

### **Chelsea Guardian**

is a proud member of the Chelsea Area Chamber of Commerce March 1, 2024

Volume 7 Issue 9

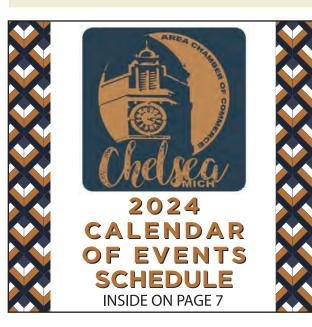
# Chelsea Guardian

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Hamilton Publishing



## Lorcana Draft, Secret Crisis Comics











Story and more photos on page 6. Photos By Aimee Bingham.



Mikey and Me, Local Dog Foster Celebrates 300 Adopted Dogs

#### MICROCURRENT NEUROFEEDBACK

Lasting relief from anxiety, depression, ADHD, OCD, TBI, insomnia, addiction, PTSD, migraines, pain issues and more.



Daniel and the dog that inspired his foster, Mikey. Photos By Aimee Bingham

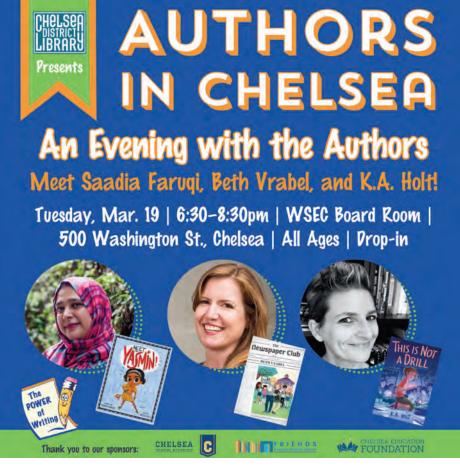
#### By Aimee Bingham anbingham@gmail.com

A while back, someone shared photos of a cute dog on Facebook. I am a dog lover, so I took note. I realized the dog rescue, as I thought it was, was located in Chelsea. Through this story I learned that Mikey and Me is

**Meet Acclaimed Authors During** 

**National Reading Month** 

not a dog rescue, it's a dog foster. This past weekend, I had the opportunity to visit and meet Daniel DePew, the, "and me," part of Mikey and me. Mikey was the little furry bestie who inspired all this work to create a safe, happy in-between for dogs before getting **continued on page 5** 





### 2024 Events!

50/100 Centennial Series Jan 8 ~ Merkel Furniture with Tim and George Merkel Mar 4 ~ Cole Funeral Chapel with Allen Cole

May 6 ~ Chelsea Milling Company with Howdy Holmes Aug 5 ~ Chelsea State Bank with John Mann Sep 9 ~ Chelsea Lumber Company with John Daniels Oct 7 ~ Lane Animal Hospital with Chan Lane Nov 4 ~ CAHS 50th Anniversary

with CAHS Board

The

POWER

of

Nriting

AUTHORS

IN CHELSEA

2024 Tours & Gatherings

> Spring & Summer ~ To be Announced!

#### CHELSEA DISTRICTU LIBRARY EQUIP.

Shannon Powers, Head of Information Services Virginia Krueger, Head of Marketing & Communications 734-475-8732 x 229 vkrueger@chelseadistrictlibrary.org

In honor of National Reading Month, each March Chelsea District Library (CDL) presents Authors in **continued on page 4** 

Fall ~ Haunted Chelsea December 7 ~ Holiday Home Tour

December ~ Holiday Potluck

### Winterfest! Fun For All at Chelsea's Michigan **Friends Center**

#### **Contact Information: Michigan Friends** Center **Carolyn Holland** (734)355-3626 manager@mfcenter.org

On Sunday, March 3, the Michigan Friends Center will be reviving its Winterfest! open house. Last held in 2019, Winterfest! is an afternoon of activities to appeal to persons of all ages

A nature scavenger hunt for kids is planned, with acoustic guitar by local musician Dale Osborn as an indoor option. The scavenger hunt will be followed by cocoa and cookies, storytelling by Ann Arbor Storyteller's Guild member Lorelle Otis, and a didgeridoo performance by the Werderitsch's, a local father and son team. If the weather is right, participants are en-

couraged to bring sleds tainability, peace and to enjoy nearby sledding.

"I think we all start itual growth). to get a bit of cabin fever by late February and here is a chance to wear out the kids on an outdoor scavenger hunt, enjoy music, story telling, and the pleasure of each other's company. If you are in town, there is no better place to be!" said Pat Hopkinson, program host.

The Michigan Friends Center is a non-profit community and conference center two miles northwest of Chelsea located on the grounds of Friends Lake Community. The Center has been serving the Chelsea area for the past 30 years, offering both a facility for other groups to meet and public programs on environmental susjustice, and wholistic health (including spir-

"Groups of fewer than 100 find a renewed sense of connection with each other, the natural world, spirit or purpose, and even with themselves after time spent at the Center," said Carolyn Holland, Michigan Friends Center manager.

The event will be occurring from 2-5 Sunday March 3 at the Michigan Friends Center, 7748 Clark Lake Road, Chelsea, Michigan. There is no charge; donations will be cheerfully accepted.

"Please preregister if you can by calling the Friends Center (734)475-1892 or email manager@mfcenter. org. If you can't, we will still be happy to see you," said Holland.

