

#### **Chelsea Guardian**

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# Chelsea Guardian

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**Business Spotlight:** 

New Moon Neuro

Hamilton **Publishing** 







By Aimee Bingham Osinski drug-free, non-invaanbingham@gmail.com

New Moon Neuro recently opened at 515 S. Main St, Inside Curtis Chiropractic. New Moon Neuro provides MicroCurrent Neurofeedback. like me, you have yet to learn what microcurrent biofeedback is, it might be easier to define the types of it that can help. It is used to treat anxiety, depression, insomnia, pain issues, OCD, TBI and addiction issues. It is FDA-registered, non-pharmaceutical,

sive, and safe.

As a person who has lived with anxiety, for as long as I can remember and with a strong desire to wean off my anti-anxiety meds, I was very open to trying a non-invasive, non-pharmacological treatment. But, to be very clear, I am weaning off my meds with my Dr. overseeing the process and deciding that it is safe to do. I also checked with my cardiologist to be certain continued on page 2





Story and more photos on page 8.





## Carlene Carter Headlines **CDL Song Fest!**



Story on page 10.









## Heydlauff's Launching **New Chef Series!**



#### From: D&B Strategic Marketing doris@ dandbmarketing.com

Heydlauff's is featuring a Chef Series that will pair their new state-of-the-art kitchen appliances with local and regional bakers and chefs on the third Saturday of each month starting September 16.

Discover premium appliances married to local chefs' innovative baking and cooking skills. You will sample delightful treats and take away recipes and personal tricks.

First is Lakehouse Bakery owner Keegan Rodgers September 16 starting at 11 am. As a locally owned and operated business in the Chelsea area, the Lakehouse Bakery proudly serves up mouth-wa-

Lakehouse

tering treats daily. Their baked goods are made with the freshest ingredients and served with smiles. "Taking over the universe one cookie at a time," Chef Madeleines, brioche, Keegan.

On October 21, Agricole FarmStop's newest Chef, Austin Rohn, Key to Cuisine, will highlight seasonal local produce. Chef Austin offers classes to pique students' interest to learn more about the culture of a dish, the people, their food, their traditions, and their land. "Let's all come together, one plate at a time," Chef Austin.

November 18 will feature Suzanne Murray & Lisa Carolin, LA Baguette. A small business that opened in June 2011 under the

2010 Cottage Food law. They bake baguettes in their home kitchen nearly every day and they also bake and sell rye sesame boules, Gâteau Breton aux Noix, savory and sweet tarts and Tarte Tatin. As one happy customer recently told them, "It doesn't get more local

than this!" Jason Aguirre summed up the series - "It is an informative, fun and potentially intoxicating way to spend a Saturday. Tasting and learning about food and the fantastic appliances that prepare it!"

December's Chef will be announced soon. Contact 734 475 1221 with any ques-



#### **WASHTENAW CAMP** PLACEMENT SERVES THE MOST **CAMPERS IN TWO DECADES**



Washtenaw Camp Placement (WCP) is thrilled to announce a significant increase in the number of children served this summer camp season. Camperships were awarded to 161 children who would not have otherwise had the opportunity to attend camp. This is the largest number of campers WCP has sent since 2003. Children who receive camperships are givthe opportunity to attend one or two week sleepaway summer camp, tuition free. Sleeping bags and other camping gear are also provided.

"By increasing our ability to serve more of the community we are able to positively impact the future trajectory of additional children," said Executive Director Matthew Tarver-Wahlquist. "Research shows that chil-

dren who have been to sleepaway summer camp are better prepared for life outside of the camp environment, and I am excited to be reaching more Washtenaw County children with our program."

Overnight summer camp is a unique experience where children are immersed in an experience-oriented learning environment. After attending camp, children have a larger affinity for nature, independence, perseverance, and more social awareness. For example, activities such as swimming can help save lives while cooperative ropes courses can help build teamwork skills and confidence, potentially leading to improved academic success. The more years that a child is able to attend camp the larger their life impact will be. The skills and confidence gained in camp can transform the lives

of children living in

challenging circumstances and lead to better long term success rates in college or vocational training, careers, and family.

One Ypsilanti parent said, "Camp was such a wonderful experience for my son. For the past week, he has recounted many positive memories from camp. My son enjoyed trying zip-lining, getting to know his peers and counselors, and giving fishing a try. My son has said a triumphant 'Yes' to any help I have requested this week. He's been so willing to chip in and assist me with simple tasks around the house. He has also been more expressive and appears more ready to engage in family conversation. Our family wants to say THANK YOU to WCP for all that each member of your team does to organize/prep/ plan/gather funds, etc., for camp. This is truly one of the best pro-

bite people opening

continued on page 10



## **Business Spotlight:** New Moon Neuro

> continued from page 1 I had medical permission to try the therapy. Nobody should stop or decrease medication without medical supervision. I've watched too many horror movies, shows about electroshock therapy so I was anxious to try the treatment. I walked back into the room. smells wonderful and calming, like essential Bamboo flute music plays softly in the background and the room is calm and pleasant. It does not look like a place where I'm going to have to something horrifically shock my brain into working properly. My first appointment was with Nicole, whom I've known since we were much younger in Ann Arbor. After moving out of state, her own store, getting married, and becoming a mother, she returned to the area and settled in Chelsea with her husband and business partner Brandon. Nicole was very careful to fully explain the process and was very gentle and careful not to spark additional anxiety, which I appreciate. walked me through box breathing once she affixed the tiny electrodes to my forehead. The amount of electricity released is less than a cell phone, so needless to say, I didn't feel anything. It wasn't horrific mental health treatment from the 1920s.

