

Chelsea Guardian

is a proud member of the Chelsea Area Chamber of Commerce **January 5, 2024**

Volume 7 Issue 1

Chelsea Guardian

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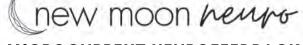


2024 F. VENTS SCHEDU **INSIDE ON PAGE 6**



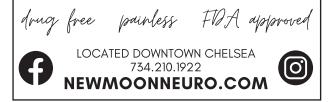
Business Spotlight: The Glow Bar





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Story and more photos on page 4. Photos By Aimee Bingham.



A 50/100 CENTENNIAL **CELEBRATION!** MONDAY ~ JAN. 8 ~ 2024 At the Depot

To celebrate our 50th year anniversary, CAHS is showcasing throughout 2024 the iconic businesses that have been a part of Chelsea for 100+ years! First up - Merkel Furniture!



AND CARPET ONE

Merkel Furniture has been a fixture in Chelsea since 1924! Find out who and where it started, how it's evolved over the decades, and what the future holds for this family business.

Reading is Rewarding at CDL! HOT READS & COLD NIGHTS



Story on page 7



2024 Events!

50/100 Centennial Series Jan 8 ~ Merkel Furniture with Tim and George Merkel Mar 4 ~ Cole Funeral Chapel with Allen Cole

May 6 ~ Chelsea Milling Company with Howdy Holmes

Aug 5 ~ Chelsea State Bank with John Mann Sep 9 ~ Chelsea Lumber Comp with John Daniels

Oct 7 ~ Lane Animal Hospital with Chan Lane Nov 4 ~ CAHS 50th Anniversary with CAHS Board

2024 Tours & Gatherings

Spring & Summer ~ To be Announced

Fall ~ Haunted Chelsea December 7 ~ Holiday Home Tour

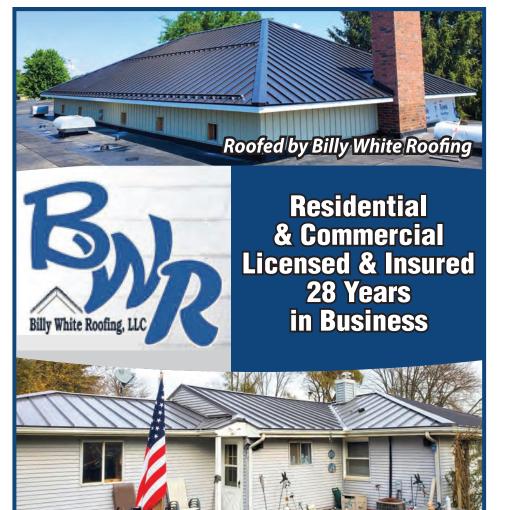
December ~ Holiday Potluck

Gallery 100 **Showcases Local Artistry** with C.A.D.D.Y. Corner **Quilters' Unique Exhibit**



Photo courtesy C.A.A.D.Y Quilters





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Individual and Couples counseling

ONE HUNDRED

From: D&B Strategic Marketing

Gallery 100, nestled within the heart of Silver Maples, proudly presents a special quilt exhibit featuring the artistic creations of local talents who are members of the Chelsea, Ann Arbor, Dexter, and Ypsilanti (C.A.A.D.Y.) Corner Quilters. From January 3 to February 29, the public is invited to witness the beauty of handmade quilts that embody the spirit of community and philanthropy.

Exhibit Highlights: The quilts at Gallery 100 represent the generous contributions of the C.A.A.D.Y. Corner Quilters, a group of dedicated artists who have been creating and donating quilts for over 20 years. This exhibition provides a unique opportunity for the public to explore the collaborative efforts behind these stunning pieces, as most quilts are the

result of the group's collective creativity. Artists Reception:

Join us for an artists' reception on Sunday, January 14, at 2 pm. This event offers a chance to meet the talented artists behind the quilts and gain insight into the creative process. Attendees can view the quilts and engage with the artists in a welcoming atmosphere.

Community Outreach:

C.A.A.D.Y. The Corner Quilters have donated over 800 quilts since 2008, with recipients including the University of Michigan's Bone Marrow Transplant Unit, the St. Louis in exhibiting at Gal-Center, Faith in Action, Jewish Family Services, and the University of Michigan's Office of Decedent Affairs. They have also collaborated with the Chelsea District Library for the Community Quilt project.

of the Silver Maples community, was established in 2009 as a 501(c)(3) nonprofit; the Gallery is open to the public and provides exhibition space for artists in Chelsea and the surrounding area to enhance the cultural experience of the community. Gallery related events programming and encourage the exploration and appreciation of all aspects of art and create opportunities for artists, the greater community, and those that call Silver Maples home, to come together to enjoy art and to develop meaningful relationships.

