQ for as long as he can remember. Phil and Jenn Tolliver opened Smokehouse 52 BBQ in downtown Chelsea, Michigan, in February 2013.

As his passion for BBQ continued, Phil reached out to the best: Mike "The Legend" Mills of the 17th St. BBQ. Phil traveled south to work alongside Mike and learn his secrets and techniques for creating championship BBQ. When he returned home, Phil started to build Smokehouse 52 BBQ on Main Street in

Chelsea, combining his lessons from the farm with those he learned from Mills.

"Exceeding expectations each day, we commit ourselves to the relentless pursuit of doing the right things – not the easy things. We provide our guests with the best service and experience, always striving to exceed their expectations. This is what makes Smokehouse 52 BBQ the place to be," shared Tolliver.

Join Phil at Heydlauff's Chef Series on May 18, 2024, from 11 am to 1 pm. He will be featuring Smoked Beef Tenderloin with Blue Cheese Compound Butter.

To learn more about Smokehouse 52 BBQ and their menu, go to [www.sh52bbq.com](http://www.sh52bbq.com)

Mark your calendars for the third Saturday of every month, 11 am - 1 pm.

For more information about Heydlauff's Appliances and the upcoming Chef Series, please email [sales@heydlauffs.com](mailto:sales@heydlauffs.com) or call 734-475-1221.



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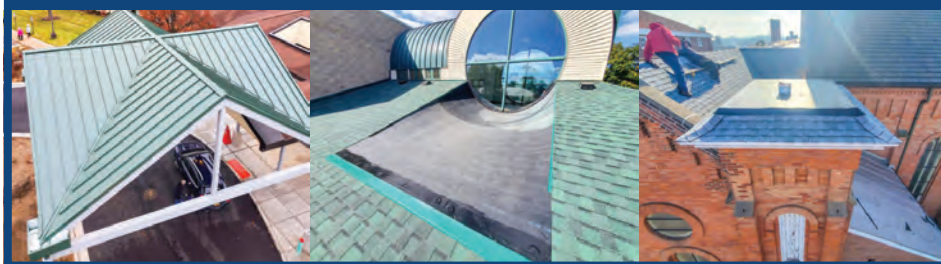
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734-231-0659  
[mpatterson.msw@gmail.com](mailto:mpatterson.msw@gmail.com)  
[namastefamilyservices.org](http://namastefamilyservices.org)

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**2024 CALENDAR OF EVENTS**

**Business Breakfasts**  
Jan 11th | 7-9am  
April 11th | 7-9am  
July 11th | 7-9am  
Oct 10th | 7-9am

**Wellness After Hours**  
Jan 17th | 5-6:30pm

**Chocolate Extravaganza**  
Feb 10th

**Curling Fest**  
Feb 24th | 8-11pm

**Annual Meeting**  
March 6th | 6-8pm

**Sounds & Sight on Thursday Nights**  
June 6th-July 25th & Oct 24th  
6:30-8:30pm

**Sounds & Sight Festival**  
July 26th-27th

**Community Picnic**  
Aug 10 | Noon to 2pm

**Golf Outing**  
Sept 4th | 7:30am-3pm

**Backyard Beer Garden**  
Oct 12th | 3-10pm

**Hometown Halloween**  
October | All Month

**Wine, Women, & Shopping**  
Nov 8th & 9th

**Hometown Holiday**  
December | All Month

**Sculpture Walk**  
All Year

**Chelsea Trail Challenge**  
Feb 1st-Nov 30th

Scan the QR Code or visit [chelseamich.com/calendar/](http://chelseamich.com/calendar/) to view a full calendar of events.

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# CHELSEA SOCCER CLUB 2024-25 SEASON: WHERE PASSION MEETS PLAY



Their philosophy is simple: soccer should be a blast for every kid who kicks a ball. When the game is fun, players pour their hearts into training, fueling their love for the sport and keeping them on the field for years to come.

nurturing a love for the game while instilling values of integrity, respect, competition, and fun."

In the 2023/24 season, Chelsea Soccer Club saw 175+ passionate kids forming over 15 teams. But it's not just about the numbers; it's about the sense of community that they foster. Seven teams are gearing up to conquer the Cherry Capital Cup in Traverse City on the weekend of May 19, promising a whirlwind of camaraderie, spirited competition, and unforgettable memories.

Director of Coaching Matthew Clarke knows this firsthand. "At Chelsea Soccer Club, I'm driven by both the highs and lows I've experienced in soccer. Every child deserves a positive relationship with the game, and it's my mission to make that a reality. We're not just coaching soccer; we're

Ready to get into the soccer action this summer? Kids in grades K-12 can sign up for summer camp. In partnership with Chelsea School District and Chelsea Community Education, summer camp is accessible to all ages and abilities. Seasoned players can dust off their cleats and prepare for the fall season, while new players can meet friends and experience the joy of the game.

Mark your calendars for Saturday, June 8, as they form teams for the 2024/25 season! Register at ChelseaSoccerClub.org. Don't miss your chance to join the Chelsea Soccer Club family and ignite your passion for the beautiful game!

The Chelsea Soccer Club is a nonprofit organization allowing boys and girls from

Chelsea and surrounding communities to benefit from a comprehensive, competitive, affordable travel soccer program. Developing healthy attitudes toward participating in team sports and understanding the importance of good sportsmanship and respect for others. [www.chelseasoccerclub.org](http://www.chelseasoccerclub.org)

**From: D&B Strategic Marketing**

Coaching soccer for kids is a thrilling journey packed with sweat, smiles, and sheer determination. Crafting the perfect training session tailored to each team's age and skill level can be challenging, but they are all about turning that challenge into triumph at Chelsea Soccer Club!