### **Albion College Announces Fall** 2023 Dean's List and New Fellows

College Albion students announces who were named to the Dean's List or who were honored as new Albion College Fellows at the end of the Fall 2023 semester.

Chelsea student Griffen Murphy was named to the Dean's List. Murphy is majoring in kinesiology - exercise science with a minor in sports com-

private liberal arts college of approximately 1,500 students and is nationally recognized for its academic excellence in the liberal arts tradition, a learning-centered commitment, and a future-oriented perspective. The College is a leader in preparing students to anticipate, solve, and prevent problems

Albion College is a the highest quality in undergraduate education and is committed to diversity as a core institutional value.

> Albion, Michigan, is a culturally diverse community in the south-central part of the state. The College recognizes the value of community, both onand off-campus, and has invested resources in supporting the revitalization of the greater Albion community. This work offers an increasingly vibrant city around the campus that provides students with a fuller experience as they prepare to become engaged citizens in their own communities.



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munication. Murphy is a resident of Chelsea.

Chelsea student Jake Singer was named to the Dean's List. Singer is majoring in kinesiology - exercise science. Singer is a resident of Chelsea and is a graduate of Chelsea High School.

in order to improve the human and global condition. Albion immerses students in the creation and processing of knowledge, and graduates skilled architects of societal change, active citizens, and future leaders. The College is dedicated to

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#### **D&B Strategic** Marketing doris@dandbmarketing.com **Ballet Chelsea** jean@balletchelsea.org

Prepare to be swept away into a world of magic and elegance as Ballet Chelsea proudly presents its enchanting performance of Cinderella. The performances will occur on April 20 at 7 pm and April 21 at 2 pm at Chelsea High School. Tickets go on sale on March 11, 2024.

In addition to the captivating performances, Ballet Chelsea is excited to offer attendees the opportunity to experience the magic of Cinderella up close with Cinderella Teas at Ballet Chelsea Studio on April 6 and 7 at 2 pm both days. Open company rehearsals will be happening concurrently with the tea party. Everyone is invited to attend. Tickets go on sale on March 11, 2024.

Don't miss your chance to experience the magic of Ballet Chelsea's Cinderella mark your calendars to purchase tickets on March 11 on Ballet Chelsea's Website and for the performances on April 20 and 21. Stay tuned for more information, tickets will be available on the website at

www.balletchelsea. org/tickets/

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**Chelsea Guardian** 

## Now welcoming vendor sign-ups for April 13 Chelsea Expo







Chelsea Expo is a favorite, annual community tradition that is a great venue for vendors, businesses, nonprofits, crafters and artisans to share information, wares and services.

Applications to participate as a vendor in the April 13 event are

now being accepted by Chelsea Senior Center. The center coordinators the annual family-friendly, community-wide event that often draws more than 1,500 attendees.

Business range from \$50 to \$125. There is a \$10 fee for free event for all ages, is nonprofits to participate with limited availability, so early sign up is encouraged. A six-

foot table, two chairs and free wi-fi access are provided as part of your 8x8 space. Setup is Friday afternoon or early on Saturday before the expo opens at 10:00 a.m. The event conbooths cludes at 2:00 p.m.

> Chelsea Expo, a held at the Washington Street Education Center and is a fundraiser for Chelsea Senior Cen-

ter. The event offers an opportunity to engage with other community members in a friendly, accessible setting. The wildly popular bake sale is also not to be missed. Who can resist homebaked treats from amazing senior bakers?

To apply for the expo or for more information, please contact Chelsea Senior Center at (734) 475-9242, connected@chelseaseniors.

org, or complete the on- website at www.chelline application via the seaseniors.org.



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#### **Mission Statement:**

Hard work, good work and creating and fostering great relationships are the keys to community success.





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**Chelsea Guardian** 

## **Meet Acclaimed Authors During** National Reading Month







> continued from page 1 Chelsea, a two-day event featuring nationally recognized, award-winning children's authors. In partnership with the Chelsea School District, Authors in Chelsea includes assemblies and workshops for more than 1,000 Chelsea students in grades 1-6, bringing quality authors into classrooms inspire students to and encourage a love of reading and writing. To prepare for the March 19–20 event, hundreds of books by visiting authors were delivered to Chelsea School District courtesy of Chelsea Education Foundation.

Faruqi, Beth Vrabel, and K.A. Holt.

Saadia Faruqi is a Pakistani American author and interfaith activist who writes books for readers of all ages. Her most popular series, Yasmin, has twenty titles and follows the life of a spunky second-grade Pakistani American girl named Yasmin as she creatively works through everyday problems. A Kirkus Starred Review states, "Readers will be charmed by this oneof-a-kind character... Utterly satisfying." Ms. Faruqi will visit 1st and 2nd grade students at North Creek Elementary School.

Beth Vrabel is the This year's visiting author of more than a dozen books for

middle grade readers, including The Newspaper Club, A Blind Guide to Stinkville, and To Tell You the Truth. Beth's realistic fiction focuses on friendships, family, and kids who learn to stand tall and solve problems in their everyday lives. Ms. Vrabel will visit South Meadows Elementary School to present to 3rd, 4th, and 5th grade students.

Kari Anne (K.A.) Holt is the award-winning author of several middle grade novelsin-verse. Dedicated to showing kids that anyone can be the main character of a book, she writes a variety of books in and about poetry. Ms. Holt will visit 6th grade students at Beach Middle School. In an interactive presentation Holt will explore where ideas come from, what makes a good story, and how to write interesting characters.