Artists interested lery 100 may contact Winn Nichols, Director of Programs, by email: wnichols@ silvermaples.org. Gallery 100 is open to the public from 10 am to 5 pm, Monday through Friday, and 10 am to 3 pm on Sat-Gallery 100, part urday and Sunday.

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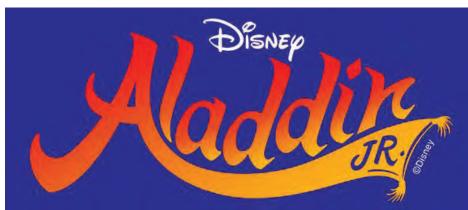
"Every day, I am thankful for people like you who support the Benevolent Care Fund."

Your gift to the **UMRC-Porter Hills Foundation Benevolent Care Fund** means the world to our residents who have outlived their resources.

At the holidays this year, honor a loved one with a gift to the Foundation's Tree of Life, while supporting the older adults we serve. Plus, your gift will be matched!

Make your secure online donation at Foundation.UMRCPH.org

Aladdin Jr Audition Information



From Chelsea Area Players

Auditions for CAP Jr.'s winter musical Aladdin, Jr. are coming! Mark your calendars for Monday, Jan. 15, and Wednesday, Jan. 17 from 5:30-7:30 pm. In addition, please keep Thursday, Jan. 18 from 5:30-7 pm open in case we need to call back anyone to hear sing for a second time, or to read a scene with someone new.

А sign-up genius is available here: https://www.signupgenius.com/go/ 20F0B-4 B A D A E 2 C A 3 F C 1 -46810651capaladdin#/

For more information visit Chelsea Area Players website here: https://chelseaareaplayers.org/2023/12/aladdin-jr-audition-information/

Here is what you are acceptable. need to know:

dates Show are March 15, 16, and 17, 2024.

Rehearsals will start January 22 and will be held Mondays, Wednesdays, and Thursdays from 5:30-7:30 pm. The size of the child's part will determine how often he/she needs to attend; most students will not have to attend every rehearsal. All rehearsals will be held at St. Paul United Church of Christ at 14600 E. Old US Highway 12.

Performances will be in the evenings of March 15 and 16, and a matinee on March 17. Students are expected not to miss ANY rehearsals during the week of March 11 unless due to illness. Other absences, as long as they are noted in advance,

There will be two parts to the audition: an acting part and a singing part.

For the acting part: Audition scenes are posted below. Students 5th grade and up will be asked to read from at least one of them, and likely read for more than one character. Actors are not expected to memorize any parts; however, it is recommended that actors spend some time becoming familiar with the lines and the characters before the audition. The director is looking for strong acting choices, which can mean a character voice, a way of moving, and lots of facial expressions. The director also wants to hear that students can project (be loud) and speak clearly. Copies of the scenes will be available at the auditions, or students can bring their own copy.

Younger students (3rd and 4th grade) can concentrate on Audition Scene 1 only. Audition Scene 1: Babkak, Omar, Aladdin, Kassim Audition Scene 2: Aladdin, Jasmine Audition Scene 3: Genie, Aladdin

Audition Scene 4: Jafar, Iago, Spooky Voice For the singing part:

Students will be auditioning alone. All students, but especially older ones who are hoping to get leads, are encouraged to sing excerpts from one of the songs from Aladdin that are linked below: "Friend Like Me," "Arabian Nights," "Babkak, Omar, Aladdin, Kassim," or "A Whole New World." We are looking for the ability to sing in tune, on tempo, and to act while singing. If the song seems to suggest movements of some kind, students are encouraged to do some of their own. Remember, this is a musical, so we want to see kids who

can "sell" the song.

the songs. Boys are encouraged to do any except for "A Whole New World" (the part that is excerpted for auditions is Jasmine's part so is likely not in range for most boys).

We will have the music at the audition. The youtube playlist has audition songs both with and without vocals. Most of the students will be more comfortable auditioning to the track that has the vocals, and that is perfectly fine. Some students will prefer a karaoke version that has just the music (labeled "instrumental") so we have that available as well.

Parents, we now Girls can sing any of have the audition form ready for you to print out and fill out before auditions! The auditions will be able to move along faster if you have this already filled out before you arrive at the audition. Aladdin Audition Form at https://chelseaareaplayers.org/

> We also have the Take-Home form. This is just informational with costs, rehearsal days and times, etc. You do not need to print this out or bring it with you. **AUDITION** TAKE HOME FORM - Aladdin Jr

Please direct any questions to Alex at mooreaec@gmail.com.