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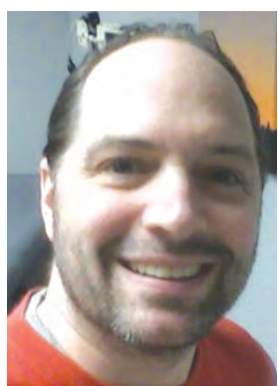
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# CHELSEA ATHLETICS



## ON THE SIDELINE: LAWN MOWERS, SPRING, SORE NECKS AND A “SPIDER GLASS”



By Don Richter  
drichter101@comcast.net

Spring has finally sprung.

Well, I guess it's actually a month or so into spring, but I don't consider it “officially spring” until I dust off the old yard work equipment. And old it is.

I've had my lawnmower for at least eight years and my weed-wacker probably for almost two decades now. My weed-wacker is so old I still use an extension cord to power it. I'm pretty sure I'm the only person on my block who still uses an extension cord with any yard tool. And I can pretty much guar-

antee you I'm the only person on my block who uses the term “weed-wacker.”

So last weekend I spent three hours trimming, weeding, picking up random sticks and mowing my lawn. As of today, I can't feel my toes and I can't bend over to tie my shoes. When did I get so out of shape?

I work a hard, physically demanding job every day and I'm in pretty darn good shape for my age if I do say so myself — and, yes, I'm probably the only person who says that. But last weekend's opening season yard work kicked my butt. I've slept 10 hours for two straight nights, but I'm still tired. My neck is so sore I can barely move my head side-to-side. It even hurts swallowing food. What is going on?

I think I'm going to break down before my yard work equipment does. Thankfully all of my yard work

tools are still operating well. Me? Not so much. Fingers crossed they (and me) last another spring/summer.

Another sure sign of spring, at least in my house, is the awakening of the bugs. Where the heck do they come from? Part of my spring work to-do list every year is to put down my bug barrier spray inside and outside my house and to spray my wasp and bumble bee preventer along and underside my roof for my shed and home. This weekend I'll be starting that project, but the bugs aren't waiting, that's for sure. I've already seen a few random ants and some spiders meandering through my house, checking out the place.

And, mind you, when I say spiders, I don't mean those cute little harmless banana-colored spiders or a lazy daddy long-legs. No, sadly in the Richter household I get

spiders the size of quarters. And they're mean with attitudes. It puzzles me why I just can't have tiny, manageable spiders in my house. But truly ever since I moved into my house, I've had big, hairy spiders. I do live on a corner close to a field so maybe that's where the hulk-like spiders are coming from? I don't know.

But after 17 years of living in my house, I've developed a pretty good system of removing the large spiders from my dwelling. Sometimes they get stepped on or “Raided,” but I'm a friendly, peace-loving man who just wants to live in harmony with nature. So, more often than not over the years, I remove the eight-legged nuisances with my trusty “spider glass.” I'm actually quite “ninja-like” in my skillful, yet assertive use of my “spider glass.” Wherever I find a large, mean-spirited

spider in my house, I rush to my kitchen and grab the “spider glass” (a simple see through dinner glass) I have located in a corner on my counter. I then proceed to re-find the spider — whether it's on the floor, in my tub, in a sink, on the wall, in a corner or on the ceiling and quietly and deftly, with a steady hand diamond cutters would appreciate, place the opening of the glass around the spider. After a few nudges to get it moving, it invariably skitters downward to the bottom of the glass as I in one fell swoop turn the glass right side up and place a small see through Tupperware container on top of the glass to seal my “prey” in. Most times the spider just chills at the bottom of the glass (I think they can sense other spiders have been where they're at and they just relax), but other times they go bizerk and want desper-

ately to get out.

Either way, in a matter of minutes I open the front or back door of my house — whichever is closest to the incident — and take the top off the glass and dump the glass upside down on the porch freeing the spider. Hopefully it lives a happy life after being freed from my glass prison.

Everyone says those same spiders probably turn around and come right back into my house. I don't know, my bug barrier will stop them, right?

Right?  
Anyone?

I've already corralled two big, hairy spiders in my “spider glass” this spring. What's going on?

I guess you can call me “Spider-Man.”

Or maybe, better yet, you can call me an exterminator.

Spring has finally sprung.

Is it winter yet...?

## Studio Open House at Alchemy Holistic Collective



► continued from page 1  
By Aimee Bingham  
anbingham@gmail.com

On Saturday, May 4th, The Alchemy Holistic Collective, hosted an open house to share with the community what the new space will offer. The studio is located at 105 E. Middle Street in Chelsea. It was a warm and sunny Saturday and downtown Chelsea was bustling with foot traffic from the Saturday Farmers Market at Palmer Commons to outdoor seating at Zou Zou's. It was a beautiful spring day in Michigan and a great deal of people were out

enjoying it.

Situated just across the street from Serendipity Books and Breathe Yoga, this little corner of Chelsea has taken on the flavor of intellectually curious and alternative healing. The Alchemy Holistic Collective according to their website, “Through a combination of ancient wisdom and modern techniques, We created a space at Alchemy where individuals can experience transformative healing on multiple levels Whether you are seeking relief from physical ailments, stress reduction, emotion-

al support, or spiritual guidance, Alchemy is here to support you on your journey to wellness.”