Authors in Chelsea is about more than school visits! In addition to their time in the classrooms, this year's authors will be featured at An Evening with the Authors, which is open to the public and free of charge. The event will take place on Tuesday, March 19, at 6:30pm in the Washington Street Education Center Board Room located at 500 Washington Street, Chelsea, MI. Don't miss this exclusive opportunity to hear each author share

journey into the world of writing, participate in Q&A sessions, and get your books personally signed by the authors. Families, homeschoolers, lovers of youth and teen literature, and even aspiring children's authors are encouraged to attend. The first 20 families to arrive will receive a coupon for a free book! Books will also be available for purchase courtesy of local Chelsea bookstore, Serendipity Books.

Authors in Chelsea is possible thanks to the Chelsea District Library, the Chelsea School District, the Chelsea Education Foundation, Serendipity Books, and the their Friends of the Chelsea District Library. Special thanks goes to South Meadows Principal Stacie Battaglia for her years of support of this event.

About Us: Chelsea District Library is a not-for-(CDL) profit organization whose mission is to engage, inspire, and equip through evolving services and resources. CDL currently serves 16,126 residents in the Chelsea library district-City of Chelsea, Lyndon and Sylvan Townships, and the portions of Lima and Dexter Townships within the Chelsea School District. For more information visit chelseadistrictlibrary. org.

## Harmony, balance and walking your dog

#### By Michael Patterson. LMSW

authors include Saadia

I have a border collie named Lucky. He insists on getting my full attention. He will whine, push his head under my hand as I lay on the couch, smile at me or use is puppy dog eyes to elicit sympathy. Oh, he gets a lot of attention. But I guess if you were to ask him he would surely say "it's not enough." To be honest he really does not ask for much. Good dog food and occasional human food. A soft bed or couch to lay on. Lots of hugs and petting. And he loves to go out on adventures. How does he pay for this? Well, He does let us know when someone is at the front door. He listens. He gives unconditional love. He models how to be calm and be in harmony with his world. It is so easy for him. As long as a family member is with him, he is happy.

A friend of mine had a health scare about a year ago. He has taken up hiking in the woods with an almost obsessive passion. He had to retire from his business due to his health condition. At first, this was very difficult for him as he felt a loss of purpose in life. Hiking the trails around his home has brought back a sense of accomplishment and vitality to his life. Not to mention it helped him to drop 70

plus pounds. About two months ago he was down in South Carolina. He just took off by himself to try a section to the Appellation Trail. He texted me a picture when he reached the top of a small mountain. I called him when I received the picture. I heard in his voice something that I had lost. Pure joy and reverence for the beauty that surrounds us if we just go looking for it. Later on, he talked me into training to hike a five-day section of the Appellation trail in late summer or early fall. So we meet about once per week to hike together (he kicks my butt right now). On other days I go out alone on the

trails that surround my home or are close by. I am blessed in living near two state recreation areas that have a good trail system. Some days, when I can have Lucky off his leash, I take him with me. As with any exercise regimen, the first fifteen to twenty minutes are the most difficult. My mind goes through this ritual of identifying every ache and pain, questioning why I am doing this at my age. And how comfortable cozy my couch is. Once I finish this mind ritual I get into the rhythm of the trail and the harmony of the forest. I have noticed that Lucky does not suffer from the agonies of the mind. He

goes right into harmony mode. He will smell every smell, see every tree, hear every bird or squirrel, and of course let all the other animals know he has been there by marking his passing. How does one bladder hold so much pee is beyond me?

Many years ago I saw a book titled Chop Wood, Carry Water. I never read the book but I always remember that title. For me, it tells how to find joy in simple activities. I found this to be true when I scrape paint off of wood. Most find this work tedious. I found it calming. I loved to be outside up on a ladder leaning against the side of my century-old house,

scraping the multiple layers of paint off of the old wood. With music playing or just the rustle of leaves dancing to the rhythm of the breeze, the sun peeking through the shadows onto the surface of the wood. I found peace. I found simple joy.

Making an effort to do the simple things in life can bring a sense of harmony and peace when you are feeling overwhelmed or just plain stressed out. It is easy to make excuses to not go outside, meet up with close friends, scrape and paint wood, or go for a walk with your dog. But then you miss out on simple joy, harmony, and the balance of a life well lived.



#### Chelsea Guardian

## **Chelsea Area Historical Society Business Feature:** Colé Funeral Chapel

#### From: Jan Bernath

Chelsea Area Historical Society is featuring businesses that have been continued in Chelsea for 100 years or more. Next up is the Cole Funeral Chapel

on March 4 at 7 pm in located in downtown the Chelsea Depot.

Allen Cole bought the Cole Funeral Chapel from his father, Don Cole, and is the current owner, the funeral home, originally

Chelsea, was started in 1898 by Samuel Mapes. In addition to the move to its present location in 1910, Cole will be talking about the many changes to the business

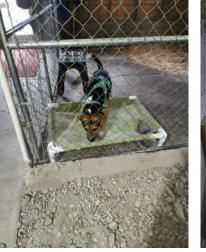
including different vehicles and the various owners over the years.

This presentation is free to the members and with a \$10 entrance fee for the public.

## Mikey and Me, Local Dog Foster **Celebrates 300 Adopted Dogs**









> continued from page 1 a forever home.