2x3 for 50 per week, 4 week run = 200 total 2x2 for ^{\$}25 per week, 4 week run = ^{\$}100 total

> Call: 734-636-3779 or email charlachelseaguardian@gmail.com



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Mission Statement:

Hard work, good work and creating and fostering great relationships are the keys to community success.





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CHELSEA BULLDOGS COLLEGE SIGNINGS

From: Tracie Stoffer

Seth Anstead

Ohio University Football

Parents: Fred and Sarah Anstead



Business Spotlight: The Glow Bar



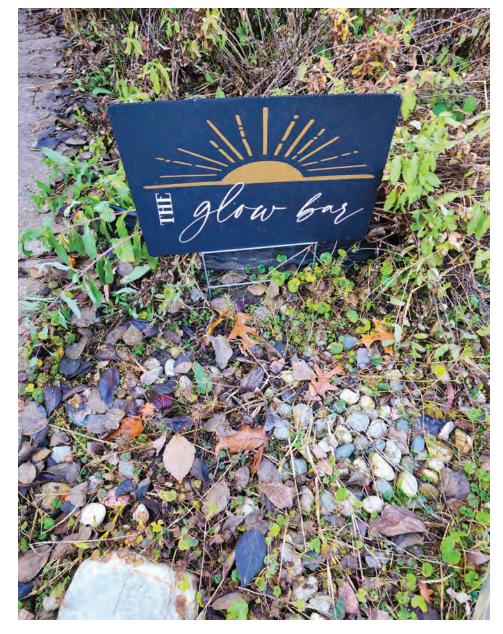
I received directions to the location and some instructions for prepping for the appointment to get the best outcome. I shaved and exfoliated before the appointment. I did not put anything on my skin after my shower. Ι searched for a bathing suit to wear. I no longer wear bikinis so



▶ continued from page 1 By Aimee Bingham anbingham@gmail.com

I have sworn off tans since my skin bubbled after about 20 minutes in the tropical sun on a cruise in the Bahamas. My Irish/English ancestors made bronzing like a bottle of oil from the 80s impossible. When getting a spray tan became an option, I secretly feared turning a hideous shade of orange. I'd rather be a shocking shade of white than an ugly un-

natural orange. When I spotted a small business in Chelsea supporting other small business owners in Chelsea; I decided to face my fears and give it a try. I made an appointment with the Glow Bar for a spray



I didn't have an appropriate suit. But, the light that felt warm instructions explained that Ashley, the person giving the tan is a professional and has seen plenty of naked bodies. This was a first and likely a last. I'd be going topless to get a story. When I arrived at Glow Bar which happens to be in the amazing finished basement of Ashley's house, I was met at the door By Ashley, she immediately made me feel comfortable and warm, and friendly. I followed her to the basement. She asked me if I wanted light, medium, or dark. Considering my natural state of glowin-the-dark, white I opted for light, to be safe. I went to a changing area and took my clothes off as she prepped. I tried to put it out of my head, the lack of clothes and how little I know Ashley. It was like being a doctors appointment.

She had me step my bare feet on what looked like the soles of flip-flops. They had adhesive and stuck to my feet. I stepped into the spray tan area.

and a fan. She started spraying, which caused me to jump, like catching droplets from a sprinkler. Ashley explained that I should rinse the tanner off in 4-8 hours. But I knew I wouldn't be home in that window. I should have researched more before my appointment. Ashley explained that if I didn't rinse after 8 hours the tanner would not continue to darken my skin. I fear that I would turn into a Oompa Loompa if I waited too long to rinse. She assured me that I wouldn't. After we were done, I put on loose clothes

Once I had time to rinse I did and was sure to follow Ashley's instructions. Without exposing my fragile skin to rays that wanted to melt and burn it, I had achieved a sunkissed glow. Ashley performed some sort of magic on my skin. I wasn't orange or streaked or strange looking and to get this shade did not require I crisp my body in Ashley turned on a lights or the sun. This

and left.

was a painless, easy experience. Aside from the chill of the spray and the slightly awkward feeling of being topless in front of a stranger, it was the easiest, most perfect tan I've ever had. It is not a sunscreen but if you are going on a vacation and don't want your see-through legs to see the light of day, I encourage you to set an appointment with Ashley. It was like the magic of an Instagram filter all over my body. I did not look like a Umpaloompa. I looked like I'd just arrived back from a lovely tropical vacation without sunpoisoning! I highly recommend the Glow Bar for a lovely yearround sun-kissed look. I will be back. If you're interested in an appointment, you can book through the link on the Instagram https://www.instagram.com/theglowbar_chelsea_mi/ or on Facebook https:// www.facebook.com/ TheGlowBarChelsea-MI or call (734) 719-0155 or email Theglowbar10@gmail. com.

