



Chelsea Guardian

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Chelsea Area Chamber of Commerce

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Chelsea Guardian


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Hamilton
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**2024
CALENDAR
OF EVENTS
SCHEDULE**
INSIDE ON PAGE 2

Cinderella Presented by Ballet Chelsea



**SAVE THE
DATE**

SUNDAY
AUGUST 18
Gordon Hall in Dexter



Celebrate!
Farm to Table
A benefit dinner for the 5 Healthy Towns' Farmers Markets
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Story and more photos on page 7. Photos By Aimee Bingham.



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**SOMETHING NEW
IS COMING YOUR
WAY
MAY 2024**




www.chelseastate.bank

Pennies and Pickets for TimberTown Help Reimagine Chelsea's Largest Park



Story and more photos on page 6




2024 Events!

50/100 Centennial Series

- Jan 8 ~ Merkel Furniture with Tim and George Merkel
- Mar 4 ~ Cole Funeral Chapel with Allen Cole
- May 6 ~ Chelsea Milling Company with Howdy Holmes

- Aug 5 ~ Chelsea State Bank with John Mann
- Sep 9 ~ Chelsea Lumber Company with John Daniels
- Oct 7 ~ Lane Animal Hospital with Chan Lane
- Nov 4 ~ CAHS 50th Anniversary with CAHS Board

2024 Tours & Gatherings

Spring & Summer ~ To be Announced!

- Fall ~ Haunted Chelsea
- December 7 ~ Holiday Home Tour
- December ~ Holiday Potluck

“A love letter to the City of Dexter.”



That's how Music Director David Schultz describes the piece local composer Evan Chambers wrote for the Dexter Community Orchestra, “from the woods to the waters and home”.

Composed to commemorate Dexter's Bicentennial, the work uses the sounds of nature to paint a musical picture of the woodlands and streams that formed the town's 200-year history.

You don't want to miss the premier of “from the woods to the waters and home”, which will occur as part of the DCDO's Bicentennial Concert Sunday, May 5, 4 pm at Dexter High School.

Also on the program is Beethoven's epic Ninth Symphony which will feature a 120-member chorus. This performance marks another bicentennial – it was 200 years ago, almost to the

day, that this beloved piece was premiered in Vienna, on May 7, 1824.

This is truly a once-in-200-years event. As always, DCO performances are free, no ticket required (although you may want to arrive a bit early to get a good seat, as this promises to be a very popular concert). As always, donations to the DCO are appreciated.



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2024 CALENDAR OF EVENTS

<p>Business Breakfasts Jan 11th 7-9am April 11th 7-9am July 11th 7-9am Oct 10th 7-9am</p> <p>Wellness After Hours Jan 17th 5-6:30pm</p> <p>Chocolate Extravaganza Feb 10th</p> <p>Curling Fest Feb 24th 8-11pm</p> <p>Annual Meeting March 6th 6-8pm</p> <p>Sounds & Sights on Thursday Nights June 6th-July 25th & Oct 24th 6:30-8:30pm</p> <p>Sounds & Sights Festival July 26th-27th</p>	<p>Community Picnic Aug 10 Noon to 2pm</p> <p>Golf Outing Sept 4th 7:30am-3pm</p> <p>Backyard Beer Garden Oct 12th 3-10pm</p> <p>Hometown Halloween October All Month</p> <p>Wine, Women, & Shopping Nov 8th & 9th</p> <p>Hometown Holiday December All Month</p> <p>Sculpture Walk All Year</p> <p>Chelsea Trail Challenge Feb 1st-Nov 30th</p>
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Scan the QR Code or visit chelseamich.com/calendar/ to view a full calendar of events.

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CHELSEA ATHLETICS



ON THE SIDELINE: LAWN MOWERS, SPRING, SORE NECKS AND A "SPIDER GLASS"



By Don Richter
drichter101@comcast.net

Spring has finally sprung.

Well, I guess it's actually a month or so into spring, but I don't consider it "officially spring" until I dust off the old yard work equipment. And old it is.

I've had my lawn-

mower for at least eight years and my weed-wacker probably for almost two decades now. My weed-wacker is so old I still use an extension cord to power it. I'm pretty sure I'm the only person on my block who still uses an extension cord with any yard tool. And I can pretty much guarantee you I'm the only person on my block who uses the term "weed-wacker."

So last weekend I spent three hours trimming, weeding, picking up random sticks and mowing my lawn. As of today,

I can't feel my toes and I can't bend over to tie my shoes. When did I get so out of shape?