In 1994 Daniel purchased a dairy farm on Freer Rd. He had a lot of land and a vacant crumbling dairy barn. He wanted to foster dogs about to lose their chance in shelters. The seed of an idea grew like crazy from there. His friends encouraged him to set up a Facebook page. Rather than simply ask the community for funding, he funded the remodel of the lower level of the empty dairy barn through donations of goods from the local community. He picked up items people were willing to part with. He organized and priced the items and held two enormous barn sales, each one taking about six months of work.

that money Using Daniel was able to close up the lower level of the barn to keep the elements out and spray insulation to keep the dogs safe and warm. Someone donated a fairly new furnace and the barn is now as cozy as a home. Daniel's love for dogs shines through in the interview. He did not want to cram dogs in small kennels like the kind they probably endured at rescues. He brought in seven spacious kennels, each the size of a small room.

He took me back from the front room, rebuilt by a twelveyear-old working on his Eagle Scout Badge. I was given a tour and the opportunity to meet the fosters. I warned him that my love for dogs

may make me want to adopt, but that I have two at home and am not in the position. He gave me a knowing smile. He'd heard this story before from his volunteer dog walkers, of which, had adopted about 9 dogs. Daniel is currently set on volunteers and has enough so that these little fosters get about 4 walks per day and some play, and snuggle time. He even has a heated play, and snuggle area inside the barn so that when Michigan weather is too unpleasant for walks the dogs are afforded snuggles and a place to get the zoomies out. These dogs also have an outside playground and walking paths through the vast property. Daniel has created the perfect foster spot for

lost from their families or up until this point, have had unfortunate lives. He's giving the sweet little pure-hearted babies a wonderful bit of hope.

Daniel teamed up with Happy Days Dog and Cat Rescue. The dogs come fully vetted and Daniel is careful to select dogs that are safe for his volunteers and for the public. The dogs are fixed and receive shots before adoption. Adoption fees go straight to Happy Days to cover the cost of vet care for the animals. Local pet stores donate bags of kibble which keeps costs down for Daniel. If you can't adopt at the moment, Daniel welcomes donations of canned dog food, which can be stored.

dogs who have been He also accepts donations of long-lasting treats, no raw-hide but other options such as No-Hide chews. Rawhide can be a choking hazard for dogs and dogs need to be watched with rawhide, at all times, which is simply not feasible. Mikey and Me has hit the 300 dogs adopted milestone, including

the nine they nursed to health from heartworm. The average dog at Mikey and Me is 2-3 years old. Daniel is temperament but not breed-selective. As the owner of two bully breeds, who are two of the gentlest, nicest dogs, I've ever owned, this makes sense. Mikey and Me finds homes for 36-40 dogs per year and creates a happy place to stay for those in need of a home. If you're looking to adopt, check out Mikey and Me's Facebook page. It's a rotating slideshow of adorable sweet dogs looking to help you make your house a home.





## March Events



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#### Strengthening Your Posture\* (CHE) Tuesday, February 27–April 2 • 12:00pm–1:00pm Members \$84, Non-Members \$90

These 6-week sessions will focus on strengthening your back, shoulder, and core muscles, which are all essential to standing with proper posture and preventing lower back pain. For more information or to register contact the Member Service Desk at 734-214-0220.

#### Yoga for Parkinson's Disease\* (CHE) Thursday, March 7–28 • 2:00pm–3:00pm Member \$84, Non-Member \$90

People with Parkinson's Disease have been shown to respond favorably to the practice of Yoga. This class is suitable for people with PD as well as their caregivers. For more information or to register contact the Member Service Desk at 734-214-0220.

#### St. Patrick's Day Indoor Triathlon (DEX)

Sunday, March 17 This fun, festive event is your chance to test your mettle in a 10-minute swim, 15-minute bike, and 15-minute run, all under one roof. For more information or to register contact the Member Service Desk at 734-580-2500.

#### Strengthen Your Core\* (CHE)

February 27–April 2 • 1:00pm–2:00pm Member \$84, Non-Member \$90 Participants will learn how to break down their movement to engage their muscles and then advance their core as they progress. For more information or to register contact the Member Service Desk at 734-214-0220.

#### Training Your Pelvic Floor\* (DEX) February 29–April 4 • 5:00pm–6:00pm Member \$84, Non-Member \$90

This class improves the strength and mobility of the pelvic floor, effectively enhancing the function of multiple systems. Members learn to contract and relax pelvic floor muscles in relation to other muscles. For more information or to register contact the Member Service Desk at 734-580-2500.

### Member Family Swim & Gym\* (CHE/DEX) CHE–March 3 (Register by March 1)

DEX—March 24 (Register by March 22) COST: Parent member and KIM child FREE. Non-KIM child \$8, Additional parent \$10. AGES: 6 months to 11 years. For more information or to register contact the Member Service Desk at 734-214-0220 (CHE) or 734-580-2500 (DEX).

#### National Nutrition Month<sup>®</sup> Food Drive\* (CHE/DEX/STK)

March 1-15

Help support local food bank programs. We'll deliver the food items we collect at the Wellness Centers to the local food banks to help those in need in our community.

#### Gen Z Group Fitness Classes (CHE/DEX)

Elevate your workout experience and join a community that understands your unique needs. Our dynamic classes are designed to energize, motivate, and empower our Gen Z generation. Get ready to break a sweat, make friends, and embrace a healthier, happier you. Don't miss out! Check out the class schedules for the Gen Z classes!