Chelsea Guardian

Chelsea Education Foundation and Serendipity Books Support Chelsea School District's Literacy Drive



Photo courtesy Chelsea Education Foundation: K Owen-CEF Board Member, K Hepler-CEF Board Member, P Roberts-CEF Admin, and Katie Spisich-CSD Literacy Specialist

D&B Strategic Marketing doris@dandbmarketing.com **Chelsea Education** Foundation vicepresident@ chelseaeducationfoundation.org

Chelsea Education Foundation (CEF) and Serendipity Books co-hosted an event that will help enhance educational resources in Chelsea's schools.

The event, held at Serendipity Books on December 14, was successful, with a diverse and enthusiastic crowd of supporters in attendance. Guests purchased books on-site while savoring a selecof Withingtons.

"The books will books included: help fulfill part of the Teacher grants to CEF in their quest to support Chelsea School Districts campaign", literacy said Amy Forehand, CEF Board President. "And an added benefit is CEF realized significant savings by buying the majority of the social-emotional books through Serendipity with assistance from Chelsea District erous Library!"

The centerpiece of enthusiasts, this collaboration was the bundling of books raised \$3,700 during

tion of wines curated for purchase, beneby Jay Friend, Owner fiting Chelsea educational institutions. The

> • New titles for the requested Chelsea High School Media Center.

> > • Books from the Chelsea District Library's "Authors In Chelsea" program for Beach Middle, South Meadows and North Creek Schools.

• Elementary-level and non-fiction books.

Through the gencontributions of attendees and book Chelsea Education Foundation



the event, actively working towards their goal of \$6,500.

For those unable to attend or who may be interested in contributing further, CEF is keeping the donation page active through the end of 2023. Individuals interested in donating can visit https:// www.chelseaeducationfoundation.org/ post/book-drive-fundraiser

This partnership underscores the significance of local businesses coming together to support Chelsea Education Foundation's mission to enrich the educational experience for Chelsea's students. Chelsea Education

Foundation and Serendipity Books extend their gratitude to everyone who contributed to the event's success, reaffirming their commitment to the growth and development of education in Chelsea. Anyone interested in learning more about Chelsea Education Foundation may email: vicepresident@ chelseaeducationfoundation.org

About Chelsea Education Foundation:

Chelsea Education Foundation is a non-profit organization dedicated to enhancing educational opportunities for students in the Chelsea School District. CEF

provides grants, scholarships, and other resources to support innovative and enriching programs that inspire and empower Chelsea's students. www.ChelseaEducationFoundation.org.

About Serendipity Books:

Serendipity Books is a local bookstore in Chelsea, MI, committed to fostering a love for reading and learning within the community. With a diverse selection of books and a passion for education, Serendipity Books is a proud supporter of Chelsea's schools and educational initiatives. www.serendipity-books.com

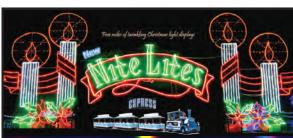
Nite Lites Christmas Light Show: An Experience Like No Other











We look forward to the 2023 Season at Michigan International Speedway, Brooklyn, MI:

Nite Lites is a DRIVE THRU CHRISTMAS LIGHT SHOV

An experience like no other Our season begins 11/17

Nite Lites Christmas Lights Show is a five mile long holiday lights drive through experience. Get your tickets today!

When: November 17 - January 7th Where: Michigan International Speedway US-12 Entrance only, 12626 US-12, Brooklyn, Michigan 49230 **TWO US-12 Entrances: WEST bound use Lot 8 Entrance** EAST bound use Graves Farm Entrance

Time: 5:30 pm - 9 pm Sunday thru Thursday 5:30 pm - 10:00 pm Friday & Saturday Pricing: \$35 per car/vehicle \$50 per limo/motorhome/mini bus \$100 per tour bus We accept cash and all major debit/credit cards **DRIVE THRU ONLY LIGHT SHOW**

Chelsea Guardian

January 5, 2024

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United Way for Southeastern Michigan Announces Two New Grant Opportunities for Washtenaw County Nonprofits

Grants to support families in need, access to resources and equity

Southeastern Michigan has announced the opening of two significant grant opportunities for nonprofit organizations based in Washtenaw County: the 2024 Responsive Basic Needs Grant and the 2024 Racial Equity Fund Grant. These grants aim to support and empower community-focused initiatives addressing vital needs and foster racial equity in the region.