I work a hard, physically demanding job every day and I'm in pretty darn good shape for my age if I do say so myself — and, yes, I'm probably the only person who says that. But last weekend's opening season yard work kicked my butt. I've slept 10 hours for two straight nights, but I'm still tired. My neck is so sore I can barely move my head side-to-side. It even hurts swallowing food. What is going

on?

I think I'm going to break down before my yard work equipment does. Thankfully all of my yard work tools are still operating well. Me? Not so much. Fingers crossed they (and me) last another spring/summer.

Another sure sign of spring, at least in my house, is the awakening of the bugs. Where the heck do they come from? Part of my spring work to-do list every year is to put down my bug barrier spray inside and outside my house and to spray

my wasp and bumble bee preventer along and underside my roof for my shed and home. This weekend I'll be starting that project, but the bugs aren't waiting, that's for sure. I've already seen a few random ants and some spiders meandering through my house, checking out the place.

And, mind you, when I say spiders, I don't mean those cute little harmless banana-colored spiders or a lazy daddy long-legs. No, sadly in the

Richter household I get spiders the size of quarters. And they're mean with attitudes. It puzzles me why I just can't have tiny, manageable spiders in my house. But truly ever since I moved into my house, I've had big, hairy spiders. I do live on a corner close to a field so maybe that's where the hulk-like spiders are coming from? I don't know.

But after 17 years of living in my house, I've developed a pretty good system of **continued on page 9**

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CHELSEA ATHLETICS



CHELSEA BULLDOGS BOYS TRACK & FIELD

2024 BOYS T&F PINCKNEY DUAL MEET SUMMARY

The Chelsea Bulldogs boys track and field team traveled to Pinckney on a warm, breezy Tuesday to take on the defending SEC White champions, the Pinckney Pirates in an SEC dual meet. It was a tight meet that came down to a few key moments that pushed the dogs to a 73.5 to 63.5 victory over the Pirates. Highlights below:

• Relays and field events were the key to success for the dogs. A special shout out to

our field event coaches, Shane Rodriguez, James Mida, Ryan Houle, and Ryan Anderson for developing our guys the right way and setting them up for success.

• The dogs won 3 out of 4 relays including:

• The 4x800 team of Jackie Dell, Brant Maley, Beckett Boos, and Connel Alford.

• The 4x200 team of AJ Smith, Caden Steele, Gus Wehrly, and Kai Ziolkowski.

• The 4x100 team

of Regan Plank, Ethan Collins, Caden Steele, and Gibson Ichesco.

• Field events had a huge day as well.

• Nolan Fleszar had a huge PR in the pole vault (12' 6") and took second in the event.

• The high jump crew of JJ Turnbow, Plank, and Cash Anderson took 1st, 2nd, and tied for 3rd in the event.

• Long jump was dominated by Turnbow (20' 5.5") and Ichesco (19' 9"). Ich-

esco now holds the freshman long jump record at Chelsea!

• The throws crew had a ton of PRs. Indiana Hurst, Carson Freeman, and Chase Maihofer swept the shotput while Maihofer took 3rd in the discus.

• Connel Alford took 2nd in the 1600 M run and won the 3200 M run.

• Ethan Kwaske took 2nd in the 110 hurdles and Peyton Kifer took 2nd in the 300 hurdles. Alex

Bennett took 3rd in the 110 hurdles in his first hurdle race ever!

Coach Slusser's comments: In preparing for the meet, we knew that this would be a tight meet and that we would really have to show up and compete. We moved a few athletes into positions where we thought they could score and were successful in executing our plan. I couldn't be more proud of our guys. We outperformed what I had

intended us to do in the field events, which was the big turning point of the meet.

Coach Rod, Anderson, Mida, and Houle are doing such a great job developing those athletes and it showed yesterday. I was particularly impressed by the improvements with our boys discus throwers. We have a large group of athletes and some are really starting to break out with their performances. We will try to keep it rolling!

2024 BOYS T&F APRIL SHOWERS INVITATIONAL SUMMARY

The Chelsea High School boys track and field team traveled to Dexter on a cold, windy Saturday to compete against a field of large schools at the April Showers Invitational. The dogs took a smaller squad

of mostly field event and distance athletes to record some personal records and compete against several division one programs. Highlights include:

• Connel Alford took 2nd in the 3200

run with a time of 9:35.

• Owen Thorburn took 6th in the Freshman 1600 with a PR of 5:02. Jack Meehan also PR'd in the event with a 6:01.72

• Auden Howard PR'd in the shotput

with a throw of 39' 3.5". Indiana Hurst threw well with a mark of 40' 3.5" in the event as well.

• Brant Maley ran a HUGE PR in the 3200 run of 10:33.