### Youth Spring Break Pass\* (CHE/DEX) March 24–31 • \$20/week

Chelsea and Dexter Wellness Centers are offering youth passes for member's children. Keep your kids active at the Wellness Center by enjoying all the amenities the Center has to offer. Ages: 12-17. For more information, visit the Member Service Desk or call 734-214-0220 (CHE) or 734-580-2500 (DEX).

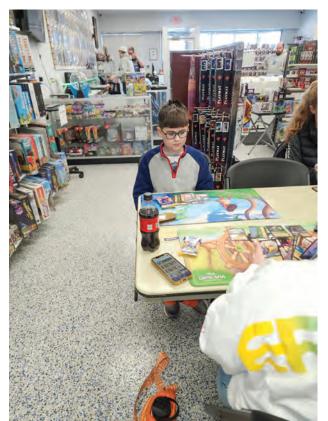
Adult & Pediatric CPR & First Aid Training Course\* (DEX) March 25 • 4:00pm-8:00pm Member \$35, Non-Member \$45 Join us in becoming a certified lifesaver! Gain the skills to respond confidently in emergencies.

Participants will learn how to recognize and care for sudden illnesses, cardiac, and respiratory emergencies in adults, children, and infants. For more information or to register contact the Member Service Desk at 734-580-2500. This is a skill set class. If you would like to receive a CPR & First Aid Certificate it is an additional \$36.



**Chelsea Guardian** 

## Lorcana Draft, Secret Crisis Comics







#### continued from page 1 By Aimee Bingham anbingham@gmail.com

I have no idea what Lorcana is and I have no idea what a Lorcana Draft is. I do know what the draft is in football. I know that a draft involves a selection of players for a team. I walked into Secret Crisis Comics for the first time ever. I was stepping out of the world in which I walk around comfortably. Suddenly, I was in the dumb girl role in the show The Big Bang Theory. If you've watched the show, you've seen her at Penny's apartment. She may be interested in useless pop culture things and know nothing of deep thought and Dungeons and Dragons. She is ultimately boring and uniformed regarding the things that interest Leonard and Sheldon and is never seen again. I noticed the board to my left in the vestibule. It featured tacked in requests for D and D players (Dungeons and Dragons for us simpletons who watch the Real Housewives). It was essentially a help wanted board for people wanting to commit

and play a role in someone's game. Though, I suspect I may have the story telling skills to help make a game interesting, I lack any base knowledge to fit in with a group of well versed players. Immediately, I recognized a friendly face, a fellow mom from my Momco group. I felt a little more confident because there was a welcoming smile. I also recognized a man from the Secret Crises Comics booth at several events in Chelsea. I figured he must own the store so I asked if I could take his picture, explained I was in the store to write an article for the event. He was slightly suspicious at first because he'd had people trying to create viral videos so he maintains a no photos, videos policy. I assured him, I wasn't planning on doing a hit piece on him. In Journalism a hit piece is the lowest form. A piece meant to attack integrity or uncover salacious bits about people. One of the reasons I love my job, even in the current climate of journalists being universally hated, is that I don't do hit pieces. I share

the small beauties and positive things within the community. If you want more ugly attack journalism go to CNN or Fox and watch the ugly unfold. I've had enough ugly so, I'll show Chelsea the beautiful right next door.

And, I found it in Secret Crisis Comics. After a little internet stalking, I discovered that Todd Diziobak is the owner and the man, on which, I promised a no hit piece. I asked if my nine year-old would be able to play. He explained that it's for any age gesturing to show the people gathered to play. He stated that there were families enjoying it together and stated that he loved that. The cards are Disney themed. The man running the event began explaining the rules as people took spots at the table. He moved people to different areas of the long rectangular table toward the back of the store and stated that he was, "trying to break families up,' which I promised would go in my article. But rather than be destructive, he was trying to ensure fair play for everyone. He explained things

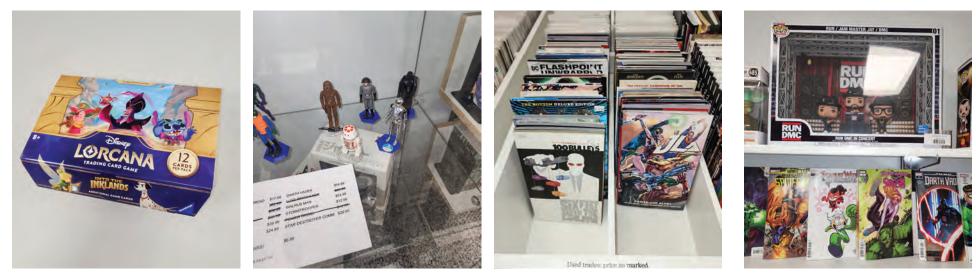
and I had the distinct feeling that everyone pretty much understood what would happen already. I understood, "don't create piles, it gets confusing," and "round 1 passes to the left, round two to the right." After he handed out the decks and round one started he apologized to me for not having his speech down and explained he usually runs Magic the Gathering events and he's a lot better at that. I explained that he's speaking foreign language and for all I knew he could have been explaining String Theory to Phd students. I thought he did great! He was friendly, and kind and also very tolerant of my ignorance.