One of the offerings is IASIS MicroCurrent Neurofeedback, an emerging treatment designed to help the brain reboot itself. It is used to treat mind-related issues such as depression, anxiety, ADHD, and PTSD. Having tried it myself, I can say it has helped with a lifelong issue with insomnia. Another offering that I've tried is Reiki Energy Healing. Always a skeptic, I thought Reiki was just some weird woo-woo type thing. But during my session, I felt so deeply relaxed and calm, I was unsure if I was sleeping or awake. My mind is rarely that calm or peaceful so it was lovely. Another option is Reiki-infused sound Healing. According to the National Library of Medicine, “Poor mood and elevated anxiety are linked to increased incidence of disease. This study examined the effects of sound meditation, spe-

cifically Tibetan singing bowl meditation, on mood, anxiety, pain, and spiritual well-being. Sixty-two women and men (mean age 49.7 years) participated. As compared with pre-meditation, following the sound meditation participants reported significantly less tension, anger, fatigue, and depressed mood (all Ps <.001).”

Alchemy also offers PandoraStar Light Journey. According to the website, “PandoraStar is an innovative light device that replicates the brain's production of neurochemicals to induce altered states of consciousness. I sampled the PandoraStar at the open house. Sessions are typically 30 minutes. I tried a 3-minute session. I experienced vibrant closed-eye visuals. As the lights were flashing, someone was playing the singing bowls and the vibrations from the bowls were causing light vibrations. My three minute experience was interesting and beautiful enough to make



me want to try a full half-hour session and see what I would experience. Alchemy also offers group sound baths with Reiki sessions. There is also an option for Infrared heat, photon and PEMF crystal therapy, which is used for pain management, muscle recovery and decreasing inflammation. It is also currently being marketed for anti aging devices. The collective is also offering a Brain Guage assessment to measure and monitor brain health and get quantitative data to track brain function

and health.

Alchemy Holistic Collective was created by Brandon and Nicole Leffler, who reside in Chelsea with their adorable toddler. As the Alchemy holistic collective stays in town, look for more offerings. The collective is by appointment only. To schedule a healing session or learn about upcoming events check out their website <https://www.alchemyholisticcollective.com/> or email at [connect@alchemyholisticcollective.com](mailto:connect@alchemyholisticcollective.com) or call (734)210-1922.

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# Grand Finale Spring Market

Sunday May 19 • 10am-4pm

Chelsea Fairgrounds

Location: Chelsea Community Fairgrounds  
20501 W Old US Hwy 12, Chelsea, MI 48118



Get Ready for our BIGGEST spring event of the year !!  
175 vendors, live music, food trucks and snack vendors  
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### Event Details:

- Indoor + outdoor event
- Early Bird admission: (10am-11am) \$15
- General admission: (11-4pm) \$5 cash

# Adult Learners Institute's Term Ends with Local History and Football



Submitted by Joan Gaughan

For almost two decades, Grace Shackman's classes have explored the history of Washtenaw County's cities and small towns using the houses, libraries, schools, hospitals, banks and businesses, downtowns, even streets and roads. As the name of her class, Potpourri of Finds and Thoughts of 50 Years of Researching Local History suggests, on three Fridays, May 3, 10 and 17, from 1:00 to 3:00 at the Cedars of Dexter, she will offer a collection of insights into the development of several smaller communities

in the county. Her class on May 22 is an optional field trip.

As the weather warms, what we need is...FOOTBALL! And in his class, College Football A-Z, on Tuesday evening, May 21 from 6:00 to 7:30, Paul Schudel will offer his memories of playing for and coaching under Bo Schembechler along with more than forty-years of coaching at all levels of college football in the United States as well as in France and Germany, Mr. Shudel will also offer insights into how the game has changed since its inception in 1888. Note: This is a free class presented in cooperation with the Chelsea District Library. To register, call the Chelsea Library at 734 475-8732 or go online at:

<https://chelsedistrictlibrary.libnet.info/event/9710655>.

There is still time to register for two other fascinating classes.

John Hauger's class Music of the 1980s on April 26 from 1:00 to 3:00 is an exploration of the music of the twentieth century, and Kathie Gourlay and Carolyn Madden's class, Re-Entering Society with a Criminal Record on April 30 and May 7 is an examination of the painful road released prisoners must walk to regain full entry into a society that is often indifferent or even hostile to their experience.

Catalogs containing more information on these classes, as well as the registration form are available at grocery stores, libraries, senior centers and several churches and businesses throughout the Five Healthy Towns area as well as at [www.alimichigan.org](http://www.alimichigan.org).



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# SENIOR MOMENT - The Café with a Mission



**Gina Frankhart, Senior Services Coordinator explains the not-very-serious rules of Noodle Ball at a recent Connections Memory Café.**



**The action is fast and fun at the CSC Connections Memory Café.**

## Submitted by Chelsea Senior Center

At Chelsea Senior Center (CSC) Connections Memory Café, fun and social interaction are the goals. Held on the first Wednesday of each month from Noon to 1:30 pm, the Café is an opportunity for people with brain changes

and their care partners to engage in activities, have a meal, and socialize in a setting designed especially for everyone's comfort.

Memory Cafés were developed to reduce the stigma of dementia that results in isolation and stress for persons with dementia and for those

who support them. The idea was developed by Dr. Beré Miesen, a Dutch clinical geriatric psychologist. Miesen recognized the benefits of informal gatherings for those with brain disorders and their companions. To improve daily life for both groups, the cafés

create "...a place just to be." Miesen launched the first Alzheimer's Café in 1997. The concept spread to the UK in 2000, and to the US in 2008. Known as either Alzheimer's Café or Memory Café, there are more than 1200 US locations listed in the Memory Café Directory.

Bill O'Reilly, Executive Director of CSC, notes that support for Chelsea Senior Center's Connections Memory Café comes from a 5 Healthy Towns Foundation grant. Saline established the first café in the area. Grass Lake Senior Center launched a Memory Café in December 2023. Dexter Senior Center, Stockbridge Area Senior Center and Manchester Senior Center also are considering starting memory cafés. O'Reilly said that the goal is to have cafés in different locations on different weekdays, so that there will be multiple opportunities for people to attend.