Coach Slusser's Comments: For this

meet, we had very specific goals that we wanted to accomplish. We really wanted our distance squad to post some PR's and get quality reps for our field event athletes. Since this was a non-scoring meet, we

were able to get good work in for our guys, stay healthy, and compete with schools we don't often see. I was happy with what I saw today. We will host Ypsilanti Community on Tuesday for an SEC dual meet. They are FAST in a lot of events. Should be a great meet!

CHELSEA BULLDOGS GIRLS TRACK & FIELD

2024 GIRLS T&F PINCKNEY DUAL MEET SUMMARY

On Tuesday (4/16), the Girls Track & Field traveled to Pinckney High School to compete against the Pirates in a dual meet on a warm breeze afternoon. We had good intentions of scoring well in various events based on our depth and talent, but the Pirates put up a strong fight, especially by two of their top athletes who had

exceptional performances. The final score was Pinckney 70 and Chelsea 67. Although we lost a close meet, we had a significant number of personal records (PRs) and season best marks, which was enjoyable to watch. We need to continue to learn from our mistakes and build off our current level of performance if we want to ex-

cel in upcoming meets.

Highlights

• Anna Brant won the shot put and discus throw. Her distances place her in the top two of the region.

• Our 4x800m relay composed of Ceci Bayer, Madison Morgan, Sam Bieber, and Natalia DeMea placed 1st with our fastest time of the year.

• Leila Wells won

the 100m hurdles and 300m hurdles in two strong performances. Her 300m hurdle time (49.47) is the 3rd fastest time in D2 this season.

• Carley Grabarczyk won the 100m dash, 200m dash (set a Personal Record), and anchored the winning 4x100m relay.

• Addie Howard placed 2nd in the

400m dash with a PR and led off the winning 4x400m relay.

• Teagen Hill placed 2nd in the 100m dash with a PR and anchored the winning 4x400m relay.

• Brianna Wenzel had two strong performances by placing 3rd in the 400m dash and 2nd leg of the 4x400m relay.

• The 4x400m re-

lay is ranked 2nd in D2 with a time of 4:13.64. Caitlyn Ash is also a part of the team and ran a fast split in the 3rd leg.

Next up is the April Showers Invitational held at Dexter High School on Saturday, April 20th, which has 20 D1 and D2 teams attending.

2024 GIRLS T&F APRIL SHOWERS INVITATIONAL SUMMARY

On Saturday (4/20), the Chelsea Girls Track & Field team competed at the April Showers Invitational held at Dexter High School track and field complex. This was a non-scoring meet with medals awarded to the top six places in all events. It was a cloudy, cold day with 15 mph winds out of the northwest. Our athletes did well considering the weather conditions. Specifically,

we had seven personal records (PRs), three season records (SRs), and eight medals as well.

Highlights

• Carley Grabarczyk placed 3rd in the 100m dash. Carley's time of 12.84 (FAT) places her 1st in Region 16, which Chelsea is hosting again this year.

• Teagan Hill placed 2nd in the Freshman 100m dash with a time of 13.36 (FAT), which ranks her

in 5th place in our region.

• Leila Wells placed 3rd in the 100m hurdles with a time of 15.67 (FAT), which ranks her 1st in our region.

• The 4x100m relay team composed of Leila Wells, Eva Dewaele, Teagan Hill, and Carley Grabarczyk placed 3rd overall with a time of 51.80 (FAT). This is their 2nd fastest time of the season. They are ranked 2nd in our re-

gion in this event.

• Ann Brant placed fourth in the shot put throw with a distance of 33' 4.75". Currently, Anna is ranked 2nd in our Region in this event.

• Kennedy Anderson placed fourth in the high jump with a height of 4' 10". Kennedy is ranked 5th in our region with this height.

• The 4x800m relay composed of Ceci Bayer, Slater Boos, Seren Angus, and Madison

Morgan placed 5th overall with a time of 10:34.87. This is our 2nd fastest time in this event and our team is ranked 2nd in our region.

• Natalie DeMea placed 5th in the 3200m run. Her time of 11:57.24 (FAT) was a SR for her, which now ranks 5th in our region.

• Claire Ashe had a big day with PR in the shot put (29 1.75") and a SR in the discus throw (83' 0").

• Sofia DeMea ran a PR in the 1600m run with a time of 5:46.71 (FAT), which ranks 7th in our region.

• Seren Angus ran a PR in the 3200m run with a time of 12:27.46 (FAT).

• Senior Claire Zarinnia ran a PR in the 200m dash with a time of 33.89 (FAT).

• Braiden Scheffler had a PR in the 400m dash with a time of 70.17 (FAT).