Always the skeptic, I did not think a tiny little current, I couldn't feel would do anything. But according to my health tracking watch it did. For the first time in I don't know how long I got, a "perfect," night's It measures sleep. awake time, REM, light, deep sleep, heart rate, stress, and respiratory quality. score was in the 90s. Prior to that, it was considered poor with a score in the 60s. I went in for a second round and my sleep score was 100. My health watch gave me my first low-stress badges after my first appointments. This is all happening while I dropped down 10mg on my anti anxiety medication, so I am

impressed. Based on my medical history, we've opted to start with a really light Microcurrent dose. Neurofeedback lower blood pressure and mine is already very low. So we're being very careful and checking with cardiology before trying it. My blood pressure has remained steady, my anxiety is low and I've had no headaches and great sleep. I am excited about this because I do not like taking medications and I do not like the side effects. 85% of clients observe lasting shifts in 3-5 sessions. So, if you're struggling with anxiety, insomnia, depression ADHD, OCD, Migraines or TBI, definitely get in contact with Nicole or Brandon Leffler of New Moon Neuro, There are options besides pharmaceuticals with tons of nasty side effects to explore right in Chelsea. Call (734) 210-1922 or email hello@newmoonneuro.com with any questions. To learn more visit the website newmoonneuro.com

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## SENIOR MOMENT (s) as a Volunteer



There are smiles all around as senior volunteers provide program and organizational support to local organizations.

#### Submitted by **Maurine Nelson**

Senior moments are everywhere in Chelsea! What are these moments? They are seniors, aged 55 plus, helping numerorganizations provide programs to all by volunteering their time and skills. The benefit to individual senior volunteers is well-documented. They benefit from the socialization and the sense of accomplish-

experience and providing a sense of purpose, and social interaction. One recent Chelsea volunteer declared, "Volunteering saved my life!" But how do the organizations benefit? Are the volunteers' contributions helpful? Necessary? A sampling of several organizations found that 50 to 95 percent of all programs implemented by Chelsea organiza-

ment in lending their tions are supported by senior volunteers.

Senior volunteers also provide valuable time to the implementation programs so it saves money for the organization. Seniors serving on committees and within the organization share expertise from their previous occupations, and help organizations to formulate meaningful and needed programming.

Fold, label, and process all mail that goes out to the community from the or-

Volunteers also:

Provide "on-call" last-minute help on a tor. A few positions daily basis;

ganization;

Help with functions of the organization, such as clerical tasks, answering phones, and providing an extra set of eyes on program development.

Bill O'Reilly, Executive Director of the Chelsea Senior Center said, could not be who we are and serve the population we do without the substantial help from senior ments at organizavolunteers." Another executive declared, "We could not survive without senior volunteers; the entire organization and its service to others is implemented by volunteers."

Recruiting volunteers is challenging in today's 'busy' environment. However, a majority of the volunteers don't need a specific skill set, only

a willingness to help out and a desire to do a good job. When necessary, on-the-job training is provided by an organizational volunteer coordinaworking with vulnerable people may require background checks or meeting program requirements.

Primary recruiting venues include:

1. Online advertising on social media, website information, word of mouth, and newsletters;

2. Inviting inmember drive:

3. Announcetional meetings;

4. Advertising specific tasks in a local news publication.

More than 30 organizations and associations in the Chelsea area depend on volunteer support to maintain their level of program offerings. Direct calls to organizations about volunteer opportunities are always welcomed, and The Silver Solutions Network can assist in connecting potential volunteers to appropriate organizations. For more information call Silver Solutions Network at 734-274-1568.

The Senior Modividuals to join a ment feature highlights opportunities for older adults through the Chelsea Senior Center and related organizations



Laura Perkins

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#### Mission Statement:

Hard work, good work and creating and fostering great relationships are the keys to community success.







May 27/Sept 16 - Stacey Murray June 3 - Kay Harper June 10 - Tom Girard June 17 - The Instrument Room June 24 - Loyce Hoffman July 1 - Dan Bickel July 8 - Kevin Brown July 15 - MacDonald Bros July 22 - Bill Personke w/Katie Personke July 29/Sept 2 - Lilly MacPhee August 5/Sept. 30 - Katie Geddes August 12 - JTE Band

Aug 19 - A2SO

August 26 - Loyce Hoffman

Sept. 9 - Dave Boutette

Sept 23 Paul Girard Jazz Combo

SATURDAYS

Saturdays, 8 to 1pm Music 10:30 am to 12:45pm Palmer Commons in Downtown Chelsea

Wednesdays, 1 to 5pm Music: 1 to 3pm

Corner of Old US 12 & M52 Chelsea State Bank parking lot

### WEDNESDAYS

May 31 - Scott Thacher June 7 - Bill Personke June 28 - Mike Ward: Psychosongs July 26 - Nathanael Zuellig Aug. 30 - Bob Bransky Sept. 13 - Tom Girard Sept. 27 - MacDonald Bros



charlachelseaguardian@gmail.com

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# HIH-SH



## **CHELSEA BULLDOGS VARSITY FOOTBALL**

## **BULLDOGS DESTROY PINCKNEY**





#### **Photos By Crystal Meads**

#### From: Josh Lucas

Josh Lucas: "We beat had over 50 yards and Pinckney 35-0. After a a 1TD. JJ Turnbow quiet first quarter, we had a WR TD from Tyson Hill had over pitched a shutout and