I observed and it was exactly like a draft. The player received three or four packs, opened them one at a time, selected a card her team. and passed the deck. I saw Dalmations, Fantasia themed cards and all the Disney anyone could want. I walked up to the woman behind the counter and inquired about how people selected cards, she explained that there are attributes

written on the bottom and people may select based on what the card can do. Or some people might make a team out of all Dalmations or she showed me various symbols at the bottom. Some were mass produced and some were super special and rare. She suggested if I want to learn to play, Youtube would be a good place to learn. She kindly wrote down the info for me so I could learn. I'm an outcast in stores like this but everyone was so nice and welcoming! The players helped my friend's son Flelix learn to safely open his cards without bending the edges. And, his mom, Erin, who got roped into playing (by me pushing and encouraging) so there was a nice even number was given a mat to use and her neighbor offered to share sleeves to place

encourage you to learn. I came home after the event and shared how kind and wonderful everyone was with my husband. He nodded saying he'd had a great experience Christmas shopping and the staff was great. Definitely go browse comics, and the huge variety of games and collectibles. If you're into Magic the Gathering, The new Lorcana game, or based on the website events page, Murder at Karlov Manner, check out https://secretcrisiscomics.com/calendar/. If you've never read a comic in your life and you select titles based on family members the staff won't thumb their nose, they'll nod, "Ohh cool." And you will try not to say, "who me?" sheepishly. Thank you Secret Crisis Comics for a wonderful introduction into card game play and comics. You've created a wonderful store and little community in Chelsea. I'm coming back to play Lorcana and fully plan on learning and getting really good some day. So what if I only like cards with puppies on them?

The beauty of the store in Secret Crisis Underground Comics, is even if you are ignorant and out of place, the staff and community within will welcome you as if you are an important part. They will tolerate your ignorance and



## Chelsea resident earns spot on SVSU's Deans' List

Over 1,800 students from Saginaw Valley State University earned a spot on the fall 2023 semester Deans' List.

Mya Purdy of Chelsea was among those honored for academic excellence.

To be eligible for than 90 programs of dents. the Deans' List, a student must take at least 12 credit hours and carry a semester GPA of 3.4 or better.

Saginaw Valley State University is a mitted to a supportcomprehensive university with more

study for its nearly 7,000 students. Located on a suburban campus in Michigan's Great Lakes Bay Region, SVSU is comive and empowering environment for stu-

SVSU emphasizes undergraduate teaching and learning, and community-based research. SVSU has received the Comclassification from the Carnegie Founda-

tion for the Advancement of Teaching, a distinction achieved by only 7 percent of U.S. colleges and universities.

SVSU is establishmunity Engagement ing itself as a leader in STEM education for the Great Lakes

Bay Region, partnering with businesses, foundations and school districts to improve students' performance in math and science at the middle school, high school and university levels.

**Chelsea Guardian** 

### **Adult Learners Institute Announces its March Lineup**



In addition to St. Patrick's Day and the first day of Spring, the month of March also provides the following intellectual stimulation, courtesy of ALI.

Walking in Our Grandfathers' Footsteps is the name of Wendy Zielen's class on March 4 when she shares stories of the men who served in one of history's most tragic catastrophes, World War I, the Great War. The stories of their courage, heroism and pain are revealed in historical records and artifacts, as well as in their personal memories.

Hank Muir asks that one refrain from dancing to the melodies of the first half of the twentieth century in his American Musical Theater classes on March 6 and 13. However, he does allow toe tapping to music from Tin Pan Alley through Bing Crosby, Judy Garland, Nat King Cole, Rock n' Roll, and even some singers we have never heard of.

Ann Beyer's March 8 class, What's Up? Wolf Ethology introduces ethology, the science of behavior, and she suggests that the behavior of wolves may explain some traits of human behavior. She has made several trips to the International Wolf Center in Ely, Minnesota, where she has learned much the relationship of these animals not only to their own habitat, but also to what they can tell us about ourselves.

We have all experienced that unexpected "hunch" that alerts us that something dangerous or harmful or possibly quite wonderful is coming at us. But when the moment passes, we tend to dismiss its significance. Beverly Fish thinks we should take that "hunch" seriously, and in her classes on trained ear for lan-March 11 and 18, Developing Your Psychic Ability and Spiritual Self, she will discuss ways in which we can enhance our intuitive abilities, not just occasionally but in our everyday lives.

Susan classes on March 20, April 3 and 10, Aging: Three Films Finding Joy in New Relationships, upend the notion that aging is simply a matter of rocking three films focus on an English woman who moves to a boarding house in London, a French lady who befriends a man considered "not too bright", and an 84-year old former Mau Mau warrior from Kenya who wants to learn how to read.

Unless you are unconscious, you may find it difficult to avoid becoming at least a little distraught occasionally. Reverend Dr. Price cannot promise to remove the sources of our anxiety but his March 22 class, Decision Making and Anxiety will show how to hit the reset button when "S\*\*t happens. He advises students to bring along their questions as well as their sense of humor.

Trisha Terns' guage has allowed her to figure out how to harness thought and language to work more effectively to enhance our health, wealth and relationships. Her March 27 class, Mindfulness and the Art of Nenadic's Internal Language is an engaging dive into the principles of neuro-linguistics, a tool that you probably never knew existed but one that can enhance memory and provide

chairs and pills. The strategies for effective EVs can use every pubcommunication

> Is an Electric Vehicle in Your Future? is the question explored by John Daly in this class on March 25. Most of us have to admit that we really don't know much about ing more information them. While most EV owners charge their vehicles at home, they also need public chargers. However, not all

lic charger, and various charger types recharge EVs at different speeds. This class simplifies matters and helps you decide if, indeed, an EV is in your future.