We compete on Tuesday, April 23rd, at home against Ypsilanti Community High School in a dual meet (Senior's Night).

Vintage Market

Chelsea, MI

Finders KEEPERS
LOYAL TO LOCAL

Grand Finale Spring Market

Sunday May 19 • 10am-4pm

Chelsea Fairgrounds

Location: Chelsea Community Fairgrounds
20501 W Old US Hwy 12, Chelsea, MI 48118



Get Ready for our BIGGEST spring event of the year !!
175 vendors, live music, food trucks and snack vendors
offering an amazing Shopping Experience on May 19th!

Event Details:

- Indoor + outdoor event
- Early Bird admission: (10am-11am) \$15
- General admission: (11-4pm) \$5 cash

Adult Learners Institute's Term Ends with Local History and Football



Submitted by Joan
Gaughan

For almost two decades, Grace Shackman's classes have explored the history of Washtenaw County's cities and small towns using the houses, libraries, schools, hospitals, banks and businesses, downtowns, even streets and roads. As the name of her class, Potpourri of Finds and Thoughts of 50 Years of Researching Local History suggests, on three Fridays, May 3, 10 and 17, from 1:00 to 3:00 at the Cedars of Dexter, she will offer a collection of insights into the development of several smaller communities

in the county. Her class on May 22 is an optional field trip.

As the weather warms, what we need is...FOOTBALL! And in his class, College Football A-Z, on Tuesday evening, May 21 from 6:00 to 7:30, Paul Schudel will offer his memories of playing for and coaching under Bo Schembechler along with more than forty-years of coaching at all levels of college football in the United States as well as in France and Germany. Mr. Shudel will also offer insights into how the game has changed since its inception in 1888. Note: This is a free class presented in cooperation with the Chelsea District Library. To register, call the Chelsea Library at 734 475-8732 or go online at:

<https://chelsedistrictlibrary.libnet.info/event/9710655>.

There is still time to register for two other fascinating classes.

John Hauger's class Music of the 1980s on April 26 from 1:00 to 3:00 is an exploration of the music of the twentieth century, and Kathie Gourlay and Carolyn Madden's class, Re-Entering Society with a Criminal Record on April 30 and May 7 is an examination of the painful road released prisoners must walk to regain full entry into a society that is often indifferent or even hostile to their experience.

Catalogs containing more information on these classes, as well as the registration form are available at grocery stores, libraries, senior centers and several churches and businesses throughout the Five Healthy Towns area as well as at www.alimichigan.org.



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Pennies and Pickets for TimberTown

Help Reimagine Chelsea's Largest Park

Fence Picket Legacy Program

TimberTown reimagined

Your generous contribution of \$250 or more will allow you to have a customized fence picket at TimberTown this summer!

- ★ A great opportunity to recognize your child, parent, family, group, or organization; multiple pickets can be purchased.
- ★ These pickets aren't simple markers; they're symbols of **unity, generosity, and the spirit** of giving back.
- ★ Together, let's build a fence that stands as a testament to our collective commitment to TimberTown's enduring legacy.
- ★ Quantities are limited -- Reserve yours today!
- ★ Make checks payable to **Huron Waterloo Pathways Initiative (HWPI)**
- ★ **Deadline is June 20, 2024**

► continued from page 1

Two unique fundraising opportunities are now available to help support TimberTown, Chelsea's 25-year-old park that is in need of a rebuild.

South Meadows and North Creek Elementary School families will be looking in pockets, purses, piggy banks to find loose change to drop into collection jars in each classroom. The challenge runs April 15 to April 19. Coins will be counted at the end of the week and all funds raised will be matched by Chelsea State Bank and an anonymous donor!

All graduating

classes that collect over \$200 will win a picket engraved with "CHS Class of 20##" as a part of the permanent fence surrounding the park for generations to come.

"This is a fun way for your kids to take part in a grassroots, community-based volunteer effort that will improve the park's safety, sight-lines, and accessibility," said Casey Wescott, North Creek principal.

Speaking of pickets, everyone in the community has a chance to become a part of the park's legacy by sponsoring a picket with a generous donation of \$250. The pickets will become part of the per-

manent fencing in and around the play structure.

Pickets can be engraved with up to 22



characters to recognize your family, child, parent, group, or organization.

"Each picket represents a story, a memory, and a commitment to preserving the beauty and enhancing the accessibility and essence of our community space," said Jeff Hardcastle, co-chair of the TimberTown Reimagined project.

Picket forms will be available online at TimberTownChelsea.org, or at the TimberTown booths at the Chelsea Farmers Market, and at various stores around town, including Chelsea Hometown Pharmacy and The Treehouse.