A brief look at dementia statistics reveals the urgent need for such services. In 2023, the Alzheimer's Association estimated that 6.7 million Americans are living with Alzheimer's. This number excludes other forms of dementia. It is estimated that there are more than 11 million unpaid caregivers, largely consisting of spouses and family members. These figures are expected to rise as the population ages; 2024 estimates are that 11% of the population of Michigan live with Alzheimer's, which is more than 200,000 people.

Gina Frankhart, CSC Senior Services Coordinator, plans each Connections Memory Café to be fun and socially interactive. While bingo is a favorite activity, says Frankfurt, noodle ball, chair exercises, drumming, gardening, and seasonal art projects are also featured to engage participants. The array of activities sparks conversation because of

the shared experiences. Frankhart notes that the Café has had as many as 18 participants, and there is room for more to make new connections. Lunch is provided.

Connections Memory Café is not a drop-off program; caregivers and their loved ones can enjoy one another's company, the activities of the day, and the supportive atmosphere.

Don't let a transportation challenge deter you. Call the Senior Center and let their transportation coordinator tell you about the ways they can help get you to CSC.

For information and to make a reservation for the next Connections Memory Café, call CSC at 734-475-9242. New volunteers are always welcome as well.

The Senior Moment feature highlights opportunities for older adults through the Chelsea Senior Center and related organizations.

# Chelsea History Museum Walks Back to Era of Taverns, Pubs, and Prohibition

By: Jan Bernath

Chelsea may be famous for Jiffy Mix, the Purple Rose Theatre, and its thriving art and restaurant scene, but there's more to the city's story.

The Chelsea Area Historical Society's wildly popular walking tour -- "Boozy History of Chelsea: Saloons, Pubs & Bars," -- returns this year on Saturdays, June 15 and 22.

Tour leader and organizer, Jasen King, is excited about the

museum's new "pub crawl." Working with former board member Cary Church's research and museum volunteer Mary Keaton, he found a deep well of stories dating from the 1850s through the 1990s, highlighting a wild and free-flowing past filled with political intrigue, gambling, murder, and hours-long fist fights.

"Chelsea has a fascinating history," said King. "Much of the past has been forgotten, but this tour will

tell the stories of legal and illegal drinking, tavern escapades, the temperance movement and prohibition, and how the landscape and demand for alcohol morphed into today's sensibility."

King said that, at times, the rules and regulations were less stringent, but sometimes state politicians, like Frank Glazier, took a local and strong hand in solving the drinking and gambling problems of their era.

CAHS board pres-

ident and Chelsea native, Jan Bernath, recalls the "bar scene" growing up in the 1940s and '50s.

"I always thought Seitz's on West Middle Street was the only bar ever in town," said Bernath. "When the idea came up to develop a historic pub crawl, I was all in. I'm thrilled with the new tour and the stories and secrets behind Chelsea's familiar storefronts that are still standing."

Because much of the walking event

takes place in the city's social district, the tour includes stops for beverages. Walkers will be able to stroll with their beverage of choice.

Tickets and more info about "Boozy Chelsea: Saloons, Pubs & Bars" are available via Eventbrite.

Admission is \$20 for the 90-minute tour, with discounts for museum members.

The mission of the Chelsea Area Historical Society is to gather and preserve Chelsea area history, educate

the public, and promote the restoration and preservation of historic buildings and sites for future generations. The museum is located in the 1853 Boyd House, at 128 Jackson St., across from the Chelsea Depot. The museum is open Saturdays, noon to 3 p.m. and on Thursdays evenings, 6:30 to 8:30 p.m., during Sound & Sights. For more information, visit [www.chelseahistory.org](http://www.chelseahistory.org) or call (734) 800-1850.

# A Walk in the Woods with a Senator



Photos By Aimee Bingham

By Aimee Bingham  
anbingham@gmail.com

Michigan State Senator of the 14th District hosted a unique style coffee hour with constituents. Friday, May 10th, rather than finding space in a dark coffee shop, Sue hosted a nature walk at Waterloo led by members of the DNR. Three members of the DNR took attendees on trails in Waterloo, one stopped at different areas of interest, provided attendees with pertinent information and allowed hikers to ask questions. As we walked, the Sen-

ator greeted constituents and answered their questions. Under the trees it was a little chilly but through a stroke of luck, the walk happened to be a clear day without rain, which happened the day prior and the day after. A walk in the woods is not a typical style coffee hour but was the perfect way for the Committee Chair of Natural Resources and Agriculture to connect with voters. Voters agreed as the Senator noted one of her best turnouts for this sort of event.

One stop happened

when the DNR leader noticed mushrooms on the ground. He explained that mushrooms indicate a healthy forest. He explained that mushrooms are the fruit (technically a fungus) of the forests' underground communication center. According to the National Forest Foundation: "Taken together, mycelium composes what's called a "mycorrhizal network," which connects individual plants together to transfer water, nitrogen, carbon and other minerals. German forester Peter Wohlleben dubbed this network the "woodwide web," as it is through the mycelium that trees "communicate."

Hikers also learned about invasive species and how not to take them along and spread them. Garlic mustard is flowering in Waterloo

now. It is invasive and edible. I learned from a knowledgeable hiker that the time to pull if trying to eradicate is when it's flowering and one must get the root system as well. Senator Shink and several hikers went to work pulling the plants. Though I have an interest in foraging for food, I opted to not collect the harvest to avoid spreading the problem. If you already have Garlic mustard in your yard, pull it as it's flowering and if you decide to eat it, cook it thoroughly as older plants do contain cyanide.