Catalogs containon these and ALI's other Winter/Spring classes, as well as the registration form are available at grocery

stores, libraries, senior centers and several churches and businesses throughout the Five Health Towns area as well as at www.alimichigan.org.

You will find that the elimination of ALI's administration fee and the renovation of the web site have made registration for ALI's classes much simpler.



**Business Breakfasts** Jan 11th | 7-9am April 11th | 7-9am July 11th | 7-9am Oct 10th | 7-9am

Wellness After Hours Jan 17th | 5-6:30pm

Chocolate **Extravaganza** Feb 10th

**Curling Fest** Feb 24th | 8-11pm

Annual Meeting March 6th | 6-8pm

Sounds & Sights on **Thursday Nights** June 6th-July 25th & Oct 24th 6:30-8:30pm

Sounds & Sights Festiva July 26th-27th

**Community Picnic** Aug 10 | Noon to 2pm

**Golf Outing** Sept 4th | 7:30am-3pm

**Backyard Beer Garden** Oct 12th | 3-10pm

Hometown Halloween October | A|| Month

Wine, Women, & **Shopping** Nov 8th & 9th

Hometown Holiday **December | All Month** 

**Sculpture Walk All Year** 

**Chelsea Trail Challenge** Feb 1st-Nov 30th



to view a full calendar of events.



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## **Gallery 100 Presents: Saline Painters Guild Exhibition**

#### **D&B** Strategic Marketing doris@dandbmarketing.com Gallery 100

gallery100atsm@gmail.com Gallery 100, a growing hub of artistic expression located in Chelsea, is excited to announce its upcoming exhibit, the "Spring Show" by the Saline Painters Guild. This captivating showcase, scheduled to run from March 5 to April 28, will feature a stunning collection of paintings by Saline artists.

Exhibit Highlights: The Saline Painters Guild is a group of skilled artists recognized for their exceptional work with watercolor, oil, and acrylic mediums.

They have exhibited their creations in galleries, juried art shows, and art fairs, showcasing their talent to audiences.

This exhibition promises something for every art enthusiast. Visitors can immerse themselves in the tranquil landscapes of Rose Bradley's watercolors, appreciate the urban scenes depicted in Sue Craig's pastels, and marvel at the vibrant colors of Dennis Gordon's woodcut prints. The diverse range of mediums and subject matters ensures a rich and engaging experience for all who attend.

Established



2009, Gallery 100 is a cherished part of the Silver Maples community, offering a cozy space dedicated to promoting art appreciation.

Alongside its larger event space, the Maples Room, Gallery 100 hosts events and programming to foster a deeper connection with the arts. As part of its commitment to supporting in local artists, Gallery 100 provides a platform for direct artist sales without taking any commission.

The Saline Painters Guild and Gallery 100 cordially invite the chance to explore public to attend the opening reception of their exhibition on Sunday, March 10, from 2:00 pm to 3:30 pm at Gallery 100, located within Silver Maples of Chelsea. This event offers a

unique opportunity to meet the artists, enjoy refreshments, and experience the beauty Artists Reception: of their artwork first-

> the talent of the Saline Painters Guild at Gallery 100. Save the date and join us for an unforgettable celebration of artistry and creativity.

hand.

**Event Details:** • Opening Recep-

Sarah Merkle

**Rose Bradley** 

tion: Sunday, March 10, 2024, 2:00 pm -3:30 pm

• Exhibition Dates: March 5 - April 28, 2024

• Location: Gallery 100, Silver Maples of Chelsea

• For more information, please contact: gallery100atsm@ gmail.com

"Gallery 100 - Life is Art"

As a 501(c)(3) nonprofit, Gallery 100 welcomes people of all ages and backgrounds to explore and experience art. Gallery 100 offers engaging exhibitions and community programming of all varieties: artist Don't miss the talks, a residency program, studio classes, and more. Artists who are interested in exhibiting their work at Gallery 100, please email Winn Nichols, gallery100atsm@ gmail.com.



## **SENIOR MOMENT: Jam Session**



Gary Munce, co-founder of the Jam Session at CSC, leads the group in a song at a recent Wednesday afternoon session.

#### Submitted by **Gretchen Zale**

Following in the footsteps of its highly successful first musical undertaking, the Ukulele Group, the Chelsea Senior Center now offers a variety of musical opportunities to its members and friends.

One of them, The Jam Session, was formed by Gary Munce and Kelly Schmidt. Starting with

or five hearty souls, they envisioned a way to bring more music into the lives of their friends at the Senior Center. Meeting at CSC on the first and third Wednesdays of each month at 12:30 pm, the group sees a growing number of people looking for music in their lives, either by participating or by dropping in just to listen.

The musical group a core group of four now has as many as

10 people who bring their favorite instruments, including violin, guitar, flute, ukelele, harmonica, percussion, mandolin and bass. All ages and levels of musical talent are invited. Many others make up the lively and appreciative audience

Munce says, "The Jam Session is a great way to enjoy life by connecting with others around music. We have the opportunity to experience a variety of music and learn from others in a relaxed and welcoming setting."