"At United Way for Southeastern Michigan, we believe in the power of unity to create lasting change. Following our merger in October of 2023, we are proud to continue our commitment to Washtenaw County families and organizations. With the launch of these grants, we are not just funding projects; we are investing in the heartbeat of our communities," says Tonya Adair, Chief Development, Diversity & Engagement Officer at United Way for Southeastern Michigan. "We aim to support the in-

United Way for credible efforts of nonprofits that align with our vision of a more equitable, inclusive, and thriving Washtenaw County. Together, we can address immediate needs and lay the groundwork for systemic change, ensuring every individual can become stable and have opportunities to thrive."

2024 Washtenaw County Responsive Basic Needs Grant -This competitive grant program targets 501(c)(3) nonprofits based in Washtenaw County with proven programs in emergency food, services for individuals who are unhoused, and benefit navigation support, including Medicaid enrollment. Funding amounts range from \$15,000 to \$40,000 for a sixmonth period. Eligible organizations, including current and prospective United Way partners, are encouraged to apply. The application period opens on January 3; the deadline for submission is 5 p.m. on January 18.

County Racial Equitv Fund Grant - Dedicated to supporting BIPOC-led organizations, the Racial Equity Fund offers unrestricted operational grants and technical assistance. This initiative aims to eliminate racial disparities and promote equitable communities in Southeastern Michigan. By prioritizing the experiences of those affected by systemic oppression, the fund seeks to foster authentic inclusion and equitable access to resources. This year, \$200,000 is available for grants ranging from \$10,000 to \$50,000. Organizations serving and based in County Washtenaw with BIPOC (Black, Indigenous, People of Color) executive leadership are eligible. The application period is identical to the Basic Needs Grant, with applications due by 5 p.m. on January 18.

United Way for Southeastern Michigan has served the region for more than 100

to mobilize the caring power of Detroit and Southeastern Michigan to improve communities and individual lives in measurable households are stable, and lasting ways. They and children thrive.

2024 Washtenaw years. Their mission is work with hundreds They also actively work of partners and thousands of donors, advocates, and volunteers to advance equitable communities where

to ensure equity in communities.

Eligible organizations in Washtenaw County are encouraged to apply and join continued on page 9



Sounds & Sights on **Thursday Nights** June 6th-July 25th & Oct 24th 6:30-8:30pm

Sounds & Sights Festiva July 26th-27th

Community Picnic Aug 10 | Noon to 2pm

Golf Outing Sept 4th | 7:30am-3pm

Backyard Beer Garden Oct 12th | 3-10pm

Hometown Halloween October | All Month

Wine, Women, & **Shopping** Nov 8th & 9th

Hometown Holiday December | All Month

Sculpture Walk All Year

Chelsea Trail Challenge Feb 1st-Nov 30th



Scan the QR Code or visit chelseamich.com/calendar/ to view a full calendar of events.



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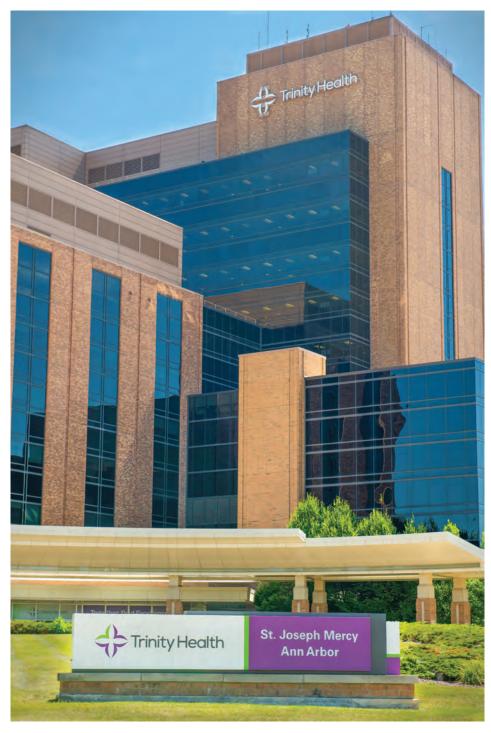
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Nonprofit Improving Medication Access for Patients with Cancer in Michigan



Nonprofit Improving Medication Access for Patients with Cancer in Michigan YesRx YesRx is helping solve is a charitable service organization working on behalf of patients with cancer to help with medication access and medication waste. Yes-Rx launched their efforts in June 2023 with

enthusiastic support from patients, caregivers, and clinicians who navigate the barriers related to expensive cancer medications and the devastating effects.