200 yards and 3 TDS, From head coach and Thomas Shemwell started to play better. Luke Anstead. Defense to Ypsilanti this Friday.

played well all night. Ethan Collins and Calvin Decker both had

The Bulldogs travel

## CHELSEA BULLDOGS JUNIOR

#### HELSEA BULLDOGS JV DEFEATS PINCKNEY, GO BULLDO









**Photos By Chrissy Fitch** 

## **CHELSEA BULLDOGS MEN'S CROSS COUN**

## WARRIOR **CLASSIC** XC MEET RESULTS

**LAKE ERIE METROPARK** - SEPTEMBER 6TH, 2023

(LOW 80S AND CLOUDY)

On a warm, humid afternoon, the Chelsea Boy's Cross Country competed at the Warrior Classic Cross Country Invite held at the Lake Erie Metropark. Chelsea placed 3rd out of 12 teams. Leading the way was Jackie Dell in 7th place followed by Beckett Boos in 11th place for Chelsea. Wyeth Angus was the top freshman in the field of 145 total runners and placed 14th overall. Brant

Maley followed with a place of 21st. All four of these finishers for Chelsea all earned medals. With the given warm weather conditions, many of our runners were still able to move up through the field to help the team with a top placing. Next week we have two big meets: SEC Jamboree and the Spartan Invitational. We are looking forward to competing in these meets.

#### **Team Results**

Team		Points
1.	Allen Park	58
2.	Brownstown Woodhaven	62
3.	Chelsea	74
4.	Monroe	89
5.	Tecumseh	125
6.	Erie Mason	173
7.	Dearborn	175
8.	Wyandotte Roosevelt	216
9.	Melvindale	273
10.	Dearborn Edsel Ford	277
11.	Grosse Ile	296
12.	Dearborn Heights Crestwood	329

#### Chelsea Individual Results - 145 Total Runners

Place	Name	Time	
7	Jackie Dell	17:59.7	
11	Beckett Boos	18:11.7	
14	Wyeth Angus	18:41.6	
21	Brant Maley	18:49.0	
26	Linus Helzerman	19:04.8	
29	Alex Martin	19:11.8	
44	Mo Cugliari	20:02.0	
45	Leo Alafita	20:04.3	
49	Miles Dell	20:14.7	
51	Mason Maley	20:27.3	
58	Eric Cameron	21:04.3	
71	Sam Clifton	21:50.3	
80	Dylan Hodges	22:26.5	
86	Jack Meehan	22:52.2	
98	Cole Voight	23:28.2	
119	Nathan Krzysik	25:21.7	
136	Luis Solorzano	29:48.1	



## **CHELSEA BULLDOGS WOMEN'S CROSS COUNTRY**

## WARRIOR XC CLASSIC MEET RESULTS **LAKE ERIE** METROPARK -SEPTEMBER 6, 2023

(HIGH 80S AND HUMID)

Runner	Time	Place out of 138
Natalia DeMea	19:50.0	2
Samantha Bieber	21:33.8	6
Seren Angus	22:29.6	12
Clara Fredenberg	22:36.2	13
Zora Ziolkowski	22:42.4	15
Lauren Thompson	23:06.8	21
Marah Putnam	26:04.5	53
Mireille Hunter	26:08.8	54
Rory Welling	26:19.7	56
Madison Morgan	27:01.5	61
Zoey Bendena	27:37.8	64
Cyprus Gabriel-Menegay	27:43.6	66
Kaitlin Kubicki	27:50.8	67
Lissa Krueger	28:42.9	77
Sam Dark	29:06.7	79
Charlie Bianchi	37:40.6	122
Ana de La Parte Soto	37:41.0	123

On a hot and humid afternoon the Chelsea Cross Country team brought their best. The team took first place running faster than all 11 other teams competing! The team was once again led by Natalia DeMea who finished the race in second place out of 138 runners. She ran tough, keeping herself ahead of the pack for the whole race and fighting for her position. Sam Bieber was not far behind holding off the larger group and putting the team in a great position. There were also four runners who completed their first 5k

cross country race in this afternoon's tough conditions: Zora, Madison, Charlie, and Ana. Medals for performance were earned by Natalia, Sam, Seren, Clara, Zora, and Lauren. This was also the first time the entire team was present for a competition and they certainly made the most of it! They ran extremely well and are coming together to be a team in every sense of the word. We look forward to a big week next week with our first SEC meet in Bedford on Wednesday and the Spartan Invitational in East Lansing on Friday!

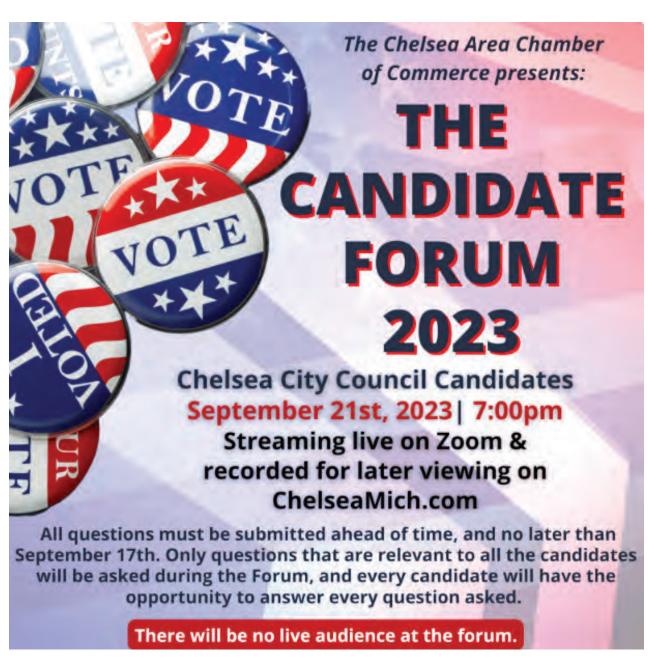


## **CHELSEA ANNOUNCES** NEW HEAD BOYS **CROSS COUNTRY** COACH

From: Chelsea **Bulldogs** 

Loren Thorburn as The Bulldogs are their new head boys

excited to announce cross country coach! Congrats Loren!