Those of us on the hike learned about our evolving forest, how the lakes were formed in Waterloo and more. After the hike, we were invited to stay, enjoy snacks provided by The Senator, ask questions



and voice concerns. So, the concerns brought to Senator Shink's attention were; breaking free from the domination of the power company and utilizing more solar energy in homes, the deer population and the size of bike paths. I was only listening and not privy to entire conversations so I may not have it exactly right.

I asked the reps from the DNR if visitors were allowed to forage in Waterloo. The answer is yes, with the exception of ginseng. You heard it, If you find a morel, can accurately identify it, you can collect it and enjoy. You

can collect dandelion greens or dandelion roots for tea. But leave the ginseng alone. I also learned that the Discovery Center will be hosting a plethora of events for children and adults this summer. Further, I learned that basically everything offered is kid-friendly except the Monday nature book club. It is geared toward people aged 15 plus. It will meet starting May 27th at 10 am in the pavilion. For more information on the book club call (734) 590-1816. For more information regarding events hosted by the DNR at the Discovery Center <https://www.michigan.gov/dnr/places/v-centers/eddy> and click on events. To contact Sue Shink visit [SenSShink@senate.michigan.gov](mailto:SenSShink@senate.michigan.gov) or call 517-373-2426.

# HL: Lifelong resident celebrates 100 years in Grass Lake



► continued from page 1  
By: Natalie Davies

Lifelong Grass Lake resident Hellen Marilyn Loveland became a centenarian on May 1. She has spent the last 100 years contributing to her community and family, and she's done everything from driving a school bus to becoming a great great grandma.

Loveland was born a middle child to Edwin and Helen Myers on Church Street. Her father was a mailman, and her family moved to a farm on Grass Lake Road when she was 5 years old. The farm - now owned by her son Tom - will celebrate 100 years of family ownership in 2029.

Her older sister Enid was born in 1921 and passed away in 2011. They have three younger siblings JoAnn, 98, Barbara, 94, and Charles, 88.

She said her earliest memory is from kindergarten going over to her friend's house after school when she wasn't supposed to. She attended elementary school on Michigan Avenue where the Schoolhouse Apartments now stand. She said the school struggled to get teachers.

"In first and second grade we had a teacher that was just like a grandmother to us. She was old. She used to read to us. But then in third and fourth grade, they had trouble

getting teachers. My teacher committed suicide. Sixth grade was there (at the schoolhouse,) too. They kind of had trouble because the boys were naughty, but finally the superintendent put his wife in there and she straightened them up."

She said at age 10 she started helping her dad on the farm doing chores. Cows, horses, pigs and chickens filled the farm.

"We had eight cows, and I had one that was my cow and I always milked her. I sat on a little stool with a pail between my legs," she said. "I don't know whether I had a name for her or not... Dad was gone most of the day or morn-

ing, and if he needed a field dragged after he plowed it, he'd hook up the drag to the horses then I'd just go out in the field. I didn't like horses, but if I was behind them I was alright."

Loveland played on the women's high school basketball team at Grass Lake as well as played the drums in the band. She graduated in 1942 and worked at the Ford Plant in Manchester for four years during World War II.

She said she met her husband Leroy, who graduated from Chelsea High School, through her sister Enid, who married his brother.

Loveland married Leroy on March 30, 1946. They first lived on Kilmer road closer to the plant where she worked, and she still lives in the house they built on her father's farm in the mid 1950s. They had three children: Clifton, Mary and Tom.

Marilyn and Leroy spent 71 years together before he passed away in 2017. Loveland spoke highly of her adventures with Leroy. She said some of her favorite trips with him include honeymooning in Washington D.C. and visiting Hawaii with friends.

They were members of Grass Lake's Order of the Eastern Star chapter where they spent hours talking, playing cards and making community plans at what was called the Masonic Temple at the time.

Loveland drove a bus for the Grass Lake School District for 23 years starting in 1965. She said she drove a little van of kindergartners.

"They had two runs then, one in the morning and then an afternoon. They (students) would come in the morning (for) a few (hours) and then I'd take them home and pick up another bunch and bring them into school and they'd

go home on a big bus."

She said she spent six months filling in for a mail carrier who took a leave.

Loveland has seen many technological changes in her lifetime, including the switch from outdoor to indoor plumbing, electric stoves, the invention of washing machines and dryers and even mobile phones. She said her favorite advance she has lived through is cars, and her favorite car is the one her daughter Mary, who lives with her, drives her in today.

Loveland retired in 1988. The last few years she has traveled to South Carolina with her daughter Mary to visit family. Loveland also spends her days coloring, watching animals out the window and keeping track of her three children, 14 grandchildren, 31 great-grandchildren (one on the way), and six great great grandchildren.

"I have a big family, and I love them all," Loveland said. "They are good family."

As a former basketball player, Loveland said she loves keeping up with and attending her grandkids' sporting events. She also watches Michigan State and women's sports, her favorites on TV.

She said Grass Lake has changed a lot in the last 100 years.

"It was a lot better then than it is now," Loveland said. "If you look at the stores downtown, they're all empty. And then they were all full."

Loveland remembers all the stores downtown like the back of her hand. She said she misses the dry goods and grocery store on the North side by where Missys Grass Shack is now.

"(If) you went in the store to buy anything, you wouldn't go around and pick it up," she said. "You stood there and told them what you wanted, and

then they put it on the table."

She said the other side of the street hosted a dry goods store with clothes and shoes, a barber shop, the post office, and a woman-led store that "no matter what you wanted, she had it."

Loveland said over where the Copper Nail now sits was a hotel with a restaurant. A bakery owned by her aunt and uncle, who retired in 1937, sat next to the hotel, she said.