Two big problems are cancer medication ment results in an avaccess and waste. Recently published stud- of medication being timizing Excellence and policy makers all ies captured shocking statistics. Patients with cancer who have pharmacy co-pays that are \$500 or more are 4x

more likely to not start or continue their cancer treatment than patients who have co-pays of \$100 or less. Patients receiving oral cancer medication who have a single prescription change during treatAct 416 of 2006 which established the Cancer Drug Repository (CDR) Program. This Michigan law allows patients to donate eligible unused and unopened cancer medication and provides clinicians with access to medication that can be provided to a patient in need. YesRx connects and supports CDRs in Michigan through the YesRx Network. Currently consisting of 14 CDR programs and growing, the Network is designed to reach people and communities across the state. Michiganders have already generously donated cancer medications valued in the millions that clinicians have been able to provide to patients in need at no cost.

The strategic expansion of the YesRx Network resources is occurring with mission-aligned organizations. YesRx has received initial funding through Trinity Health Michigan and Blue Cross Blue Shield of Michigan (BCB-SM). YesRx is thrilled to have Trinity Health Michigan as the founding health system organization and the Michigan Oncology Quality Consortium (MOQC) and Pharmacists Opin Oncology (POEM) whose funding is provided by Blue Cross as part of the BCBSM Value Partnerships program as the founding Network sponsor. "At Trinity Health Michigan, our Core Values include stewardship and a commitment to those experiencing poverty," said Rosalie Tocco-Bradley, PhD, MD, MHSA, chief clinical officer at Trinity Health Michigan. "That is why we are so delighted to partner with YesRx, so that we can better serve Michigan communities by providing oral cancer medications to patients who otherwise would not have access to affordable, lifesaving treatments."

Trinity Health Michigan's support establishes the infrastructure needed for the first Statewide CDR location at Trinity Health Pharmacy - Reichert Center. Medications donated by patients across the state are safely stored and dispensed to clinicians under strict pharmacy practices and CDR guidelines at this location.

"We joined the YesRx mission to be co-creators in a system for sustaining affordable access to cancer treatment in our state," Dr. Katie Beekman shared. "This is a muchneeded solution that patients, clinicians, cancer care advocates,

cations while improving access to treatment for patients in need." Dr. Beekman's Trinity Health IHA Hematology Oncology Medical Group is a founding member of the YesRx Network.

The MOQC/POEM support through BCB-SM provides funding that enables YesRx to provide the resources needed to support CDRs in oncology practices to YesRx Network members at no cost. Members choose to participate in the YesRx Network because they believe CDRs can positively impact the quality of patient care.

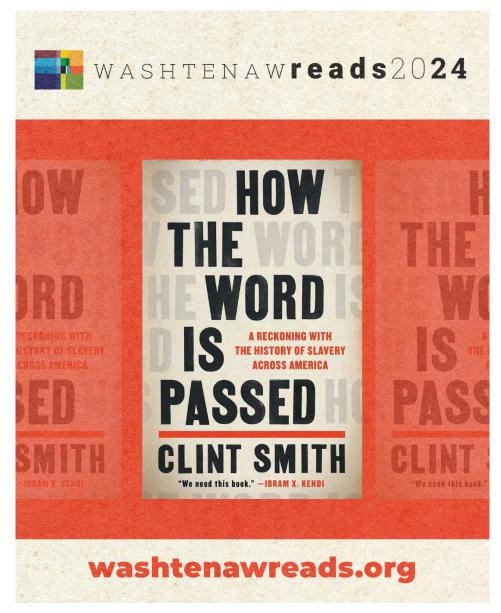
"We are pleased to see the advent of a system in Michigan that helps facilitate improving medication access to those in need while at the same time elimmedication inating waste," said Martha Walsh, MD, MHSA, senior medical director and associate chief medical officer for Provider Engagement at Blue Cross Blue Shield of Michigan. "Through this innovative model, patients and their families are able to donate medications that they may not be able to use. Cancer patients will have enhanced access to medications they need, and increasingly these expensive medications will not be wasted. We applaud YesRx Network for their efforts."

erage of \$4,300 worth wasted.

YesRx supports cancer care providers across the State in the utilization of Public

support because by design it demonstrates the ability to reduce the amount of unused and wasted cancer medi-

Reading is Rewarding at CDL!