TimberTown Reimagined project is a partnership between the City of Chelsea, Huron Waterloo Pathways Initiative, Washtenaw County Parks & Rec. Support from local foundations, such as the Chelsea Community Foundation and the 5 Healthy Towns Foundation, has bolstered

support from many local businesses who have been sponsoring pieces of play equipment. A general donation campaign is providing an opportunity for supporters to make donations of any size. Chelsea State Bank will be donating \$50,000 as a matching funds initiative, and is joined by an anonymous donor to create the \$100,000 matching fund.

The project is made up of five components:

- Building a new trailhead for the B2B trail
- Refurbishing and adding to the TimberTown play structure
- Adding six pickleball courts
- Renewing and repairing the Pathway to Renewal mosaic
- Improving infrastructure (lighting, adding parking spaces via paving the lot, etc)

The work on TimberTown will take place from Aug. 6 to 11, 2024. Many volunteers are needed.

The schedule will be flexible to allow people to give a few hours or a few days.

Chelsea State Bank, Gestamp, and the Chelsea Hospital are allowing their staff to volunteer for the August 6-11 build.

"We're extremely excited about the community engagement the project is generating," said Hardcastle. "When the community built TimberTown in 1997, it was an amazing experience and we think the re-imagining of TimberTown this summer will not only result in a wonderful 'new' community park, but also create a highly memorable experience for the hundreds of area volunteers who we'll need to get it done."

To personalize your Legacy Picket, donate, sign-up to volunteer for build week, and to learn more about this community effort, visit www.TimberTownChelsea.org

Depression 101

By: **Michael J. Patterson, Namaste Family Services, LLC, Chelsea**

Sadness, Melancholy, the Blues, Feeling Low, Dysthymia, Heavy Hearted or Down Hearted. I could go on. Humans have suffered from depression throughout recorded history. And they have given it many names over the centuries. But for this article we will just call it depression which is defined as:

"...a common and serious medical illness that negatively affects how you feel, the way you think and how you act. Fortunately, it is also treatable. Depression causes feelings of sadness and/or a loss of interest in activi-

ties once enjoyed. It can lead to a variety of emotional and physical problems and can decrease a person's ability to function at work and at home." (American Psychiatric Association: website, 2017)

Most of us have experienced intense emotions of sadness or grief. They usually are of a short duration (two weeks to eight weeks). And we can recover from the ill effects with minimal difficulty. But that is not true for 10-15 percent of Americans. The focus of this article is to briefly help you understand the basic components and differences of depression.

In general there are three types of de-

pression: Situational, Clinical, and Bi-Polar. Situational depression is activated when a life event occurs triggering an emotional response of sadness, grief, loss, uncertainty, and others. Examples of this are the loss of a friend or close family member. It can also be more comprehensive such a chronic situation that attacks our sense of self-worth or feeling safe. For many, having a supportive and trusting support system along with a healthy life style will aid in the healing process. However, everyone will recover at different paces.

Clinical Depression is usually a result of genetic factors or chronic stressors last-

ing over several years, creating a decrease of neuro chemicals that stimulate the receptors in our brain a sense of well-being and happiness. When these chemical are decreased or hindered from being fully accessible to our neuro receptors. Then an intervention of therapy with the possible admission of anti-depressants. There are two main categories of clinical depression: dysthymia or persistent depressive disorder, and Major depressive disorder with sub categories of mild, moderate and severe. A major depressive event can happen only once in a life time or many times over an extended period of time. Major de-

pression can stimulate significant thoughts or actions of self-harm that can be fleeting or chronic. Major depression will affect our ability to function effectively at work, school, or social interactions. It can affect our ability to sleep soundly or over sleep (hypersomnia). Our appetite can be decreased or some will "comfort eat" excessively causing significant weight gain. Other areas of our life can also be effected such as motivation to complete projects or engage in activities we once enjoyed. Isolation and ruminating thoughts add to the complexity of this disorder. For most a behavioral and/or chemical intervention

are necessary.

Bi-Polar Disorder is a complex and varied disorder that is under the category of "Mood Disorders." In general it is a combination of depression with a manic event of extreme highs, paranoia, delusions, grandiosity, etc. Mood disorders have many variants that cannot be covered in this article. However, depending on the complexity, a medical intervention is indicated.

The good news-depression is treatable. With lifestyle changes, a change in our thinking, and a possible inclusion of an anti-depressant. Most if not all can lead a happy, healthy life.