# The Candidate **Forum** 2023

The Chelsea Area the following link: Chamber of Commerce presents THE CANDI-DATE FORUM 2023.

This evening event will allow the residents within the City of Chelsea an opportunity to listen to the candidates for the Chelsea City Council. The questions will be pre-screened and relevant to all candidates.

The Candidate Forum will not have a live audience. It will be live streamed via zoom at

https://us02web.zoom. us/j/86965074821?pwd=SFNhU2wrdFo0W-HFxQ1F1cU8vSlRtdz09

Passcode: 303788

A recording of the Candidate forum will be available for later viewing on ChelseaMich.

Questions must be submitted by September 17th, and can be done using the form at https://chelseamich. com/events/the-candidate-forum-2023/.

## American 1 Credit Union's President/CEO, Martha Fuerstenau Appointed to Purple Rose Theatre of Chelsea Board of Directors



American 1 Credit Union announced that President/CEO, Martha Fuerstenau, joined the Purple Rose Theatre Board of Directors, located in Chelsea, Michigan.

The Purple Rose Theatre Company (PRTC) is the home of original world-class, American theatre, with roots in the Midwest that takes a handcrafted, artisanal approach to producing new and classic American plays that are nothing less than one-of-a-kind experiences.

"Martha Fuerstenau is a great example of someone who cares. Over the years, she has volunteered her time and served on the boards of several important organizations in the Jackson area, all with the collective purpose of making where we live a better place," stated Jeff Daniels, Purple Rose Theatre Founder and Artistic Director. "Luckily for

same energy, knowledge and sense of purpose to the Board of Directors at The Purple Rose Theatre Company."

Fuerstenau, has been part of American 1 since 1984, has held many leadership roles throughout her tenure and is also currently serving as the Chair of the Henry Ford Jackson Hospital Board,

us, she's bringing that Vice Chair of the Enterprise Group, along with serving as a board member of the Economic Development Corporation of Jackson County. Her past volunteer work includes serving on the Michigan Theatre Board and the Ella Sharp Museum of Art & History Board, including President of the Board of the Ella Sharp Museum.

"Having high-qual-

ity, accessible arts and entertainment are important for our local communities," Fuerstenau. "As a fan of the Purple Rose Theatre Company, I could not be more honored to contribute my experiences through serving on the Board of Directors and ensuring access to a theater experience relatable to a midwestern, Michigan audience."

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# HARVEST ART MARKET AT SILVER MAPLES!



#### From: D&B Strategic Marketing

Silver Maples of Chelsea will host the 15th annual Harvest Art Market on Saturday, October 7, from 10 a.m. to 4 p.m. at 100 Silver Maples Drive. The exhibit is free to everyone and offers ample parking.

It's the best little art market west of Ann Arbor! This indoor Market featuring 20 artists boasts a variety of media, including paintings, fiber art,

textile fashions, jewelry, pottery, woodwork, photography, handmade soaps, candles, and ornaments. You will also find a fabulous bake sale with various cookies, cakes, brownies, and breads.

In its 15th year, this art market was originally coordinated by past programming director Shawn Personke. Her vision was to offer interesting handmade items at fair prices; it's these types of artists who

are welcome and find the most success at the event. This year's market stays true to Shawn's original vi-

"You can find what you're looking for at this art market. We have a diverse group of artist booths," shared Winn Nichols, Director of Programming and Wellness. "It's the place to find one-ofa-kind gifts for family and friends before the holiday season, and to treat yourself with

something beautiful."

This year's show features new and returning artists, including beautiful landscape paintings by Ruth Hogan Krzyzowski, Agnes Soderbeck's unique, felted scarfs, and colorfully fun aprons by Debra Minzey.

There is always a buzz of people at Cheryl Green's beautiful, functional pottery booth at the Market. Cheryl describes the draw to selling at the





Photos courtesy Silver Maples of Chelsea

participating

can be viewed at the

Silver Maples Web-

site, and you can learn more about the talent-

ed artists selling at the

Harvest Art Market, "I have been participating in the Harvest Art Market since the very first one. Silver Maples is a lovely place to have a show. I love the residents and the staff. The quality of the art and products shown by the great artists exhibiting is excellent. It's a great show to be a part of for both exhibitors and shoppers."

The entire list of





## **ALI Announces its September Classes**



Watergate, long lines at the gas pump, protests, Patty Hearst and Kent State. It is that tumultuous decade, the 1970s, that opens ALI's Fall semester as John Hauger continues his exploration of the music of the twentieth century in his In-Person class on September 8, with the Mu-

ed at roughly the same time in the early nineteenth century and only about fourteen miles distant from each other, focus to show the **Link** Manchester and Saline Between Anti-Immicould not be more different, not just in the number of people and traffic lights, but also in their architecture. Grace Shackman's four part tour of the Architecture Saline and Manchester on Sept 11, 18, 25 and October 2 will focus on the stories behind the buildings in the two communities.