From: Shannon Powers, Head of **Information Services**

Chelsea District Library (CDL) is encouraging people of all ages to grab a good book this winter through its Hot Reads for Cold Nights (HRCN) winter reading program! From increasing vocabulary, to exercising empathy, to pure entertainment, research has long supported the importance of reading for children, teens, and adults. Reading is even touted as an activity to help keep dementia at bay, according to the Fisher Center for Alzheimer's Research Foundation! There is no better time to dive into a good book than winter, and CDL has the perfect incentive to send you reaching for a book instead of a phone!

From December 18 through February 29, read, log, and review books to earn hot prizes like cocoa or tea and superhero themed mugs! HRCN uses the same reading program app as the popular summer reading program, Beanstack. If you participate in the summer program, simply open up your app and login to sign up for the HRCN winter challenge. If you've never participated, visit chelseadistrictlibrary.org/hrcn to learn how. Not a fan of reading apps? Stop by the library to participate on paper instead.

Need a book recommendation to get you started? Why not try the countywide read? Stop by CDL and grab a copy of Clint Smith's How the Word Is Passed, the Washtenaw Reads book choice for 2024. When discussions of removing confederate monuments in his hometown of New Orleans began in 2017, Smith was inspired to write this book, touted as a "brilliant, vital work" by Kirkus Reviews. Smith's book takes us around the country, highlighting historic sites and monuments such as Monticello, Galveston Island, Texas (the birthplace of Juneteenth), Confederate cemeteries, and the Whitney Plantation. Along the way, he highlights how nostalgia and miseducation have shaped our country's collective memory and understanding of race and history. Copies of How the Word Is Passed will be available starting January 3.

Chelsea Guardian

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JANUARY 1ST - JANUARY 31ST

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IT IS ILLEGAL TO DRIVE A MOTOR VEHICLE WHILE UNDER THE INFLUENCE OF MARIHUANA. FOR USE BY INDIVIDUALS 21 YEARS OF AGE OR OLDER OR REGISTERED QUALIFYING PATIENTS ONLY, KEEP OUT OF REACH OF CHILDREN. WARNING, USE BY PREGNANT MAY RESULT IN FETAL INJURY, PRETERM BIRTH, LOW BIRTH TO REVORMENTAL PROBLEMS FOR THE CHILD.





FOR MORE INFORMATION VISIT



-Janua Maria

Events

Yoga for Parkinson's Disease [PD]^{*} (CHE) Tuesdays, January 4–25 • 2:00pm–3:00pm

People with PD have been shown to respond favorably to the practice of Yoga. This class is suitable for people with PD as well as their caregivers. Yoga can ease symptoms by improving core strength, flexibility, and balance. Yoga may also decrease stress and bring calm to a busy mind, allowing for deeper relaxation. In addition to postures, breathing techniques will be shared to apply anytime during your day that may help with one's symptoms. All levels are welcome, modifications will be given.

Strengthening Your Posture (CHE) January 9–February 13 • 12:00pm–1:00pm

These 6-week sessions will focus on strengthening your back, shoulders, and core muscles, which are all essential to standing with proper posture and preventing lower back pain.

Strengthen Your Core Class (CHE) January 9–February 13 • 1:00pm–2:00pm

Participants will learn how to break down their movement to engage their muscles and then advance their core as they progress.

All About Balance (DEX)

Thursdays, January 11–February 15 • 12:00pm–1:00pm

This class is designed to teach you to maintain balance by strengthening key muscles responsible for keeping you upright, particularly focusing on your legs and core. The emphasis lies in enhancing stability to prevent falls.

Training Your Pelvic Floor (DEX) Thursdays, January 11–February 15 • 5:00pm–6:00pm

This class improves the strength and mobility of the pelvic floor, effectively enhancing the function of multiple systems. Members learn to contract and relax pelvic floor muscles in relation to other muscles.

Healthy Eating in the New Year (CHE) January 31 • 6:00pm

Learn and discuss ways to change your eating habits in the New Year.

*Community welcome!



CHE-2670768_1223

Chelsea Guardian

COMING SOON

CPR Class (CHE) February 26

St. Patrick's Day Indoor Triathlon (DEX) March 17

CDL Celebrates the 2023 Friend and **Volunteer of the Year Award Recipients!**



CHELSEA DISTRICT LIBRARY

ENGAGE. INSPIRE. EQUIP.