"Duet in Many Colors" Showcases Vibrant Artistic Expressions at Gallery 100



D&B Strategic Marketing
 doris@dandbmarketing.com
Gallery 100
 gallery100atasm@gmail.com

Gallery 100 proudly announces its upcoming exhibition, "Duet in Many Colors," featuring the captivating works of Lindsey

Dahl and Nancy McKay. This dynamic duo will grace Gallery 100 with their vivid interpretations of the natural world from May 4 to June 23.

Lindsey Dahl's art bursts with color and texture, evoking a sense of wonder. Her expres-

sive brushstrokes bring to life the animals and landscapes of rural Michigan, inspired by her profound interactions with wildlife. "Experience with animals, both wild and domestic, has a profound influence on the way I view my subjects. The

beautiful yet brutal, hilarious, and heart-breaking ways of nature constantly inspire me", said Lindsey. She primarily works with acrylic on canvas, infusing her pieces with the beauty and complexity of nature.

In contrast, Nancy McKay's art delves into the stories and possibilities inspired by protected landscapes. A Master's graduate in textiles from Eastern, Nancy found her passion in silk painting, drawn to its luminosity and brilliance of color. Her silk paintings,

showcased alongside Lindsey's work, offer a unique perspective on the natural world.

The exhibition will kick off with a public reception on May 19, from 2pm to 3:30pm, where art enthusiasts can meet Lindsey and immerse themselves in the vibrant atmosphere of her artwork. Additionally, on May 19, Lindsey will be present at the gallery reception, accompanied by some of her beloved silkie chickens, adding an extra layer of charm to the event.

Nancy McKay's extensive experience as an artist-in-residence at various national parks, including Grand Canyon, Acadia, Hot Springs, and Badlands, permeates her work with depth and insight, enriching the narrative of the exhibition.

"We are thrilled to host Lindsey Dahl and Nancy McKay's 'Duet in Many Colors' at Gallery 100," says Program Director, Winn Nichols. "Their unique perspectives on nature promise to captivate audiences and provide a rich cultural experience for our community."

Gallery 100, located in Chelsea, Michigan, serves as a platform for local and regional artists to showcase their work, enriching the cultural landscape of the community. Open to the public, the gallery invites art enthu-

siasts to explore and appreciate the diverse forms of artistic expression.

For artists interested in exhibiting their work at Gallery 100, inquiries can be directed to gallery100atasm@gmail.com.

Don't miss the opportunity to experience the vibrant fusion of color and storytelling in "Duet in Many Colors" at Gallery 100 from May 4 to June 23.

For more information, visit Gallery 100's website silvermaples.org/gallery100/, or email Winn Nichols gallery100atasm@gmail.com.

Event Details:

- Opening Reception: Sunday, May 19, 2024, 2:00 pm - 3:30 pm
- Exhibition Dates: May 4 - June 23, 2024
- Location: Gallery 100, Silver Maples of Chelsea

"Gallery 100 - Life is Art"

As a 501(c)(3) non-profit, Gallery 100 welcomes people of all ages and backgrounds to explore and experience art. Gallery 100 offers engaging exhibitions and community programming of all varieties: artist talks, a residency program, studio classes, and more. Artists who are interested in exhibiting their work at Gallery 100, email Winn Nichols, gallery100atasm@gmail.com.

Cinderella Presented by Ballet Chelsea



► continued from page 1
 By: Aimee Bingham

One would not expect a city with a population of 5,393, according to the 2020 United States Census Bureau, to boast a professional ballet school and to provide the community with access to ballets. But community members experienced a professional production of Cinderella in Chelsea High School's newly remodeled auditorium on April 20-21. I attended Sunday's

show but was able to watch both Saturday and Sunday. The talent at Ballet Chelsea is so deep, each show had different dancers in lead roles, aside from Prince Charming.

As an adult, I don't get swept away by fairy tales. My mind typically editorializes with negative jaded comments, "Don't believe that prince!" Maybe it was the music of Sergei Prokofiev, or maybe it was the grace, beauty and perfection of the

dancers. Ballet Chelsea's Cinderella had me swept away in a Fairy tale just like the little girls decked out in sparkly tiaras in the audience. The Step Sisters played their parts so well, we were all laughing at their social ineptness. The stepmother, on Sunday, is a stunningly beautiful dancer, but on stage she transformed into a terrifying authoritarian, cold-hearted woman. Each show had a tall, thin, gorgeous

fairy Godmother who made us all cheer as she revealed herself in a series of dizzying spins. The costumes were spectacular and hit the mark. Cinderella's ball gown billowed out as she danced, just as I wanted my dresses to do as a young girl. The Prince was regal and handsome as every prince should be and I believe that they'd fallen in beautiful perfect love by the end of the ball. I lost the ability to lose myself in fairy tales over 30 years ago, but this past weekend Ballet Chelsea gave me the ability back. It was refreshing!