"They had the best cookies and donuts," Marilyn said. "I used to go in there and kind of help them a little bit. My sister used to go in and wash dishes for them, which was a big deal."

Loveland said other downtown amenities included Carter's Drugstore, a bank that still stands, the pharmacy, a chapel and a meat market. The big building was Foster's Furniture. Her brother Dale built a gas station later on.

Loveland said 100 is her favorite birthday yet. She said there's nothing specific she wants for her birthday, but is excited to see her family reunited at her birthday party and get a group photo.

"I didn't think I would make it, but I did," she said. "That must be what's kept me going."

Becky Loveland, H. Marilyn's granddaughter, said she had her knees replaced in her 50s and a few artery stents after she had a heart attack at 71, but has otherwise been healthy.

"She's got that 'I got myself syndrome' that gets her to where she's at today," Becky said. "She just took care of everything. Still trying today, even if she falls, she gets herself up."

She said her advice for the youngsters is to do all the right things.

"Love everybody," she said. "Don't hate anybody. That's what our country needs to do."

49th Annual Art Fair

## Chelsea Painters








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49TH ANNUAL  
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# Chelsea Senior Center Offering Grant-Funded Lock Boxes to Seniors



**Chelsea Senior Center**

The Chelsea Senior Center (CSC) is offering free security lock boxes for area seniors. CSC secured funding to provide area seniors (age 60+) home security lock boxes at no cost thanks to the federal American Rescue Plan Act (ARPA) program managed by Washtenaw County.

CSC is managing this program in conjunction with the Chelsea Area Fire Authority (CAFA). The boxes securely store a spare key to your residence so emergency responders called to your residence

will have the ability to access a key and enter to provide you assistance without having to force down your door. An immediate benefit of these secure boxes is avoiding considerable damage, and associated costs, if emergency responders must forcibly open your door. Additionally, it provides emergency responders with quicker access to get to you as quickly as possible.

These boxes are registered with and installed at no cost by CAFA staff. They are the only ones that

have the code to open the box, so you have the additional peace of mind knowing that the key(s) is secure. These boxes are available while supplies last. One box per household for residents 60 and older of the CAFA service area: Chelsea, Lima, Lyndon, Sylvan and parts of Dexter Township. Boxes must be used for this CAFA program and only installed by CAFA staff.

The boxes are only available at the Chelsea Senior Center and must be picked up in person. The boxes cannot be mailed. CSC hours are Monday through Friday, 8:30 a.m. to 4:00 p.m. When boxes are picked up, instructions will be provided for calling CAFA to schedule an installation.

Chelsea Senior Center (CSC) is a 501c3 nonprofit organization in Chelsea, Michigan. Its mission is to enhance the quality of life and well-being for area seniors and their families. Chelsea Senior Center is located at 512 Washington Street. Contact CSC at [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org) or (734) 475-9242.

# Chelsea's Brodeur Graduates from EMU



**From: Rosie Brodeur** her Bachelor's Degree from EMU in Criminal Justice & Legal Studies. She also obtained an Associate's Degree from Eastern Michigan University. She is a 2017 graduate from Chelsea High School. She earned

# Chelsea's Natalie Davies receives Athletics Deans' Award



**Pictured with Natalie is WSU head cross country and track & field coach Grant Lofdahl**

**From: Jeffrey Weiss** At Wayne State University athletics year-end celebration women's cross country/track & field student-athlete Natalie Davies received the Athletics Deans' Award for the College of Education.

Deans' Award recipients have the highest cumulative GPA of any student-athlete in

that college.

\*College of Fine, Performing, and Communication Arts - Junior

Natalie Davies (Chelsea, Mich.), a member of the women's cross country and track & field squad, is the 2023-24 recipient of the Deans' Award from the College of Fine, Performing, and Com-

munication Arts. A Journalism major, Davies has achieved Athletic Director's Honor Roll (term GPA 3.5+) status all five semesters, including three times with a perfect 4.00 term GPA. She has earned seven letters at WSU (three in cross country and two each in indoor track and outdoor track).

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**CLASS SONG:**  
**"Good Old Days"**  
 - Mackelmore

**CLASS MOTTO:**  
**"The Best is Yet to Come"**

**TOP 10**  
**CHELSEA HIGH SCHOOL**  
 - CLASS OF -  
**2024**



**Ryan Fredericksen**

**Parents:** Rich and Cindi Fredericksen

Ryan has been an academic letter recipient for three years and also a member of the National Honor Society and AP Economics competition team. He also has been active in the Symphony Orchestra for three years. Ryan will graduate with Summa Cum Laude status and is a SEC All-Academic Award recipient as well. Ryan also participated on the Varsity Tennis team for 3 years where he was a State Semifinalist for two years; also played JV tennis for one year. For 3 years, he received the MHSAA SEC academic award. Ryan was active in club soccer for 10 years and played JV soccer for one year. He was President of the Ping Pong Club as well.

Ryan's favorite memory from high school was hanging out with the tennis team at states his sophomore year.

He will be attending the University of Michigan in the Fall.



**Cyprus Gabriel-Menegay**

**Parents:** Maegen Gabriel and Dean Menegay

Cyprus is a member of the National Honor Society and is a SEC All-Academic Award recipient. She will graduate with Summa Cum Laude status as well. Cyprus participated in many activities in high school including running cross country, section leader in band and was also the Queen of Ping Pong Club. She loves to play tennis as well.

Cyprus' favorite memory from high school was doing Just Dance the Friday after a test with her BC Calculus class!

She plans to attend the University of Michigan to study neuroscience.