A number of recent surveys and studies have shown that music participation, especially in older people, is the ultimate way to connect and collaborate. Music also enlivens the day and helps trigger memory recall in those living with dementia. A recent feature article in AARP Magazine highlighted the growing body of evidence that music plays an important part in the well-being of seniors, and provides a critical therapeutic avenue for those with brain injury and dysfunction.

CSC member Jim Hughes, who plays guitar and ukelele, has played mandolin at the Chelsea Farmers' Market and at the Chelsea Retirement Home. He believes that playing with a group like Jam Session is supportive, encouraging, and a life-enexperience riching that can be started at any age.

CSC membership is open to all ages. So come along and bring your friends to a Jam Session and plan your time for joy!

The Senior Moment feature highlights opportunities for older adults through the Chelsea Senior Center and related organizations. Call the CSC at (734)475-9242.



It's no work and all play for the (mostly) amateur musicians who come to play twice a month at

the Jam Sessions. Newcomers are welcome.

## **April Read & Seed: A Fun Event** for Seniors and Preschoolers



Chelsea **Senior Center** 



Soon after spring's arrival, Chelsea Senior Center's Trinh Pifer Intergenerational Garden will be buzzing with the Read and Seed activity shared by seniors and Chelsea Community Preschool students.

Read & Seed, April 2 and 3, kickstarts Chelsea Senior Center's intergenerational programming for the garden season. Seniors who love interacting

pus at the Washington Street Education Center affords the Chelsea Senior Center members and the preschoolers this unique opportunity to easily connect in the garden. Teachers bring their students back to check on their crops and taste early produce. The ultimate excitement is when food from this earliest Read and Seed planting activity is used in Camp Gabi- tact Sharon Kegerreis,

tious daily lunches and free farm stand.

Volunteers are needed throughout the spring-to-fall growing season to aid in the sowing, harvest and upkeep of the garden and hoop house. Contact the Chelsea Senior Center to volunteer at (734) 475-9242 or at connected@chelseaseniors.org.

Questions? Con-



## **Chelsea** Police **Department Weekly** Summary

Incident #: 24-574 Date: February 19, 2024 Location: 300 block of Wilkinson Street Time: 6:11 am

While on routine patrol an officer was dispatched to the 300 block of Wilkinson St. for the report of a larceny of motor vehicle parts complaint. Upon arrival the officer met with the complainant

INFORMATION: near his vehicle. The complainant said that he had parked his vehicle on the evening of February 18th and when he returned to the vehicle on the morning of February 19th, he found that all four wheels had been stolen

and the vehicle was sitting on concrete blocks. At the time of the report there was no suspect information available. The case remains open pending further investigation.

Incident #: 24-576

Date: February 19, 2024

Location: 200 block of Wilkinson Street

Time: 8:31 am

INFORMATION: who said that he had While on routine patrol an officer was dispatched to the 200 block of Wilkinson Street for the report of an attempted larceny from auto complaint. Upon arrival the officer met with the complainant

went out to his vehicle in the morning and found that the passenger side front window had been broken out using an unknown object. The complainant said that it did not appear that anything was

Incident #: 24-604

missing from inside the vehicle. There was no suspect information available at the time of the report. The case remains open and was turned over to the investigator for further follow-up.

with young children are invited to volunteer to read garden books to preschoolers and guide them on the sowing of seeds.

"The kids are enthusiastic and curious gardeners," says Laura Noble, longtime volunteer for the intergenerational garden. "It's always a treat for us seniors to connect with little children. The positive interactions with seniors help boost kids' self-confidence."

Sharing a cam-

ka summer day camp cooking classes and by seniors who enjoy the senior center's nutri-

Chelsea Senior Center Outreach and Connections Coordinator, at (734) 475-9242.





Date: February 21, 2024 Location: 500 block of Wilkinson Street

Time: 9:35 am

While at the station an officer was assigned a larceny from auto complaint over the phone. The complainant said that she had recently discovered that her debit card was fraudulently being used

INFORMATION: at various retailers. The complainant said that when she discovered the charges, she checked her vehicle and the debit card that she keeps in her vehicle was missing. The incident is believed to have possibly occurred sometime between February 18th and February 19th and no other items are believed to have been taken from the vehicle. At the time of the report there was no suspect information available.

### Incident #: 24-656 Date: February 25, 2024 Location: 1400 block of S. Main Street Time: 1:47 am

**INFORMATION:** While on routine patrol an officer observed a black Chevrolet Silverado pickup parked in the center of a parking lot of a closed commercial property. The officer approached the vehicle and found the vehicle to be running and occupied by a male subject in the driver's seat, who appeared to be asleep. After repeatedly knocking on the window of the vehicle, the officer was able to wake the driver up. The driver rolled his window down to speak with the officer and immediately the officer noted a

strong odor of alcohol emitting from both the vehicle and his person. The officer questioned the driver on what he had been doing, parked in the middle of the parking lot for and the driver refused to answer any questions. While speaking with the driver it was found that he was in possession of a handgun, which was secured and entered into evidence. The driver refused to perform any standard field sobriety tests or answer any questions. The officer determined that there was enough probable cause to place

the driver, identified as a 49-year-old Gregory man under arrest for driving under the influence of alcohol. The suspect was transported to the Chelsea Police Department for processing. The case remains open pending laboratory analysis by the Michigan State Police Crime Lab to determine the level of intoxication. The case will then be submitted to the Washtenaw County Prosecutor's Office for warrant review and to determine what if any charges will be authorized.

**Chelsea Guardian**