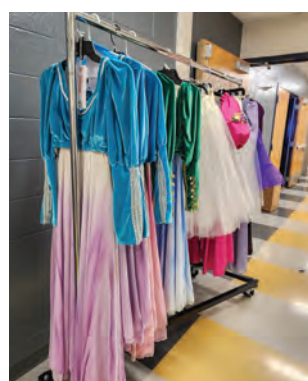
Today Ballet Chelsea put on a magical performance is an understatement. Any show that can transport a jaded, older woman back to a hopeful jubilant young girl, is a triumph. It was



like I learned to believe in magic again and I'm grateful for the experience.

If you're interested in enrolling your children into one of the summer programs at Ballet Chelsea to see if your son or daughter might enjoy the experience, class schedules and enrollment can be found online <https://balletchelsea.org/>. If you have a son, Ballet Chelsea is always looking for the next Prince Charming, every ballerina needs a partner. Many famous athletes have taken

ballet to strengthen their athletic prowess: Lynn Swann, Herschel Walker, Barry Sanders and Willie Gault took ballet. Michael Jordan of the Chicago Bulls trained in the off-season with the Joffrey Ballet, according to the Omaha School of Music and Dance.



APRIL EVENTS

*Community welcome!

Stronger Together (CHE/DEX/STK) LIMITED-TIME OFFER

Earn \$10 off your monthly dues when you refer a new member*. That's right! You'll enjoy a reduced rate as long as you and your friend remain members. Your friend will enjoy the reduced rate as well. SPREAD THE WORD AND SHARE FITNESS WITH YOUR FRIEND!
*Restrictions apply see center for details.
For more information, please call 734-214-0220 (CHE) or 734-580-2500 (DEX) or visit the Member Service Desk.

Fitness Easter Egg Hunt (CHE/DEX/STK)

April 1-30
Paper Easter Eggs are hidden throughout the Center! If you find one, complete the fitness task on the back of the egg and take it to the Fitness Desk to be entered into a drawing to win one of the prize-filled eggs!

Member Family Gym & Swim (CHE/DEX)

CHE: April 7 • 12:30pm-2:15pm (Register by 4/5)
DEX: April 21 • 12:30pm-2:15pm (Register by 4/19)
COST: Parent member and KIM child FREE
Non-KIM child \$8, Additional parent \$10
AGES 6 months to 11 years. Please bring your own towel. Registration required. Space is limited to 20 participants. Open to all Wellness Center Members. For more information or to register contact the Member Service Desk at 734-214-0220 (CHE) or 734-580-2500 (DEX).

Blood Drive (CHE)

April 9 • 12:00pm-6:00pm

April Shower of Savings (CHE)

April 15-26
Try your luck and your purchase may be FREE. Pick a discount ticket and save on your purchase of any massage, personal training, or logo shop product! Some restrictions may apply. See Center for details.

Strengthening Your Posture* (CHE)

April 16-May 21 • 12:00pm-1:00pm
Member \$84, Non-Member \$90

This 6-week session will focus on strengthening your back, shoulder, and core muscles, which are all essential to standing with proper posture and preventing lower back pain. For more information or to register contact the Member Service Desk at 734-214-0220.

Strengthen With Your Core* (CHE)

April 16-May 21 • 1:00pm-2:00pm
Member \$84, Non-Member \$90

Participants will learn how to break down their movement to engage their muscles and then advance their core as they progress. For more information or to register contact the Member Service Desk at 734-214-0220.

Training Your Pelvic Floor* (DEX)

April 18-May 23 • 5:00pm-6:00pm
Member \$84, Non-Member \$90

This class improves the strength and mobility of the pelvic floor, effectively enhancing the function of multiple systems. Members learn to contract and relax pelvic floor muscles in relation to other muscles. For more information or to register contact the Member Service Desk at 734-580-2500.

Adult & Pediatric CPR & First Aid* (CHE)

Monday, April 29 • 4:00pm-8:00pm
Member \$35, Non-Member \$45

Participants will learn how to recognize and care for sudden illness, cardiac, and respiratory emergencies in adults, children, and infants. For more information or to register contact the Member Service Desk at 734-214-0220. This is a skill set class. If you would like to receive a CPR & First Aid Certificate it is an additional \$36.