Library (CDL) staff long reader? ... Books excited to gather at source of joy for me. our annual Volunteer As Groucho Marx Appreciation on Saturday, December 2. At this celebration, CDL honored two individuals who read anyway." David have been particularly generous in their service to the library. The awards originated in 1992 as a small way to recognize the enormous gratitude CDL has for those individuals who help to further its mission. These dedicated individuals provide great value to the library by doing work above and beyond the normal scope of the CDL staff. This year CDL celebrates the services of 2023 Friend of the Year David Griffiths and 2023 Volunteer of throughout my work the Year Dan Kamin- life and now it is my sky.

David and his wife however I can." Marion moved to Chelsea in 2017 after of the Year, Dan Ka-

and volunteers were have always been a Party once said – 'Outside of a dog, a book is man's best friend – inside of a dog, it's too dark to has volunteered his time with the Friends Used Book Sale since 2018. When told of his nomination, David shared, "The library was part of my daily work life, researching facts for the classroom and information and images for sets. The plays we produced covered the widest variety of subjects and eras imaginable and libraries provide the information we need for every topic and taste. Libraries supported me turn to support them

CDL's Volunteer

Chelsea District what better for a life- into library services. He has helped with book sales, deliveries to the homebound, and even served a stint as the library board president. Reflecting on the formation of the district, Dan shared, "At the time, I envisioned more books, more room, finally some staff. What happened astounds me now today. The library has become an enormous benefit for our community, with interesting programs, great resources, and helpful knowledgeable staff. It's a place that everyone in Chelsea can be proud of."

The staff at CDL could not agree more with this sentiment and gives thanks to all of our wonderful Friends and volunteers. It is with the help of many hands that we are able to engage, inspire, and equip our communi-For information ty! about volunteering, please contact Linda Ballard at 734-475-8732 x202. For more information on becoming a Friend, visit friends.chelseadistrictlibrary.org.



Chelsea Police Department Weekly Summary

Incident #: 23-4923 Date: December 18, 2023 Location: 1100 block of S. Main St. Time: 5:53 pm

INFORMATION: While on routine patrol an officer responded to the 1100 block of S. Main Street for the ness account. Upon report of a fraud complaint involving a stolen check. Upon arrival the officer met with the complainant who had been mailed out, stated that she had re- however, the name and

cently discovered that a suspected fraudulent check had been recently cashed on the busireviewing the financial records, it was found that a check with the same check number check amount had been altered to reflect a different amount. At the time of the report there was no suspect information available and the incident remains open pending further investigation.

his forty-year career at Hillsdale College as the theatre department's scenic designer and technical director. He recalls, "Once settled, I was looking for a volunteer opportunity and heard the library was a possibility, to bring Mobile CDL

minsky, has a decades-long service history with CDL. He was part of the successful campaign to form our library district and an incredibly generous donor in our recent efforts

United Way for Southeastern Michigan Announces Two New Grant Opportunities for Washtenaw County Nonprofits Grants to support families in need, access to resources and equity

> continued from page 6 United Way in its mission to create lasting, positive change.

For further details, including eligibility criteria, funding priorities, and application instructions, please visit United Way's grant information page here.

For inquiries regarding the Basic Needs Grant, contact Emily Mueller, Basic Needs Director, at SafetyNet@United-WaySEM.org. For assistance with Survey-Monkey Apply, email SEM.org.

About United Way for Southeastern Michigan

United Way for Southeastern Michigan, a member of the United Way Worldwide network and an independently governed 501(c)(3) nonprofit organization, works to help households become stable and ensure children have the support they need to thrive. For more than 100 years, United Way has been a leader in creating pos-

Chelsea Guardian

SMA@UnitedWay- itive, measurable, and sustainable change in communities throughout southeast Michigan. United Way works in partnership with donors, agencies, corporate and municipal partners to help families meet their basic needs of housing, food, health care and family finances, and ensure children start school ready to learn and graduate ready for life. To give, advocate, volunteer or learn more, visit UnitedWaySEM. org.

Incident #: 23-4947 Date: December 19, 2023 Location: 1200 block of S. Main St. Time: 5:23 pm

INFORMATION: ee had taken money While on routine patrol an officer was dispatched to the 1200 block of S. Main Street for the report of a counterfeit currency complaint. Upon arrival the officer made contact with the manager who stated that an employ-

throughout their shift. The manager stated that it was later found that one of the bills in the cash drawer was counterfeit. At the time of the report there was no information available on who may have provided the counterfeit bill to the employee. The counterfeit bill was taken and logged into evidence and the case was closed pending any further investigative leads on the identity of the person who provided the counterfeit currency.