Immigration "policy" is often as isolated element in discussions about our own ancestors or border walls.. However, beginning

timent from World War I, Katherine Wilson's In-Person class on September 13 broadens the Sentiment, Prohibition, the Mafia and the US Border Pa-

During her eighteen years in Korea, Laura Scriven found that country fascinating yet "unexplainably similar" to the world of her native Chelsea. Her first of two In Person classes on Korea: A Traditional Beauty will be a lecture on September **12** with insights into the people, food, culture of South Korea. The second class on October

project.

What is ikebana? This is more than empty wine bottle. In their **In-Person** class on **September 19**, Terre Voegell and Liz Larwa will walk us through the tradition of Japanese flower arranging to "make flowers come alive."

In his **In-Person** class on September 14, Dr. Doug Baldwin follows his Spring 2022 course on Helen Keller with a look into the Life of Blind Superstar Daniel Kish. Blinded by cancer at the age of 13 months, Kish now "sees" the world by means of echo location, navigating cities he's

never been in and even riding a bicycle.

For as long as husticking posies into an mans have been able to walk upright, myth, legends and stories have helped us make sense of our often puzzling environments. And in this semester's class on the World of Folklore on September 29, Steve Daut will have fun with many categories including folk and fairy tales, proverbs and mytholo-

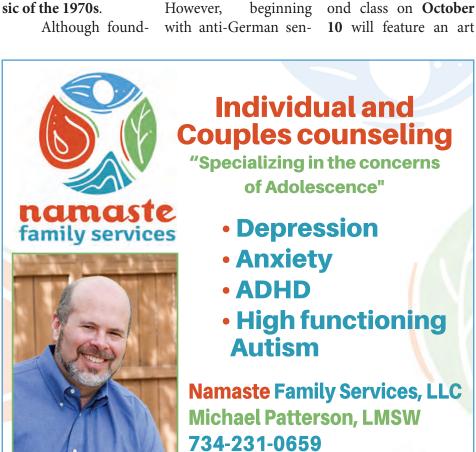
> The catalog with more class information on these and the rest of the Fall term classes as well as the enclosed registration form is available for download on the website, www.adultlearnersinstitute.org. as

well as at local libraries and various other locations in the area.

Registration for ALI classes is by mail only. Mail completed registration forms to: Adult Learners Institute, P.O. Box 134, Chelsea, MI 48118. Registration fee is \$10 per semester and the class fees range from \$10 to \$35. If you have questions, please call the office at (734) 292-5540 or visit the ALI

NOTE: As of September 1, our email will change to: info@alimichigan.org. Our website remains the same at www.adultlearnersinstitute.org.

web site. -



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## Chelsea Fair: A Tradition Since 1872





Photos By Aimee Bingham Osinski



> continued from page 1 By Aimee Bingham Osinski anbingham@gmail.com

According to a Chelsea Fair Chronical by Lloyd Grau, The first Agricultural Fair began in Chelsea in 1872. Fair is believed to be taken from the Latin word feria which means, "Holy day." According to yesterdaysamerica: "The first day of school, bon-



Roots of the American Fair, early fairs were usually leisure and religious celebrations." Agricultural Fairs, like the one held in Chelsea, started in the US around 1810. As a Midwesterner Fairs have been a part of nearly every Fall of my life. Fairs are as much a part of fall as the



fires, changing leaves, and cider mills.

This year, I initiated my daughter into the Fair tradition of the craft barn. My brother, sister, and I entered the Saline Fair with a cake we baked just for fun and we won! I'm still thrilled about it., nearly 40 years later. So, I wanted to intro-

duce my daughter to the fun of a Fair. This year she baked from scratch chocolate cupcakes with ganache frosting. She had fun baking and got 3rd place. She got a ribbon and some prize money and was thrilled like I was with my cake. Maybe her children will get to experience the same thrill someday.

While contending with some wild weather, the fair was once again, a great success. Favorite events included: the demolition derby, Lost Nations Rodeo, and Ladies Day Program. Fair Parade and Sweepstakes Showmanship.

My daughter and

I admired the various skills on display in the craft barn; baking, canning, crafts, collections, hobbies and our favorite odd veggies were impressive and there's no shortage of talented people in Chelsea. As I was entering my daughter's cupcakes a 16-yearold was entering the most beautiful pies and the volunteers helping were great. They encouraged her to pursue her passion and make a career out of it. I was glad I didn't have to compete against her!

I followed the advice of the community online and bought food from the Kiwanas so the money went back to the community and I bought ice cream from the ice cream shop. The pretzel with cheese and ice cream did not disap-

point and I was happy to support the community. I caught a bit of the horse pulls. I don't

know how they finished overall but I was rooting for Brandon, Studly, and his partner. The name Studly stood out to me and given how strong he and his partner were, he was pretty studly. I was able to walk through the barns and watch as 4H children learned the family business, and how to feed the rest of us. I did not partake in rides but smiled at the bright colors and memories from my own childhood.

The 2023 Chelsea Fair was a great success and the community thanks the all-volunteer Fair Board for continuing to bring midwestern nostalgia and fun to Chelsea.



## Celebrate National Library Card Sign-up Month with CDL!



#### From: Virginia Krueger

September is National Library Card Sign-up Month, a time when Chelsea District Library (CDL) joins the American Library Association and libraries nationwide to remind our community that signing up for a library card is not only the first step on the path to academic achievement and lifelong learning, but also unlocks a wealth of enriching programs, exhibits, and online resources. CDL's mission is to engage, inspire, and equip through evolving services and resources—and signing up for a library card is the first step to accessing all the library has to offer.