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ON THE SIDELINE: LAWN MOWERS, SPRING, SORE NECKS AND A “SPIDER GLASS”

► continued from page 3 removing the large spiders from my dwelling. Sometimes they get stepped on or “Raid-ed,” but I’m a friendly, peace-loving man who just wants to live in harmony with nature. So, more often than not over the years, I remove the eight-legged nuisances with my trusty “spider glass.” I’m actually quite “nin-ja-like” in my skillful, yet assertive use of my “spider glass.” Whenever I find a large, mean-spirited spider in my house, I rush to my kitchen and grab the “spider glass” (a simple see through dinner glass) I have located in a corner on my counter. I then proceed to re-find the spider — whether it’s on the floor, in my tub, in a sink, on the wall, in a corner or on

the ceiling and quietly and deftly, with a steady hand diamond cutters would appreciate, place the opening of the glass around the spider. After a few nudges to get it moving, it invariably skitters downward to the bottom of the glass as I in one fell swoop turn the glass right side up and place a small see through Tupperware container on top of the glass to seal my “prey” in. Most times the spider just chills at the bottom of the glass (I think they can sense other spiders have been where they’re at and they just relax), but other times they go bizerk and want desperately to get out.

Either way, in a matter of minutes I open the front or back door of my house —

whichever is closest to the incident — and take the top off the glass and dump the spider. Hopefully it lives a happy life after being freed from my glass prison.

Everyone says those same spiders probably turn around and come right back into my house. I don’t know, my bug barrier will stop them, right?

Right? Anyone? I’ve already corralled two big, hairy spiders in my “spider glass” this spring. What’s going on?

I guess you can call me “Spider-Man.”

Or maybe, better yet, you can call me an exterminator.

Spring has finally sprung.

Is it winter yet...?



Chelsea Police Department Weekly Summary

Incident #: 24-1217

Date: April 16, 2024

Location: 100 block of Village Place Drive

Time: 3:53 pm

INFORMATION: While on routine patrol an officer was dispatched to the lobby of the Chelsea Police Department for the report of a fraud that had occurred in the 100 block of Village Place Drive. The complainant stated that he had received an email regarding a possible internship at a local educational institution. The complainant stated that he replied back to the email and

he was told that he had been selected for the internship. The complainant stated that he was told to price out a laptop computer that would be used for the internship. The complainant said that he was then told to send the suspect the amount he was quoted for the computer via PayPal and that he would be reimbursed for the money that he sent. The complainant proceed-

ed to send the money to the suspect and subsequently received a check in the mail for the total amount that he had sent via PayPal. The complainant took the check to his regular financial institution and deposited the check; however, the check was determined to be fraudulent. The case was closed pending any further investigative leads on the suspects identity.

Incident #: 24-1208

Date: April 15, 2024

Location: 500 block of N. Main Street

Time: 10:38 pm

INFORMATION: While on routine patrol officers were dispatched to the 500 block of N. Main Street for the report of a hit and run crash. Upon arrival officers made contact with the complainant who stated that he had been inside the establishment and was informed by the staff that his vehicle had been hit by another vehicle and that another customer

had witnessed it. The officer interviewed the witness who stated that while he was walking into the establishment, he observed a newer model F-250 pickup truck back out of his spot and strike the complainant’s vehicle and then leave the area. The witness was able to take a picture of the vehicle as it was leaving the parking lot. The suspect was identified

as a 25-year-old Webberville man and the officer was able to make contact with the suspect driver by phone. The suspect admitted to being in the parking lot at the time of the crash but denied striking any vehicles. Video surveillance footage was obtained and the case remains open pending further investigation.

Incident #: 24-1235

Date: April 18, 2024

Location: 1000 block of S. Main Street

Time: 1:21 pm

INFORMATION: While on routine patrol an officer was dispatched to the 1000 block of S. Main Street for the report of an attempted check fraud that had happened approximately 30 minutes earlier. Upon arrival the officer met with the complainant who stated a female had come

through the drive thru lane and attempted to cash a check. The complainant stated that her employee requested that the customer come closer to the camera to confirm her identity and when asked to do so the woman drove away from the scene. The check is suspected to have been a stolen

checked that had been forged and was attempting to be cashed using a second persons stolen account and identity. The case remains open pending further investigation into the identity of the suspect and its relation to other check frauds that had recently occurred.

Incident #: 24-1226

Date: April 17, 2024

Location: 1100 block of S. Main Street

Time: 5:37 pm

INFORMATION: While on routine patrol an officer attempted to pull a vehicle over for a routine traffic violation. The officer made contact with the driver in a parking lot in the

1100 block of S. Main Street and requested the driver’s identification. A computer check revealed that the driver had a warrant for a traffic related offense out of the City of Jackson.

The suspect, a 40-year-old Jackson woman was placed under arrest and subsequently turned over to the Jackson Police Department.

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