**Caroline Knight**

**Parents:** Corey and Catherine Knight

Caroline has been a part of the Volleyball, Basketball, and Soccer teams during all 4 years at CHS. She was a captain and 2x All Conference Middle Blocker in volleyball. A 3x SEC champion, 2x District champion, and recipient of the BCAM team first award in basketball and an All District and SEC sportsmanship award winner in soccer. She was Vice President of both the Student Council and National Honor Society and member of the Student Athletic Advisory Committee and SRSly club at CHS. Caroline also participated in the swine club and showed pigs at the Chelsea fair. She has also been a member of the Silver Maples Culinary team throughout her time in high school. Recently, Caroline competed at the Michigan Personal Finance Challenge with the CHS team and they won 1st place! She will graduate with Summa Cum Laude status as well.

Her favorite memories of high school were all of the smiles she shared with teammates, classmates, friends, and teachers. She is very thankful to live in such a supportive community.

Caroline plans on attending the University of Notre Dame and majoring in Neuroscience and Behavior on the Pre-med track.



**Katherine Krugh**

**Parents:** Joe and Rachel Krugh

Katherine has been in the Community Coordinator leadership role for Key Club at CHS where she has been a member since sophomore year, member of the Econ Challenge team and member of the Varsity Quiz Bowl team. She participated in Chelsea Chamber Choir through Junior year, while earning highest recognition (1) at Solo & Ensemble Festival for a solo. Katherine was also a member of the National Honor Society. She was the Topical Winner of LPSNG and Just Poetry annual poetry competition and published in their "American High School Poets - Fall 2023 anthology". Katherine received the College Board's National Rural and Small Town Recognition Program award. She will graduate with Summa Cum Laude status as well. Athletically, Katherine was a 4-year CHS Women's Varsity Soccer player, team captain junior and senior year, and All-SEC player. She also participated in Varsity track Sophomore year, earning two varsity letters (in both track and soccer) in one season. Katherine was a Coaching Intern for the Chelsea Soccer Club as well.

Her favorite memory from high school was making life-long connections with the international exchange students that her family has hosted.

Katherine plans to attend Carleton College and study both psychology and philosophy.



**Thomas Olaveson**

**Parents:** Daryl and Tracy Olaveson

Thomas received the Rural Small Town award. He is the National Honor Society President, where he was very active in tutoring and he will graduate with Summa Cum Laude status. Thomas also participated on the golf team and played AAA hockey throughout high school.

His favorite memory from high school was winning the State Personal Finance Challenge.

Thomas will be attending the University of Wisconsin to study Engineering.



**Jenna Ouellette**

**Parents:** Laura Ouellette, Patrick Ouellette

Jenna is a member of the National Honor Society and will graduate with Summa Cum Laude status. Jenna was also a member of Student Council and SRSly while at Chelsea High School. In addition, she has been a recipient of the Portrait of a Graduate award at CHS. Athletically, Jenna has been a 4-year Varsity starter with the Softball team. She has received All-State/Region/District/Conference 1st Team honors for multiple years and was selected for the Ann Arbor Dream Team. In Volleyball, she has been a 3 year starter, team Captain and selected for All-Region/Conference recognition for multiple years as well.

Her favorite memory from high school was making it to the state semi-finals her freshman year for Softball.

Jenna plans to attend the University of Michigan School of Nursing and play softball.



**Lillian Snyder**

**Parents:** Deborah Snyder and Jeffrey Snyder

Lillian is a writer for the CHS BleuPrint school newspaper and has been the print editor for three years. She is a member of the National Honor Society, has earned her academic letter and will graduate with Summa Cum Laude status. Lillian has received many honors: National Merit Scholar Finalist, AP Scholar and the National Rural and Small Town Recognition Program award from College Board. She was also nominated for the annual WXYZ Brightest and Best and nominated as the Presidential Scholar Candidate. Lillian has been a four year member of the CHS symphony orchestra and earned her music varsity letter; she also has been part of the chamber orchestra for two years. She has also competed at numerous festivals and competitions, including state solo and ensemble and MASTA Chamber Music festival. Athletically, Lillian has been a four year member of the CHS swim and dive team, earned her varsity letter, was the 2023-2024 team captain and earned All-America academic status. She also was a four year member of the tennis team. Her favorite memory from high school was teaming up with Sam Bleber and Sonja Schemahorn in orchestra to play an unconventional Fiddle Trio and receiving a shout-out from the composer who heard from our competition judges how well we played the song.

Lillian will be attending Brigham Young University and majoring in Biophysics with a minor in Music.



**Sophia Stone**

**Parent:** Tara Stone and David Stone

Sophia's awards/accomplishments include receiving College Board's National Rural and Small Town Recognition Award, as well as the AP Scholar Award from College Board. In addition, she was nominated for the Chelsea High School Excellence Award. She is a member of the National Honor Society. Also, she received her academic letter every year and will graduate with Summa Cum Laude status. Sophia played soccer for both Chelsea Soccer Club and Chelsea High School for three years and worked with the CHS BleuPrint for two years and volunteered for the Key Club. She also volunteered in University of Michigan's Pletcher Laboratory where they research fly aging.

Her favorite memory from high school was winning the powderpuff football game with all her friends her senior year.

Sophia will be attending the University of Michigan in the fall.



**Gavin Taylor**

**Parents:** Rob Taylor and Angela Menegay

Gavin received the National Merit Letter of Commendation and will graduate with Summa Cum Laude status. He was a member of the Ping Pong club and plays the cello.

Gavin plans to attend Washtenaw Community College to study computer science.



**Wynne Van Hoek**

**Parents:** Elizabeth and Jonathan Van Hoek

Wynne has been a dedicated participant, leader, and mentor within Chelsea Robotics for five years; Academic honors include AP Scholar Award and the Commended Student Award from the National Merit Scholarship Program. Wynne was also a member of the National Honor Society and will graduate with Summa Cum Laude status.