Signing up for a library card is easy—visit either the library or a Mobile CDL stop in September and one of our friendly staff members will assist you with the process. Mobile

CDL will be at our district's township halls on the following dates:

• Sylvan Township Hall | Tuesday, Sep. 5 | 6-7pm | 18027 W. Old U.S. Hwy. 12, Chelsea

 Lima Township Hall | Monday, Sep. 11 | 6–7pm | 11452 Jackson Rd., Chelsea

• Lyndon Township Hall | Tuesday, Sep. 12 | 6–7pm | 17751 N. Territorial Rd., Chelsea

• Dexter Township Hall | Tuesday, Sep. 19 | 5-6pm | 6880 Dexter-Pinckney Rd., Dex-

Can't make it to the library or the bookmobile? Applications are available 24/7 on the library's website.

Head of Information Services Shannon Powers shares, "It's almost a cliche now to hear that library cards are keys that open doors to knowledge, but this is true now more than it ever was. Library cards bring you access to hundreds of thousands of paper and

ink books, but also eb- year. and tv shows to stream at no charge, as well as online databases like Consumer Reports, Value Line, and Homework Help Now. Public libraries, whether physical or digital, only exist when communities are engaged. By signing up for a library card, you're not only gaining access to all these different ways to read and find information, you're also doing one of the best things you can do to support and preserve your local library."

CDL strives to meet the needs of all of our community. Children enjoy storytimes, book clubs, and activities that promote early literacy. Teens find a safe place to hang out, game with friends, create cool crafts, and more. All students benefit from online homework tutoring, help, and test preparation. Adults can find continuing education resources, local history and genealogy resources, book clubs, and engaging programs. All ages can enjoy the arts with a variety of exhibits, crafting opportunities, and music performances throughout the

extra incentive to sign up for a library card with a drawing for all first-time library card applications. Adults and youth will be entered to win a gift card (\$50 for adults, \$25 for youth) to the business of their choice within

the CDL service area. own name may get a library card with a parent or guardian. To sign up for a library card or to learn more about the library's resources and programs, please visit www.chelseadistrictlibrary.org.

About Us: Chelsea

District Library is a not for profit organization whose mission is to engage, inspire, and equip through evolving services and resources. The Library ooks and audiobooks During Septem- Minors who are old currently serves 16,126 to download, and films ber, CDL will offer an enough to sign their residents in the Chelsea area including the City of Chelsea plus Dexter, Lima, Lyndon and Sylvan townships. More than 16,000 individuals visit the Library each month. For more information visit chelseadistrictlibrary.

## **Local Municipal Group Focuses** on Regional Issues - Annual **Calendar Updated**

Western Washtenaw Regional Advisory Group is the new name for a group formerly known as CAPT/DART (Chelsea Area Planning Team/ Dexter Area Regional Team). CAPT/DART was formed over 20 years ago as a non-votregional-issues ing, and planning advisory committee, made up of local elected officials and municipal staff from Western Washtcommunities. The group meets at the WAVE bus offices in Chelsea monthly (calendar below).

The current Chair of the group is Dexter Councilmember Zach Michels and includes representatives from many of the communi-

ties that make up Western Washtenaw County. Please contact Zach at ZMichels@Dexter-MI.gov to receive notice of meetings and information. related Agendas for meetings typically include local updates and quarterly focus themes of housing and transportation issues. The meetings are public and those interested housing, transportation and other regional issues are encouraged to attend.

2023-2024 WW Regional **Advisory Group Calendar** Public Meetings at WAVE offices @ 7:00 pm (unless otherwise

arranged) September 7, 2023 – **Quarterly Housing Focus** 

October 5, 2023 - Regular Meeting November 2, 2023 – Quarterly Transportation Focus December - No Meeting January 11, 2024 -Washtenaw County Update February 1, 2024 -**Quarterly Housing** March 7, 2024 – Quarterly Transportation Focus April 4, 2024 – Regular Meeting May 2, 2024 - Quarterly Housing Focus June 6, 2024 - Quarterly Transportation

lar Meeting

July 2024 – No Meet-

August 1, 2024 - Regu-

Focus

# Hiking Pictured Rocks







Photos By Aimee Bingham Osinski

## By Aimee Bingham Osinski anbingham@gmail.com

As a child, I never explored Michigan. Perhaps because as a Michigan girl, I spent a lot of time at my grandlake house parents' rather than traveling vacations. As an adult in midlife, I realized that I'd never taken in my own beautiful state like a tourist and I wanted to. I visited Sleeping Bear Sand Dunes for the first time and walked across the Mackinac Bridge on Labor Day last year. This year, I was able to do something I'd wanted to do since during Covid. I finally made it up to Pictured Rocks. All trails selected The Mosquito Falls via Chapel Loop trail, the number one hiking trail in Michigan. It was listed as a moderate hike and we were encouraged to

wear waterproof shoes.

The night prior to our departure severe storms rolled through our neck of the woods. I finished packing in the dark but we'd planned the trip at the last minute and if you want to backpack Pictured Rocks you need to reserve a camping site in advance. While we tried to make reservations we noticed there were no open sites. The original adventure plan was to backpack and spread the hike over a few days. Without any place to sleep in Bear Country, we chose a different plan. We rented a two-bedroom house with a kitchen and cable TV. It was very close to the trailhead and much nicer than we planned. Cost-wise, it was about the same which we thought was ironic. We decided to complete the 10-plus mile trail in one day rather than in slow and steady portions.

I studied what we might encounter and found Up North Bears are still afraid of humans and if people take care of food and are loud it's likely that no problems would happen. I am a survivor of highly unlikely things so I bought two canisters of bear spray. Just in case. My son mentioned that his time in the Peace Corps taught him to be over-prepared. We both felt a little better with bear spray.

hoped we never had to use it. Though I secretly wanted the thrill of catching a glimpse of a bear. The rain followed us North and our first night there were storms. They weren't serious. Just rain and a little lightning but we were glad we weren't camping that night. We ate white fish from Lake Superior, cheese curds, and sampled some local microbrews. were embracing local traditions as one should while traveling.

We stopped at a few gift shops and headed back to our little house to relax, watch TV, and call it a night early after a long drive. We did not set an alarm, this was a vacation, after all. But we still woke early and took our time getting ready. I packed peanut butter sandwiches, goldfish, trail mix, and almonds as trail snacks. I wore a hat as a way to protect my long hair from Deer ticks that can jump from shrubs and bushes. I had bug spray, sunscreen, and bear spray. My shoes were waterproof but not hiking shoes and I forgot my hiking sticks at home in the dark. I also forgot a top layer and it was Upper Peninsula cold, 45-50 in the morning. My son was over-prepared and he had two, thankfully. We arrived at the trailhead around 11 am, to realize that the parking lot was full and the road to the parking lot was down to one lane due to all the cars parked. We could not turn around without driving up to the parking lot and miraculously, a spot opened as we did and we were two spots away from the start of the trail. All Trails said the full loop takes an average of 3 hours but the reviews on All Trails said no way and if the point was to enjoy nature, it would take much longer. We selected the path that would allow us to relax on the beach



inski
a few hours in and enjoy
our lunch. My son and
I decided we wanted to
check out every viewing spot because we did
not know when we'd be

back. We were not tak-

ing the trail for granted.

breathtaking. The views

hike

The

are magical and aside from the cold breeze whipping off Lake Superior it seemed tropical. Waterfalls and bubbling brooks line the hike. Mother nature is majestic. As a nearly 50-yearold woman, I felt the trail was more difficult than moderate. It had just rained so it was muddy and slick. I did not have hiking shoes or my hiking poles. My height and shorter stride provided some challenges with winding tree roots and The entire 10plus mile trail took us 7 hours. The majority of the full trail hikers were college student-aged. I wondered out loud if people my age think they're too old? beautiful and well worth any discomfort. We did not see any bears but we did see evidence of a bear. The trail takes you right next to cliffs and you balance beam walk over the rocky edges of Lake Superior as it crashes like a bass drum. If you want to hike Pictured Rocks do it. If I were going to do it differently, I'd camp and take it in more leisurely. If I'm not camping I'd bring better shoes and my poles. I'd also pack more food. There were so many people on the trail the threat of bears that are afraid of humans was minimal. I'd pack a roll of toilet paper because the privies at campsites had none. If you've never hiked Pictured Rocks do it. Spend your tourism dollars at home and enjoy the majestic views Michigan has to offer. It did not disappoint. In fact, it was so stunning I'm already planning my next Michigan ad-

## Chelsea High School 2023 Homecoming Parade



#### From: Bradley Dunn, CHS Student Council, Class of 2026

On Friday Octo- game ber 6 the Chelsea High 2. School Student Council will host the 2023 3. Homecoming Parade. clubs. The parade will feature: 4.

1.) The sixteen nominees of Chelsea's excellence award, their alternative to the traditional homecoming king and

queen. The four winners
— one per each grade
— will be announced
that night at the football
game during halftime.

2.) Many Chelsea High sports teams.

3.) Several school

4.) The 'pride' of Chelsea, the high school marching band.

5.) Class floats for each grade level.Here are the details:

1.) The parade will start in the parking lot behind BBQ 52, run through downtown Chelsea, and will end at the football stadium.

2.) The parade will start at 5:15 PM on Friday, October 6th.

If any local businesses are interested in entering a float, please email 6vanhoeb@chelsea.k12.mi.us.

# September Events

# WIM Hof Method Lecture\* (CHE) September 6 • 6:00pm Tim Mann, LPC, SCL, Peak-Performance Coach

Tim Mann, LPC, SCL, Peak-Performance Coach Certified Wim Hof Method Instructor, AED/CPR/First Aid Certified.

The Wim Hof Method (WHM) can help you gain control of your autonomic nervous system and open the door to an array of health benefits. For more information and to register, please visit wimhofmethod.com/instructors/timothy-mann-1

#### Yoga for Parkinson Tuesdays\* (CHE) September 5–26 • 2:00pm–3:00pm Fee: Mem \$40, Non-Mem \$56

People with Parkinson Disease have been shown to respond favorably to the practice of Yoga. This class is suitable for people with Parkinson Disease as well as their caregivers. For more information, see the Member Service Desk. Registration Required.

Women's Health and Fitness Day\* (CHE/DEX)
September 27 • Women work out free all day!

## Appetizers and Art\* (CHE) September 27 • 5:30pm-7:00pm • FREE

We will be creating a ceramic pumpkin with Eli from Curiouser Clay. Registration required.

Sign up at Member Service Desk. Limit of 30 people.

# Flu Shot Clinic\* (CHE/DEX) September 21 • 9:00am-12:00pm • DEX October 3 • 9:00am-1:00pm • CHE

Registration required. See Member Service Desk for more details.

\*Community welcome!