Wynne's favorite memory from high school was building competitive marshmallow launchers in a Tech & Design class to test against classmates!

Wynne plans to attend the University of Michigan to study engineering.

# Business Spotlight in Chelsea: Namaste Family Services, LLC

► continued from page 1  
tioning Autism (Aspergers). Transitions. Divorce mediation and recovery.

**CG:** How many years have you been in business?

**MP:** While my business has been full-time in Chelsea since 2009, I have been a licensed Master's Level therapist since 1992.

**CG:** What areas do you serve and do you offer any specials?

**MP:** My practice serves the communities of Chelsea, Dexter, Stockbridge, Grass Lake, Manchester, Napoleon, and Ann Arbor.

**CG:** What made you want to start this business?

**MP:** My first business was at the age of ten. My father owned a doughnut shop in the late sixties. So I started to sell doughnuts in my neighborhood. Being in business for myself has always been a part of my life. When I decided to become a therapist, I knew that eventually, I wanted my own practice. I worked for a few other agencies but always had a small practice on the side.

In 2009 I opened up Namaste Family Services in downtown Chelsea. Initially, I rented an office from a dear friend Ed Hume-nay, who has been a long-time therapist in Chelsea and Jackson. However, I wanted my own space. If you visit my office you find it has a southwestern motif. At one time I desired to live in New

Mexico or Sedona AZ. However, due to family obligations, I have not been able to move, so I brought the southwest to my place of business.

**CG:** What characteristics do you feel set you apart from similar businesses in the area?

**MP:** My treatment approach is eclectic. I utilize different therapy approaches for treatment in combination with each other to tailor my intervention and guidance specifically for each client. In addition to the basic theories of treatment (Family Systems, Cognitive-Behavioral, and Psychodynamic) I will add innovative concepts as indicated. For example Dialectical Behavioral Therapy, or Trauma-Focused CBT. I remain flexible to the client's needs and goals to give them the best outcome possible.

**CG:** What do you love about where your business is located in Chelsea and why did you choose to open your business there?

**MP:** Chelsea is a thriving and dynamic community that embraces diversity, yet solid family values. It has a small-town feel with progressive activities such as art, theater, dance, and of course the many wonderful restaurants.

**CG:** Any other facts or information you would like the Chelsea community to know?

**MP:** I grew up in Ann Arbor. I attended Eastern Michigan

University for my undergraduate degree and completed my Master's in Social work at the University of Michigan in 1992.

I started in substance abuse treatment at Chelsea Hospital in 1992. I worked for a couple of other hospital-based behavioral health institutions until I decided To be full-time self-employed. What has helped me to build this business is my knowledge from my previous life of marketing and business. I can truly say I love what I do. Before switching careers as stated I was in sales and marketing. I made a nice living and had great flexibility. However, my heart was not in it. After 3 years of working in a crisis intervention center as a volunteer, I felt I found my true calling. While at times it can be difficult if not heartbreaking, I rarely dread coming to work. I have worked with a diverse population. From the underprivileged to those who are well-off. Emotional pain hurts no matter what your economic status. While I do look forward to retirement, I will always have fond memories of the many people whom I have served in my role as a therapist.

Namaste Family Services is located in Chelsea at 110 North Main Street, Suite A. For more information call 734-231-0659 or visit: <https://namaste-familyservices.org/>.



## Chelsea Police Department Weekly Summary

**Incident #: 24-1424**

**Date:** May 6, 2024

**Location:** 300 block of Taylor Ln.

**Time:** 7:18 pm

**INFORMATION:** While on routine patrol officers were dispatched to the 300 block of Taylor Lane for the report of a fraud complaint. Upon arrival the officers met with the complainant who stated that he had been online and was trying to make a financial transaction using an online payment processing service. The complainant

stated that he had contacted the company by phone after finding the telephone number online. The complainant stated that the person he had contacted by phone asked him to provide vital identification information and then directed the complainant to download a crypto wallet. A short time later the complainant discovered

that money had been withdrawn from his account and was done without his authorization. The complainant was advised to contact the payment processing service regarding the unauthorized transaction. At the time of the report there was no suspect information available.

**Incident #: 24-1446**

**Date:** May 8, 2024

**Location:** 400 block of AD Mayer Dr.

**Time:** 8:43 am

**INFORMATION:** While at the Chelsea Police Department an officer was assigned a telephone complaint regarding a larceny of a wallet. The complainant stated that she had just been notified of some fraudulent activity on a credit card. The complainant stated that when she went to

retrieve her wallet, she discovered her wallet was missing. The complainant stated that she had been at an athletic event on May 7th between 6:00 pm and 7:45 pm and she last remembered having her wallet at the event. The complainant was unsure if she had the wallet after the event. The com-

plainant stated that after leaving the event she had driven home and the following morning is when the fraudulent activity had been reported and the wallet was discovered missing. At the time of the initial report there was no suspect information available.

**Incident #: 24-1471**

**Date:** May 10, 2024

**Location:** 200 block of Harrison St.

**Time:** 10:00 pm

**INFORMATION:** While on routine patrol an officer was dispatched to the 200 block of Harrison Street for the report of a larceny complaint. Upon arrival the officer made contact with the complainant who stated that he had dis-

covered that someone had stolen a ladder off of his pickup truck. The complainant stated that he had parked his vehicle in his driveway and the vehicle had a ladder which was secured by some ratchet straps. The complainant stated that the following

morning when he went outside, he discovered that the ladder was missing along with the ratchet straps that held it onto the vehicle. At the time of the report there was no information on the identity of the suspect(s).

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