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# Carlene Carter Headlines CDL Song Fest!



#### ENGAGE. INSPIRE. EQUIP.

> continued from page 1 From: Virginia Krueger

Library's (CDL) annual CDL Song Fest returns for its sixth year on Saturday, September 23. Celebrate the art and craft of songwriting with throughout events the day— culminating with an interview and live performance Grammy-nomisinger-songnated writer Carlene Carter. Song Fest kicks off in the CDL Reading Garden with incredible young local talent at the Teen Showcase, followed by docent-guided tours of the nationally touring photography exhibition 1968: A Folsom Redemption. Then, head up to Robin Hills Farm to grab a bite to eat at The Nest and join us for conversation and concert with this year's featured artist Carlene Carter. The schedule

is as follows: **Teen Showcase** | inated 1-3pm | CDL Read-

ing Garden | All Ages | Drop-in

We will be rocking Chelsea District in the Reading Garden with teen bands The Ceiling, Perfect Average, WildChildz, Hawk Road along with individual performances by Dahlia Berggren, Trilian Krug, and Joseph Gregory.

> **Redemption Docent** Tours | 3:30-4:30pm | McKune Room | All required

> Register for 15-minute docent-guided tour of the nationally touring photography exhibition celebrating the life and career of Johnny Cash. Don't miss this up-close look at one of America's most beloved singer-songwriters.

> Conversation & Concert with Carlene Carter | 7–9pm | The Barn at Robin Hills Farm | All Ages | Drop-in

Grammy-nomsinger-songwriter Carlene Carter,

daughter of country music legends June Carter and Carl Smith, and stepdaughter of Johnny Cash will participate in an in-depth interview with WEMU's Jeremy Baldwin and perform live in a notto-be-missed concert.

keting & Commu-

Head

of Mar-

nications Virginia Krueger shares, "CDL Song Fest is one of my favorite library events of the year as we explore stories through 1968: A Folsom music. Some of our teen acts got their first taste of the stage in early Song Fests and **Ages** | **Registration** it is fun to watch how they have grown in talent and poise over the years. This year, it is particularly exciting to have Carlene Carter perform at the same time as we host a photography exhibition celebrating her stepfather's historic Folsom Prison con-

> All CDL Song Fest events are open to the public on a first-come first served basis and do not require tickets for entry. Please visit chelseadistrictlibrary. org/songfest for more information.



# Chelsea Police Department Weekly Summary

Incident #: 23-3647 Date: September 6, 2023

Location: 300 block of Grant St.

Time: 6:16 am

INFORMATION: While on routine patrol officers responded to the 300 block of Grant Street for the report of an indecent exposure complaint. Upon arrival the officers were met by the complainant and a nearby neighbor who was a witness to some of the events that had taken place. The complainant stated that he has been having issues recently with people coming onto his property in the middle of the night. The complainant stated that he had woken up in the morning and went into the kitchen. When the he was able to identify

complainant looked out his kitchen window, he observed a male subject standing outside the window. The complainant stated he observed the suspect looking up in the direction of the bedroom windows above and the suspect was observed performing a sexual act on himself. The complainant stated that he ran out of the house in the direction of the suspect and when the suspect saw the complainant approaching, he fled running north on Grant Street. The complainant stated that

the suspect. The suspect was identified as a 38 year-old Chelsea man, officers responded to the suspects residence and the suspect was placed under arrest on a charge of Aggravated **Indecent Exposure. The** suspect was lodged at the Washtenaw County Jail where he would be held pending review by the Washtenaw County Prosecutor's Office. The case was closed with the issuing of a warrant for one count of Aggravated Indecent Exposure and two counts of Resisting & Obstructing a Police Officer.

#### WASHTENAW CAMP PLACEMENT SERVES THE MOST **CAMPERS IN TWO DECADES**

> continued from page 2 grams we've ever been involved with."

WCP is excited about welcoming even more campers into the program in the future as the organization continues to grow. Additional support from organizagenerous tions such as The United Way of Washtenaw County, The Speckhard-Knight Charitable Foundation, The

Kiwanis Club of Ann munity to help change Arbor, and donations from individuals in the community are creating additional campership opportunities. The higher the number of camperships that are awarded, the larger the overall positive impact will be for the youth of Washtenaw County and the community at large. WCP continues to look for additional partners in the com-

the future for more deserving children.

For more information or to send a donation, contact: Washtenaw Camp Placement Amanda Fales 734-968-3895 afales@washtenawcampplacement.org 3135 South State Street Suite 350-D Ann Arbor, MI 48108



## Vintage Market Chelsea, MI indersKEEPERS LOYAL TO LOCAL BIGGEST FALL MARKE **OF THE YEAR!!** September 17th - 10-4pm Early Bird shopping is an exclusive shopping opportunity that gives you an hour of shopping in a much smaller crowd and it gives you first dibs at all the amazing goodies!!

Location: Chelsea Community Fairgrounds



Come shop local makers, shop owners, vintage dealers, boutique trucks and food trucks!

12 and under free & free parking!! Enjoy food trucks, vintage camper boutiques and & talented vendors!!!

#### \$15 Early bird entry is 10am-11am

You must purchase a ticket to enter for Early Bird shopping, no tickets will be sold at the gate. We want to add that you do not have to leave at 11am, but the market will open up for general admission.

Scan QR Code For Tickets



### \$5 General admission 11am-4pm

(general admission only available at the gate AND CASH ONLY) General admission starts at 11am. No ticket needed.

www.eventbrite.com/e/688435126997